2019

INTERNSHIP
GUIDE

THE OFFICIAL AMIA GUIDE FOR THE 2020 INTERNSHIP YEAR

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- Looking after yourself
- Building and maintaining a current and relevant CV
- Addressing selection criteria
- Preparing for and performance at interview

For more information contact: Anita Fletcher (Career Adviser)

Email: careers@ama.com.au
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ACKNOWLEDGEMENTS

This 2019 Internship Guide was compiled entirely by medical students and junior doctors who have volunteered their time to ensure it is the most up-to-date; providing information that is most relevant to our penultimate students. I would especially like to thank my National Publications Subcommittee for their tireless work in contacting relevant groups, collating information, and designing this guide.

An enormous thanks must go to the AMSA Rural Health and the AMSA International Students Network (ISN) special interest groups for working with us and collating relevant information for these subsets of penultimate students.

I would like to thank the JMO managers and hospital contacts who have provided us with this information, and also to the Doctors in Training committees who allowed us to include the results of their Hospital Health Check surveys in this Internship Guide.

Lastly, I must acknowledge that this guide would not be possible if it weren’t for the Publications and Design officers before me, and contributors of previous guides, from which this guide is built.

EDITOR-IN-CHIEF
Linna Huang (UNE)

SENIOR EDITORS
Sarah Broome (Monash)
Wai Chung Tse (Monash)

COVER ART
Neha Vatnani (Griffith)

CONTRIBUTORS
Hayley Fancourt (ANU)
Michele Fu (UNSW)
Neha Vatnani (Griffith)
Jessica Yang (WSU)

Zainul Azhar (Monash)
Angela Guo (UNSW)
Calvin Xu (Griffith)

Jacoba van Wees (Monash)
Brigid Kind (UQ)
Jessica Paynter (Monash)
Katie Blunt (Monash)
Imogine Hines (UNDS)

SPONSORSHIP
Cai Fong (UQ)
John Shenoda (Bond)

STAY IN TOUCH

WITH SUPPORT FROM

AMA
About AMSA

The Australian Medical Students’ Association (AMSA) is a vibrant student-run organisation that represents, informs and connects all of Australia’s 17,000 medical students. Hundreds of medical student volunteers work together to run our professional-standard events, advocacy, projects and publications.

Advocacy

AMSA advocates on numerous levels to key stakeholders on issues that matter to you. We choose how we advocate based on political situations and policies written by students around the country, which are in turn based on “ThinkTank” meetings at your individual university.

Regarding internships, we have advocated in the following ways:
• Reinstating government funding to, and increasing the number of, internships for international medical students
• Overturning HETI’s $250 interstate internship application fees for NSW (collaboration with NSWMSC)

Projects

AMSA Projects are here to support medical student learning, wellbeing and work on social issues. We offer a large scope of specific interests, including various global health projects:

AMSA Vampire Cup is our inter-university annual national blood drive competition which will run April 6th - June 1st 2019
AMSA Mental Health focuses on enriching medical student Mental Health that connects students with valuable resources
AMSA Queer continues to connect queer medical students, and advocates for queer health literacy and more!
AMSA Gender Equity exists to break down gender stereotypes, increase female leader visibility and facilitate mentorship of our female students
Crossing Borders is our national refugee and asylum seeker health group that advocates for the health of these politically marginalized groups
Code Green advocates for the mitigation of the causes of climate change, and adaptation of the health care system for the changing demands caused by climate change
Healthy Communities is AMSA’s newest project which focuses on the surveillance, prevention, and control of non-communicable diseases (NCDs)
Reproductive Rights is our platform for medical students to educate, engage, and advocate for sexual and reproductive rights locally and globally

Events

Each year AMSA holds world class events which are renowned for their unique blend of educational talks, social nights and skills development - they will provide experiences and skills that will last you beyond your medical degree! Our events calendar for 2019 looks like this:

National Leadership Development Seminar (NLDS) is our premier academic event where future student leaders upskill on leadership, advocacy and political engagement
NLDS: Canberra, mid-May

National Convention is our famed, week-long conference that flawlessly blends inspiring academics, and socials you will never forget.
National Convention: Hobart, July 7 - 13th

Global Health Conference (GHC) is a 4 day conference in which 800 delegates will engage with global health issues and upskill with our workshops
GHC: Sydney, Aug 16-19th

Rural Health Summit (RHS) is our rural focused event, which will give you a taste of rural health and inspire you to consider rural medicine
RHS: Cairns, late-September

Publications

AMSA releases many publications designed to educate, entertain, and inspire. These publications range from guides such as this one, a peer-reviewed journal, magazines to amplify your voice, to newsletters and bulletins alike! Visit our website to check them out!

Special Interest Groups

AMSA has a number of Special Interest Groups (SIGs) that cater to specific special interest areas for medical students. Our SIGs do a fantastic job educating and advocating in their respective spheres.

AMSA Global Health (GH) represents medical students’ global health interests; from education on global issues, volunteering for projects, to advocacy on a local and global level.

AMSA Rural Health (RH) is the representative body for rural background, rural clinical school and rural interest medical students. RH supports and facilitates medical students’ engagement with rural health and advocates for students on rural issues.

AMSA Med Ed is the branch of AMSA concerned with all things related to medical education in Australia

AMSA International Students’ Network (ISN) advocate in all matters pertaining to international students in Australian medical universities.
FROM THE AMSA PRESIDENT

Congratulations to the graduating class of 2019!

It is an incredible achievement to make it to this stage of your medical school journey. You will have completed an impressive number of OSCEs, exams, rotations, medsoc nights, Vampire Cup donations, placement forms; it has certainly been a long road from your first day of medical school. Your journey is certainly not over yet, and it may seem daunting to start the next step. You have options all across the country with potential new friends and workplaces. AMSA’s Internship Guide exists to make this process easier, so you have all the information you need to make a big decision.

From day one, AMSA has had your back through your medical student experience. Perhaps you took part in our advocacy, attended one of our world-class events, or just had a browse through some Med Ed study notes. AMSA’s Internship Guide is one more way we can help make you feel more supported, even as your time with us comes to an end.

It is bittersweet for myself to see my original cohort graduate this year, while I tag along one year later. I sincerely hope to spend a little more time with you all, getting involved and enjoying our initiatives one last time. Convention, Global Health Conference, Rural Health Summit and our remaining two Councils are still around the corner, as are several other AMSA Publications you can read or be published in, and many grassroots campaigns and projects (see: amsa.co/ToG for more information).

I would like to thank the amazing volunteers who dedicated their time to create this year’s guide spearheaded by the amazing Editor-in-Chief, Linna Huang, who has tirelessly collated and designed all this content for you.

Best of luck for your future career! I hope you are all able to look back on your time in medical school fondly, surrounded by people who helped you along the way. If you want to get involved or need any support, you can always get in touch at president@amsa.org.au.

FROM THE EDITOR

Thank you for picking up, or clicking through, to this year’s edition of the Internship Guide. I hope that wherever you find yourself in your medical journey when reading this, you will find it a useful resource in your path to becoming Australia’s next top doctors.

The Internship Guide aims to collate all current information regarding applying for internships and the hospital networks that could employ you. This year we have continued the past successes of the Internship Guide, in providing you with the most up to date and accurate information about the hospitals that we could obtain; as well as provide the practical information you really need.

This 3-digit page long guide has taken a lot of time and effort to put together, and has been completely collated by medical students, who deserve a huge thank you and much more. These medical students include my own Publications Team who emailed and called up every hospital network in the country to get the most current numbers and updates, the AMSA Rural Health team who updated and refreshed all the States’ Rural Pathways information, and the AMSA ISN team who expanded the International Students’ section of the guide significantly this year.

I hope we could alleviate some of the stress you may hold surrounding internships.

If you have any comments or feedback regarding this publication, please don’t hesitate to get in touch at pdo@amsa.org.au

Good luck!

Linna Huang
Internship Guide Editor-in-Chief
AMSA Publications and Design Officer

Jessica Yang
AMSA President

AMSA President
Welcome to the wonderful world of medicine

Welcome to your chosen profession – the wonderful world of medicine.

Medicine is a challenging and rewarding profession. Ahead of you is a professional life that will give you success and satisfaction, joy and sadness, never ending learning, and friends for life.

Many of your fellow students and your new workplace colleagues will be with you in some way throughout your career. Your teachers will always be your mentors.

You will find as you make your way in the world of medicine you will constantly need friendship, companionship, advice, support, and guidance.

Your fellow doctors will always be there for you, and so will the AMA.

The AMA is a professional organisation, but it also a membership organisation.

We have a duty to advocate and advance the interests of our members. We do this in an ethical and moral framework, and that is our core purpose.

The ability of the AMA to advocate on behalf of the whole of the medical profession is a strength – and it is a strength that is unique to the AMA.

Doctors are natural advocates – for their patients, for their communities, for their practices and their hospitals, for their fellow doctors, and for the health system.

Advocating for the health of our patients is a key motivation for doctors who choose to actively serve the AMA. And this is a genuine commitment – a passion for many. That is why many doctors choose to combine their busy clinical lives with their equally busy and time-consuming advocacy work with the AMA – at both the State and Federal level.

The AMA provides a membership and advocacy framework for doctors. We also provide the resources and the teams necessary for strong advocacy. The AMA’s policy advocacy covers a broad range of subjects – from workplace safety to hospital funding to mental health to aged care and end-of-life care, and everything in between.
We pride ourselves in promoting the public health issues that are considered important by medical students and young doctors. The AMA has a proud reputation of leadership in public health advocacy. The list is long, but highlights include:

- the AMA Indigenous Health Report Card;
- support for tobacco plain packaging and other tobacco control measures;
- support for clear food labelling to help combat obesity;
- our ongoing campaign to raise vaccination rates;
- advocating for proper health care for asylum seekers and refugees;
- highlighting the health effects of climate change;
- raising concerns such as domestic violence and alcohol-related violence;
- support for pill testing trials;
- raising education about the risks of concussion in sport;
- road safety;
- pollution and air quality; and
- alcohol and substance abuse.

This only scratches the surface of our public health agenda, which complements our political activity on policies affecting primary care, public hospitals, medical training and medical practice, and practical support like career advice, practice management advice, legal and insurance issues, and doctors’ health.

The AMA also has a generous member benefits program. Find out more on the AMA website https://ama.com.au/

I wish you well as you embark on what will be hugely enjoyable medical careers. Be proud of the title, ‘Doctor’.

The AMA is the natural progression from AMSA. Join us.

Dr Tony Bartone
President
Australian Medical Association
Information for applicants

WHAT IS AN INTERNSHIP?
An internship is a one-year period where a medical graduate undergoes supervised clinical training within an accredited hospital. Interns have been granted provisional registration with the Medical Board of Australia and will gain full registration at the completion of their intern year. In general, interns are required to complete 47 weeks of clinical training, which excludes time taken off for sick or annual leave.

WHAT IS THE STRUCTURE OF THE YEAR?
Most hospitals operate with five rotation blocks throughout the year for interns, whilst some may have four. Each rotation ranges between 10 to 12 weeks in duration.

WHAT TERMS DO I NEED TO COMPLETE?
Interns must complete the following clinical experiences in order to be eligible for general registration:
- a term of at least eight weeks that provides experience in emergency medical care
- a term of at least 10 weeks that provides experience in medicine
- a term of at least 10 weeks that provides experience in surgery
- a range of other approved terms to make up 12 months (minimum of 47 weeks full-time equivalent service).

HOW MUCH WILL I NEED TO WORK?
For all states across Australia, a standard week is 38 hours plus overtime. Applicants need to look out for their particular state and hospital's regulations regarding overtime work. Generally, an intern can expect at least one overtime shift per fortnight, if not once per week. These include evening shifts, night shifts, and weekend shifts. Applicants should also look out for sick relief shift requirements. A doctor on sick relief can be called at any time of the day or night to step in. This includes being called to step into a night shift when an intern might need to forego sleep. Each state has a different policy on ‘unrostered overtime’. Applicants should further research their state and hospital policies prior to commencing work.

The AMA provides a good outline of award conditions for each state. Visit their website here.

CAN I MAKE A COUPLE APPLICATION WITH SOMEONE ELSE?
Some states do accept applications for couples or joint-tickets. The details can be found on the websites listed under each state's application information section.

AM I ELIGIBLE FOR SPECIAL CONSIDERATION OF MY APPLICATION?
Each state has a separate and different policy for special consideration. Special consideration is generally reserved for applicants with extenuating circumstances such as dependent children or a serious illness. Make sure to check their websites for details.

WHAT IS THE BASE SALARY OF AN INTERN?
Each state has a different award salary. JMOs are paid a base salary, with additional professional development allowances, overtime, and penalty rates. The amount of overtime an intern is paid will depend on the hours worked. The approximate starting salaries in 2018 (including known allowances, and excluding overtime) range between $66,000 to $77,500 across Australia.

CAN I APPLY TO NEW ZEALAND?
All Australian graduates are eligible to work in New Zealand without having to sit further examination. New Zealand intern/ house surgeon positions are offered to doctors by the District Health Boards (DHB) that administer the hospitals. In general, it is one health board per city, plus the surrounding province. All of the health boards normally employ doctors under the same contract, ensuring work conditions are comparable across the country. Wages are based on a pay scale that takes into account the expected working hours. Job offers are allocated to graduates through a system called ACE (Advanced Choice of Employment), which matches applicants’ preferences to available DHB positions.
APPLYING RURAL OVERVIEW

This section provides an overview of the options to apply rurally in Australia in each of the states. For specific information on each of the states’ pathways, and rural internship availabilities, please refer to the respective state section of this guide.

QLD
Applications for the 2020 QRGP have now closed. Applications for the 2021 QRGP will open in February 2020.

The Queensland Rural Generalist Pathway (QRGP) offers graduating medical students the opportunity to explore a wide variety of clinical training and develop the advanced skill set required to support the health needs of rural communities. The pathway usually takes 5-6 years to complete.

Rural sites available: Cairns, Townsville, Mackay, Rockhampton, Bundaberg, Hervey Bay, Ipswich, Toowoomba, Redcliffe, Caboolture, Logan, Sunshine Coast University Hospital, Redland, Mount Isa and Gold Coast

NSW
Rural Preferential Recruitment (RPR) pathway
The RPR is a merit based recruitment process that allocates medical graduates to internship positions in rural NSW. Rural hospitals will have allocated positions for RPR pathway applicants. These positions are offered prior to positions in regional or metropolitan areas as it is a preferential pathway.

All medical graduates are eligible to apply. Rural hospitals will review applicants and contact those they wish to interview. Interviews are conducted Monday 18 June 2018 to Friday 29 June 2018 inclusive.

Rural sites available: Albury Wodonga (under Victorian award), Coffs Harbour Health Campus, Dubbo Base Hospital, Lismore Base Hospital, Manning Rural Referral Hospital, Orange Health Service, Port Macquarie Base Hospital, Tamworth Rural Referral Hospital, The Maitland Hospital, The Tweed Hospital, Wagga Wagga Base Hospital, Broken Hill Health Service

VIC
Victoria’s Rural Community Intern Training (RCIT)
RCIT is an intern training model based in small rural and sub-regional hospitals with core and non-core rotations to larger regional hospitals, general practices and community settings. Participation in a RCIT program in Victoria may lead to entry into the Victorian General Practitioner – Rural Generalist program.

All medical graduates are eligible to apply and selection is based on merit with the criteria varying between the 5 health services. Students successful in obtaining a RCIT intern position are generally allocated to the training region for 12 months.

Additionally, some students may be eligible to apply for the Victorian Rural Medical Scholarship (VRMS) scheme that offers financial support to graduating medical students wishing to work in rural and regional Victoria. More information can be found at: https://vicknowledgebank.net.au/vrms/

Rural regions available: Echuca Intern Network, Murray to Mountains, Grampians Medical Intern Training Program, East Gippsland Community Based Intern Program, and SouthWest Intern Program (more information can be found on each of these locations under the individuals health services sections).

TAS
Since 2017, the Department of Health has provided funding to develop rural primary care rotations for interns in Tasmania through the Rural Junior Doctor Training Innovation Fund. In 2018, in addition to core rotations in medicine, surgery and emergency, 20 interns will also undertake a 13 week general practice term in Queenstown, King Island, Flinders Island, St. Helen’s, and Huon Valley. This opportunity is available to Tasmanian interns who indicate their interest in doing a GP term.

NT
Internships are available at the Royal Darwin and Alice Springs Hospitals, however these are not dedicated rural internship programs.
WA

In 2019 there will be 10 intern placements available through WA Country Health Service (WACHS), primarily located at Albany Health Campus and Bunbury Hospital. These placements will enable interns to spend their entire internship in a rural location and are based on merit. The application process for these positions requires selecting WA Country Health Service (WACHS) as the Primary Employing Health Service (PEHS) when submitting an application through the PMCWA centralised recruitment process.

Other intern placements are available in regional centres, such as Geraldton, Broome and Derby for 6 months as a rotation from a larger metropolitan hospital.

RURAL INTERNSHIP PERSPECTIVE

“When deciding where to begin my internship there were 2 main areas to choose from: City or country.

Whilst many enjoy the city life with its hour-long commute (5km) to work, hiding in the background, and no one but your team to know who you are, I chose the life of a rural intern. I live 6 minutes away (5km) from the hospital and all the shops are within 10 minutes drive (during heavy traffic). I am part of the team, and know all the nursing staff and allied health care workers by name. I have the ability to do additional jobs above those of a glorified secretary, which cities are famous for. An example is when I was an intern of the surgical team, I was often asked to assist in theatres. I learn straight from multiple consultants the best ways to treat the issues that my patients face.

Applying through the RPR allows you to apply for the hospital, not just the network, which allows you better control over your life. The administrative staff at Tamworth also work tirelessly to support you in getting the rotations that you want as well as helping you to claim your overtime.

I chose Tamworth Hospital after experiencing it as a final year student. I also visited Orange, Dubbo, Lismore, Wagga Wagga and Maitland Hospital and decided that I fit in best with The Tamworth culture.

I am really enjoying working at Tamworth and do not have any regrets in regards to choosing this hospital over every other one in Australia. The people I work with are not only top notch but also fun. Out of the hospital, there are all the sports you could hope to play, as well as social events such as theatre, taste festivals, pubs, clubs and the ever-popular Country music.

When I have found a shift difficult or very busy, either the other interns or registrars are always available and happy to help. From doing the difficult cannula to discharging those 10 patients I haven't got to yet. They always have your back.

I honestly recommend rural internship as the lifestyle is great and the support at work is incredible. As with every place it is what you make of it, and I’m determined to make the most out of it.”

Dr. Adam Smith
Tamworth Base Hospital (PGY1)

SA

The Rural Intern Pathway was introduced in South Australia in 2018 to select applicants who are suitable for, and have a preference towards, working in a rural location. All applicants who meet the intern application eligibility criteria and preference a Country Health SA site as their first preference will be included in the selection process. Therefore, applications for this pathway are included in the standard SA internship application. Interviews for applicants will be held on the 18th and 19th of June 2019.

More information is location on the SA Health Careers Website.
The AMSA International Students’ Network (ISN) is the peak representative body for all international students studying medicine in Australia. The ISN serves as an advocate for international medical student issues, most importantly giving international medical students a voice when it comes to the nationwide internship crisis. We also continuously engage with key stakeholders and university representatives to improve international student access to rural health rotations, mental health services and employment opportunities. We aim to provide a comprehensive guide for internships for graduating international students. We strongly recommend students to apply broadly both within Australia and overseas. This year, the federally-funded Junior Doctor Training Programme offers fifteen more spots for international students. To stay tuned with updates on JDTP and the internship situation, please subscribe to our Facebook pages

2019 Graduating International Students:
https://www.facebook.com/groups/976147089398521/

AMSA International Student Network:
https://www.facebook.com/groups/ISN.AMSA/

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Visit boqspecialist.com.au to find out more.
INTERNSHIP APPLICATION

GENERAL ADVICE
Firstly, ISN advises all candidates to apply broadly by filling up all available slots in their application form, including both metropolitan and rural hospitals. Candidates should also apply interstate as certain states may have a surplus of internship positions for the coming year. The Junior Doctor Training Programme (JDTP) also has at least 115 positions available for 2020, and prioritises international students who have not been offered a state internship position.

Secondly, candidates should ensure that their CV has been prepared well to give them the best chance at earning an internship position. Seek help from a career advisor or your university’s dedicated careers’ service for your CV and cover letters. The hospital’s workforce administrators who read your cover letter are non-medical staff, so it is recommended that you ask your family or friends from a non-medical background to proofread and ensure that your cover letter is easy to understand and engaging.

ISN also provides support for final year medical students in this stressful application period. Join the “2019 Graduating International Students” Facebook group to stay updated. For students who are unmatched after the first round of offers, ISN will also be setting up the “2019 Applicant Support Group” Facebook page where you can have a safe space to post your queries and receive support. Applicants may decide to contact hospitals directly if unmatched initially, as new positions become available as offers eventually become declined by candidates holding more than 1 offer.

Lastly, we encourage all candidates to ensure they meet the English language requirements early and sit the required English tests in a timely manner. Be patient, look after your mental health, and reach out to any of our team if you need help.

TRAINING PATHWAYS
Whereas most training pathways and colleges in Australia require the applicant to be Australia/New Zealand Citizen or Australian permanent resident, some do not require the status. These include:


For more information, please contact individual colleges and refer to their websites.
# STATE BASED PROGRAMMES

ISN recommends that all international students apply broadly in different states to maximise your opportunity in securing an internship spot. The following are key information in each state-based internship programme.

<table>
<thead>
<tr>
<th>STATE</th>
<th>APPLICATION DATES</th>
<th>PRIORITY CATEGORY FOR FGAMS FROM SAME STATE</th>
<th>PRIORITY CATEGORY FOR INTERSTATE FGAMS</th>
<th>APPLICATION DETAILS</th>
<th>CONTACT DETAILS</th>
</tr>
</thead>
</table>
Director, Medical Officer Credentialing, Employment and Training Unit  
Canberra Hospital & Health Services  
Phone: 6244 2507  
Mobile: 0403 358 444  
Email: janelle.corey@act.gov.au |
| NSW   | Commence 8 May 2019 | Category 4 | Category 5 | Apply through pre-vocational training application program (PTAP) on the HETI website | Health Education and Training Institute (HETI)  
Phone: (02) 9844 6562  
Email: heti-internship@health.nsw.gov.au |
| NT    | Dates not published | Category F | Category F | Go to https://jobs.nt.gov.au/Home/Search and search for "Intern" | Please contact respective health services. Refer to AMSA internship guide for list of contact details |
| QLD   | Mon, 13 May 2019 9am to Fri, 7 June 2019 3pm | Group C | Group C | Submit applications via an online portal on the Queensland Health website | Please contact respective health services. Refer to AMSA internship guide for list of contact details |
| SA    | Commence May 2019 | Category 3 | Category 4 | Internship in SA Job Pack | Please contact respective health services. Refer to AMSA internship guide for list of contact details |
| TAS   | Commence May 2019 | Priority 2 | Priority 4 | Link: www.jobs.tas.gov.au | Recruitment email address: medical.recruitment@ths.tas.gov.au  
Postgraduate Medical Education Council of Tasmania  
GPO Box 1916, Hobart  
Phone: 0448 003 439  
Email: office@pmct.org.au |
| VIC   | Saturday 8 May till Friday 7 June | Priority 2 | Priority 3 | Application done through PMCV website. | Postgraduate Medical Council of Victoria  
Suite 801, Level 8, 533 Little Lonsdale Street  
Melbourne, VIC 3000  
Tel: +61 3 9670 1066  
Fax: +61 3 9670 1077 |
| WA    | Wednesday 8 May 2019, 12 noon and close Friday 7 June 2019, 12 noon. | - | - | Applications needs to be placed though MedJobsWA | Postgraduate Medical Council of Western Australia  
189 Royal St. East Perth WA 6004  
P: (08) 9222 2125  
F: (08) 9222 2130  
E: PMCWA@health.wa.gov.au |
JUNIOR DOCTOR TRAINING PROGRAM

OVERVIEW
The Junior Doctor Training Program — Private Hospital Stream (JDTP), previously known as the Commonwealth Medical Internship (CMI), is a federally funded initiative for international students who have completed their entire medical education in Australian universities. It supports PGY1-3 placements for medical graduates in private hospitals across Australia.

In 2019, the JDTP is supporting 100 internships in the following hospitals:
• Mater Health Services North Queensland Limited
• Mercy Health and Aged Care Central QLD
• MQ Health (Macquarie University Hospital)
• St John of God Health Care Inc.
• St Vincent’s Private Hospital Limited
• St Vincent’s Private Hospital Sydney
• Ramsay Health Care
• Greenslopes Private Hospital
• Joondalup Hospital

Planning for the JDTP in 2020 is in progress, but internship places are expected to increase to at least 115 spots. The information provided in this guide is based on the 2018 process as the Department of Health has yet to release information for the JDTP application in 2019.

ELIGIBILITY
Candidates are categorised into Priority One and Priority Two, with Priority Two candidates only being considered if the Priority One applicant list has been exhausted. Candidates who have been offered an internship place through the state matching programs are not eligible.

Priority One
• Final year medical students
• Full fee paying international students completing medical degree in onshore Australian medical school
• Meeting English language proficiency requirements
• Not an Australian citizen
• Must commit to obtaining an appropriate work visa

Priority Two
• Meeting Medical Board of Australia (MBA) provisional registration requirements
• Meeting English language proficiency requirements
• Must commit to obtaining an appropriate work visa

HOW TO APPLY
In 2018, the application form for the JDTP was posted on the Department of Health (DOH) website prior to the Expression of Interest opening in September. The DOH will then release the list of eligible candidates to participating hospitals, who may then contact applicants for an interview. Offers were made to eligible candidates in November to December. Candidates who receive both a JDTP and subsequent state internship offer must declare themselves and reject one.

It is expected more information on the application process will be made available once the list of participating hospitals is confirmed in June 2019.

USEFUL RESOURCES

Further enquiries can be directed here PHS.2020@health.gov.au

“After I had sent in my general JDTP application, various hospitals started contacting me about applying to the individual hospitals. It took about 2 weeks for Greenslopes Private Hospital to grant me an offer (but I’ve heard it varies from person to person). To some extent, it was stressful but I personally feel that if you really want it, you’d be willing to go all out for it and people would be able to see that extra effort.

I truly enjoy working at Greenslopes and would recommend it to anyone applying to JDTP. I feel well supported by the other interns and we form a close-knit group. Working in a private hospital has also provided a supportive transition for me, whereby I get a lot of interaction with the consultants. On the other hand, we also have rotations in public rural hospitals, so it helps us to gain exposure with procedures and chances for additional responsibilities.”

- Dr Naomi Ng
PREPARING FOR INTERNSHIP

Below is a summary of the Visa options for international students, and a comparison of their eligibility criteria, their processing time, and visa length.

<table>
<thead>
<tr>
<th>TYPES OF VISA</th>
<th>SUBCLASS 485</th>
<th>SUBCLASS 482</th>
<th>SUBCLASS 407 (TRAINING VISA)</th>
</tr>
</thead>
</table>
| **ELIGIBILITY** | Post-study stream
Applicants who obtained a CRICOS-registered degree in Australia
Applicants who were granted their first student visa to Australia on/after 5 Nov 2011
Applicants who held a student visa within the past 6 months before applying for this visa | Short-term stream*
Applicants must:
1. Have worked in your relevant occupation for at least 2 years
2. Have a relevant skills assessment
Applicants nominated occupation must be on the STSOL: Resident Medical officer [253112] | Applicants must have a sponsor who is approved as a temporary activities sponsor
Applicant must be nominated to participate in a program of occupational training that is:
1. Required for registration
2. Improve skills in an eligible occupation
3. Capacity building overseas |
| **PROCESSING TIME** | 75% applications: 78 days
90% applications: 4 months | 75% applications: 37 days
90% applications: 73 days | 75% applications: 64 days
90% applications: 88 days |
| **LENGTH OF THIS VISA** | 2 years | Most cases 2 years | Up to 2 years |
| **BEFORE YOU APPLY** | Check your visa conditions**
- Organise Health Exams
Link: https://immihomeaffairs.gov.au/visas/getting-a-visa/visa-listing/temporary-graduate-485/post-study-work#HowTo | Check that your sponsor can nominate you
Get your skills assessed by applying to the Medical Board of Australia
Organise health exam
Link: https://immihomeaffairs.gov.au/visas/getting-a-visa/visa-listing/temporary-skill-shortage-482/short-term-stream#HowTo | Make sure your sponsoring organisation has been approved or has applied to become a sponsor.
Your sponsor must have submitted a nomination application

*Short-term Stream of Visa Subclass 482 does not lead to Permanent Residency
**If you have a current visa with a ‘No further stay’ condition 8534 or 8503 on your current visa, you will need to apply for this visa using the paper form (see Step 3). Only the paper form has an application to have the ‘No further stay’ condition waived

Disclaimer: the above information was taken from the Department of Home Affairs website. Please use this as a guide for more detailed information, either contact an immigration agent or visit the websites using the links.
ENGLISH REQUIREMENTS

The Medical Board of Australia requires all applicants for initial registration to demonstrate their English language competency. There are 4 streams to demonstrate this; most international students will be required to do an English language test; please read below for more details.

PATHWAYS

1. **English language test pathway**
   - IELTS (recommended)
   - Occupational English Test (OET)
   - PTE Academic
   - TOEFL iBT
   - New Zealand Registration Examination (NZREX) administered by the NZ Medical Council
   - Professional and Linguistic Assessment Board (PLAB) of the General Medical Council of the United Kingdom

2. **Primary language pathway**
   - Primary and secondary education was taught and assessed solely in English in a recognised country, and
   - Tertiary medical education taught and assessed solely in English

3. **Combined secondary and tertiary education pathway**
   - At least 2 years of secondary education as well as tertiary medical education taught and assessed solely in English in a recognised country

4. **Extended education pathway**
   - At least 6 years of continuous education taught and assessed solely in English in a recognised country, including tertiary medical education

Recognised countries include **Australia, Canada, New Zealand, Republic of Ireland, South Africa, United Kingdom, and United States of America.**

ENGLISH LANGUAGE TESTS

Test results must be either obtained within 2 years before the date of application lodgement, or obtained more than 2 years prior but have since been continuously enrolled in a Board-approved program of study. Applicants may check the approval status of their program here [https://www.ahpra.gov.au/Education/Approved-Programs-of-Study.aspx](https://www.ahpra.gov.au/Education/Approved-Programs-of-Study.aspx)

**IELTs**
- Minimum overall score of 7
- Minimum score of 7 in each component: listening, reading, writing, speaking
- Test results may be from a maximum of 2 sittings within 6 months with a minimum overall score of 7 and no score in any component below 6.5

**OET**
- Minimum score of B in each component: listening, reading writing, speaking
- Test results may be from a maximum of 2 sittings in 6 months with no score in any component below C

**PTE Academic**
- Minimum overall score of 65
- Minimum score of 65 in each of the communicative skills: listening, reading, writing, speaking
- Test results may be from a maximum of 2 sittings in 6 months with a minimum overall score of 65 and no score in any component below 58

**TOEFL iBT**
- Minimum total score of 94
- Minimum score for each section as follow: Listening: 24; Reading: 24; Writing: 27; Speaking: 23
- Test results may be from a maximum of 2 sittings in 6 months with a minimal score of 94 and no score in each section: Listening: 20; Reading: 19; Writing: 24; Speaking: 20

Useful Resources

The official AHPHRA website has more information. Please see the section under English language skills registration standard (medical).
SUPPORT SERVICES

WELLBEING SUPPORT
As an international student, studying abroad in a foreign country can be extremely challenging and isolating. Under any circumstances where you feel the need to seek any psychological help, these are the resources available to take care of your mental health:

- Counselling services available at your respective university
- Under OSHC, you are eligible to claim some cost of seeing a psychologist. These are the steps to follow:
  - Make an appointment with your GP and ask for Mental Health Care Plan which can cover up to 10 sessions over a 12-month period
  - Call psychologist to inquire about appointment costs; or
  - Contact your OSHC provider for the amount that can be claimed back
- You are free to choose any psychologist that you wish to see
- Online resources such as:
  - Beyond Blue, Lifeline

CAREER ADVICE
AMA Career Service website: receive tips on career building such as resume building, interview skills and professional development

AMA Federal - Anita Fletcher, Career Adviser
E: careers@ama.com.au
P: 1300 133 655

AMA Victoria Career Advisor
P: (03) 9280 8722
E: careersadvisor@amavic.com.au
W: http://amavic.com.au/page/Member_Services/Careers/

Medical Board of Australia website - Guidelines, resources and tools on intern training

STATE-SPECIFIC SUPPORT
QLD - Please join the QLDAMC Internship Support Group Facebook group
VIC - Please join the MSCV Intern Match Support Group or contact MSCV at internmatch@mscv.org.au
SEE MORE. DO MORE. BE MORE.

Flexible study options
Globally recognised qualification
Training throughout Australia
Develop a broad range of skills

Training towards Fellowship with ACRRM is the best option for a career in rural generalism.

#ruralwithACRRM acrrm.org.au
AUSTRALIAN CAPITAL TERRITORY

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Your future deserves a bank who understands what you’ve done to get here

We’ve worked closely with medical professionals for over 25 years. In that time, we’ve learned a lot about you and the challenges you face, particularly at the beginning of your career. Whether you need help with relocation costs, everyday living expenses, buying a new car or even saving for your first home — we can help you get off to a good start.

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Visit boqspecialist.com.au to find out more.
Dear Colleagues,

Firstly, I wanted to congratulate AMSA on the production of the 2019 Internship Guide and thank them for the opportunity to contribute to the Guide on behalf of AMA (ACT).

While the graduates of the ANU Medical School already know that the ACT is a great place to live, study and work, not every prospective intern knows that Canberra has a great combination of city convenience, national institutions and quick traveling times with the added bonus of the bush and coast on your doorstep.

The ACT's major teaching hospital is the Canberra Hospital, with other networked training sites at Calvary in north Canberra, Goulburn Base Hospital and the South East Regional Hospital at Bega offering rotations across south eastern NSW. Combine this with the big ideas and national agenda that's the heart of Canberra and you can understand why an internship in the ACT offers many opportunities that aren't always obvious at first glance.

Locally, the AMA (ACT) offers support and guidance to interns and other junior doctors covering the two major areas of workplace relations and careers. Currently, we are approaching the end of bargaining for a new enterprise agreement with our concentration being on improving access for junior doctors to education expenses and exam and conference leave together with the perennial issues around overtime.

If you have any queries about your workplace rights or entitlements you can always get in contact with AMA (ACT) for quick advice and support. While competitive remuneration is important, I want you to know that we understand that career opportunities are also a key consideration for you. Career and training opportunities are constantly expanding in Canberra and will continue to grow as the local region itself continues to grow rapidly. The AMA (ACT) offers advice and practical assistance as you move through your career - help with CVs and practical sessions on interview skills - just to mention two.

Whether it be the convenience of living and working in Canberra or the opportunities that the local network training sites offer, the ACT is a great place to consider for an internship and the AMA (ACT) is here to help you every step of the way.

I look forward to meeting you in Canberra.

Dr Antonio Di Dio
President
AMA (ACT) Ltd
Congratulations to everyone graduating from medical school in 2019! It is an incredible achievement; wherever you come from and wherever you may go to start your life as a doctor, internship is exciting. There is an immense sense of responsibility that comes with the job (your signature carries a lot more weight overnight!), there will inevitably be challenges, and a great sense of satisfaction that comes with knowing that you’ve played your part in someone’s healthcare journey.

Something you should remember when you’re feeling a bit lost or overwhelmed, whether it be in medical school or internship, is that everyone is feeling the same way. You’re not expected to know everything, you are expected to know the limits of your own knowledge and when to ask for help. This help comes in the form of residents, registrars and consultants, but also allied health staff who will play a large role in your learning throughout the year.

There is a lot to think about when considering where to apply for your internship. I would advise focusing your attention on two things - your interests in life (not sitting in traffic for hours on end, day hikes, day trips to the snow in winter and the coast in warmer months) and the medical experience you want to have. A Canberra internship gives you the opportunity to work at one of the biggest tertiary hospitals in the country, with a tight knit group of interns, while also giving you the opportunity to undertake short stints in rural hospitals if you are so inclined.

All the best for the year!

Dr. Zaheer Jayhoon
ACT OVERVIEW

OVERVIEW
Canberra is a place to actively pursue dreams. As Australia’s capital, big ideas emerge, circulate and grow in Canberra thanks to unique links between leading thinkers in business, government, education and research.

With a population of over 400,000 people, Canberra and the greater ACT region offers all the excitement and advantages of city living without the traffic, pollution and stress of larger cities, making it an extremely accessible playground. Here interns and residents can enjoy world-class festivals, facilities, entertainment, outdoor pursuits, dining and shopping and a calendar overflowing with cultural, sporting and youth specific events.

Canberra is a carefully planned city, so getting around is easy with most things being within a 20 minute drive. More than 2,400 kilometres of dedicated bicycle tracks, trails and lanes can deliver individuals to each of the major CBD areas in the city. In addition, the ACT’s public transport system, ACTION, is a fast, safe and reliable bus service.

Canberra is also a safe city, with one of the lowest crime rates of any major Australian city, and an inclusive and welcoming community.

Finally, careers at ACT Health recognise and reward skill and experience, with progression through clinical, research, education and management pathways at all levels.

HOW TO APPLY
More information and instructions on the internship application process will be available on the ACT Health website on the application date.

PRIORITY LISTINGS

Category 1
• Guaranteed First Round Offer
• CSP Graduates of the Australian National University

Category 2
• Guaranteed First Round Offer (capped at 6)
• Domestic CSP Graduates of NSW Universities.

Category 3
• First Round Offer Not Guaranteed
• Graduates of other Australian Universities who completed Year 12 studies in the ACT.

Category 4
• First Round Offer Not Guaranteed
• IFF Graduates of the Australian National University

Category 5
• First Round Offer Not Guaranteed
• Graduates of other Australian Universities

Category 6
• First Round Offer Not Guaranteed
• Graduates of Australian University campuses outside of Australia accredited by the Australian Medical Council.

KEY DATES
Applications open on Wednesday 8th of May 2019
CANBERRA HEALTH SERVICES (CHS)

PREDICTED 2020 INTERNSHIP POSITIONS
*6 of these are guaranteed to NSW students

NETWORK TRAINING SITES
Canberra Hospital, Calvary Public Hospital, Goulburn Base Hospital, South East Regional Hospital (Bega)

ROTATIONS AVAILABLE
General Medicine, General Surgery, Emergency Medicine, Psychiatry, O&G, Cardiology, Endocrinology, Gastroenterology/Hepatology, Hospital in the Home, Infectious Diseases, Nephrology, General Medicine, Neurology, Renal, Respiratory Medicine, Geriatrics, Haematology, Medical Oncology, Medical and Surgical Relief, Cardiothoracic Surgery, ENT/Maxillo-facial Surgery, Neurosurgery, Plastics, Vascular Surgery, Urology, Orthopaedics

BASIC INFORMATION
Interns at Canberra Health Services (CHS) do four terms a year. CHS offers highly competitive rates of pay and excellent working conditions. Competitive remuneration for medical officers, in addition to an attractive education and training reimbursement allowance are also offered to interns and residents. Employee salary packaging with the full Public Benevolent Institution FBT concession is available. Some reimbursement of relocation expenses is available to medical officers recruited from interstate or overseas.

The Canberra and Calvary Hospitals are the home hospitals for this network. All interns will have rotations at the Canberra Hospital. The Canberra Hospital has approximately 606 beds and busy outpatient clinics. It is a major tertiary trauma and teaching hospital, associated with the ANU, and covers many specialties. Calvary Public Hospital is a 162 bed public teaching hospital, also associated with the ANU.

CHS also offers an educational reimbursement for textbooks and training courses of up to $3,000 (+ CPI) for interns.

REASONS TO APPLY
CHS offers quality education and training conditions in a large tertiary hospital, with opportunity for rural rotations.

CONTACT DETAILS
Janelle Corey
Director, Medical Officer Credentialing, Employment and Training Unit
Canberra Hospital & Health Services
Phone: 6244 2507
Email: janelle.corey@act.gov.au
Training towards Fellowship with ACRRM is the best option for a career in rural generalism.
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Visit boqspecialist.com.au to find out more.
Congratulations on your upcoming transition from student to doctor.

The next stage of your career will be equal parts challenging and rewarding. With internship comes responsibility. You will learn as much about medicine as you will learn about yourself.

There will be highs and there will be lows, but the friendships and professional relationships you forge over the next year will help carry you through.

Another key pillar of support for junior doctors is the AMA (NSW) / ASMOF (NSW) Alliance. The Alliance has been working to improve issues such as bullying and harassment, doctors’ health and wellbeing, rostering and overtime, and more. We encourage junior doctors to join the organisation and get involved with the Alliance’s Doctors-in-Training Committee (DITC). This your opportunity to work not only in the system, but on the system. The DITC has a strong track record. In 2017, the NSW Government committed to a multimillion-dollar plan for junior doctor wellbeing as a result of the Alliance’s advocacy. The Alliance’s Hospital Health Check survey has also been a valuable tool to advocate for improvements to unrostered overtime, safe working hours and addressing structural barriers to gender equity in medicine.

By joining the Alliance, you will help strengthen our organisation. And the stronger we are, the harder we will be able to fight on your behalf.

Dr Kean-Seng Lim
President, AMA (NSW)
NSW New Graduate Perspective

Okay, now repeat after me:

“Let me ask my reg”

Master these 5 words and you’ll be able to get out over any hurdle intern year can throw at you.

Congratulations on finishing what has likely been a gruelling 4+ years of medical school and welcome to what you’ve been working towards – you’re finally a doctor. But more importantly, you’re finally getting paid! Which means you’re getting paid for ward rounds, you’re getting paid even though you missed your third cannula in a row, and you’re getting paid to sit through MDT meetings. Internship really is what dreams are made of.

It’s a big step up from being a student to being an intern. You now get to make real decisions about real patient care (most of which are about whether to chart 1 or 2 tablets of paracetamol, but still). Families and other staff will come to you looking for answers. It’ll be your responsibility to make sure that the consultant’s plans actually happen. It’s not uncommon to feel completely out of your depth. The first few weeks can be daunting. You can feel like you’re not ready. The Imposter Syndrome can be real, but it’s important to remember that everyone around you is feeling the exact same way from JMO up to consultant. You’ll get through it, everyone does. But if you’re really struggling, you always have your fellow interns to look out for you or so many other avenues for you to seek help.

APPLYING FOR YOUR INTERNSHIP

Probably my biggest worry throughout final year was choosing where I wanted to go for intern year. AMSA does a great service in producing this guide each year. I remember reading the NSW section about 15 times before finally clicking ‘Submit’ on my preferences. Everyone has their own opinion about what to look for when choosing a network, but I wanted to offer some advice that I wish someone would have told me when I was in your position:

1. Your future career
   If you have your heart set on a particular pathway long-term, you can really set yourself up during your internship. Take note of what research facilities are available, of what specialties each hospital is known for.

   That being said, know that there are ALWAYS back ways to get the terms you really want. You can always swap with interns at other networks, or often networks might offer term at other hospitals (rural or otherwise).

2. Lifestyle
   Think about what is important to you and the kind of life you want to live next year. Although you’ll spend a lot of time at the hospital, you’ll also have a lot of time to live it up with what might be your first full-time income. You should take into consideration all factors, be it friends, family, partners, where you actually want to live, how many coffee shops are close to the hospital, how long would it take to UberEats McDonalds to the emergency department at 2am when you’re on a night shift. Everyone values different aspects of their life, so it’s important to think about what matters to you when making the decision.
3. Stacking
Oh boy. There isn’t a topic more controversial than stacking. Let’s be real, regardless of what HETI recommends you’re all going to stack anyway. I don’t want to tell you how to stack, but I want to just warn you that stacking isn’t infallible. It’s very common for people with the same stack to end up at very different hospitals. ‘The stack’ isn’t a sure thing, and just keep that in mind when putting all your faith in it.

4. You’ll be fine wherever you end up
Although you shouldn’t take your decision of network lightly, at the end of the day you’ll be fine wherever you end up. It’s not the end of the world if you get a network you really didn’t want. People have been in your shoes before. They’ve all made it through, and so can you! Internship is what you make of it, regardless of where are. And if times do get tough, you’ll always have your intern family around you for support.

Overall, internship is a fantastic year. Most people come out of it really enjoying it. It’s a year to learn lots, build friendships, see some cool things, and start to lay down the foundations for the type of doctor you’d like to be in the future. Most of all have fun, and enjoy your last few months as a full time student!
NSW OVERVIEW

OVERVIEW
The Health Education and Training Institute (HETI) is the NSW body responsible for the allocation of internship positions to applicants. It does this online, through the Prevocational Training Application Program (PTAP). There are 4 recruitment pathway options available to applicants:

1. Optimised Allocation Pathway (main pathway)
2. Aboriginal Medical Workforce Recruitment Pathway
3. Rural Preferential Recruitment Pathway
4. Direct Regional Allocation Pathway

Eligible applicants can apply through one or more of the pathways. More information about each of these can be found on the HETI website.

NSW realises that no single health care Prevocational Trainer Provider can provide all the training and experience required to prepare new doctors for the diverse range of medical practice, so providers in NSW are organised into 15 training ‘networks’ that deliver education and training to a group of prevocational trainees in Postgraduate Year One (PGY1) as interns and Postgraduate Year Two (PGY2) as residents. The positions offered by HETI mean that Prevocational Trainees are able to complete both PGY1 and PGY2 in a single network. The network will assign a home hospital for trainees, and it is expected that the trainee will complete at least one term in the two year period outside the home hospital.

APPLYING AND ELIGIBILITY
An applicant’s recruitment to a prevocational training position in NSW will depend on their chosen recruitment pathway, but will primarily be based on the order in which applicants rank hospital network preferences in their online application. To be eligible to apply, applicants must have completed their medical degree within the past 3 years at an AMC accredited school in Australia or New Zealand. Applicants must not have previously commenced an internship or worked as a doctor in Australia or New Zealand. In addition, applicants must be an Australian or New Zealand citizen, be an Australian Permanent Resident or valid temporary Australian resident, or be a holder of an unrestricted work visa for the duration of their prevocational training. Applicants must provide a list of documents that have been certified by a Justice of Peace (this list can be found on the HETI website). They must also meet the Medical Board of Australia’s English language proficiency requirements, available here (http://www.medicalboard.gov.au/).

Successful applicants will only receive ONE recruitment offer via a pathway and no further offers will be made by HETI through any recruitment pathway for the clinical year.

For more information and resources, see the HETI Applicant Guide for Medical Graduate Recruitment. This can be found on HETI’s website.

NSW PRIORITY LIST
Applicants fall under one of six priority categories that determine the order of internship offers. Category 1 (NSW university graduates and Australian permanent residents who completed Year 12 outside of NSW) applicants are the only guaranteed NSW interns. After offers have been made to Category 1 applicants, offers may be made to Categories 2 to 6, depending on position availability.

For specific information regarding priority list, visit the HETI website, or click here.

NB: There is no longer an application fee for Category 3 students.

KEY DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>8 May 2019</td>
<td>Medical graduate applications open on HETI website</td>
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<tr>
<td>8 May 2019</td>
<td>Rural preferential recruitment applications open on NSW Health Jobs website</td>
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<tr>
<td>7 June 2019</td>
<td>Rural preferential recruitment applications close</td>
</tr>
<tr>
<td>7 June 2019 5pm</td>
<td>Medical graduate applications close</td>
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</tbody>
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APPLICATION SUPPORT

Join the NSWMSC Intern Applicant Support Group 2019 by searching it on Facebook or clicking here, for your one stop shop for everything relating to applying for internships in NSW.

CONTACT DETAILS
Health Education and Training Institute (HETI):
Phone: (02) 9844 6562
Email: heti-internship@health.nsw.gov.au
NSW RURAL TRAINING

RURAL PREFERENTIAL RECRUITMENT (RPR) PATHWAY
The RPR is a merit based recruitment process that allocates medical graduates to internship positions in rural NSW. As you will see in the number of predicted internships sections, rural hospitals will have allocated positions for RPR pathway applicants. These positions are offered prior to positions in regional or metropolitan areas as it is a preferential pathway.

All medical graduates are eligible to apply. Rural hospitals will review applicants and contact those they wish to interview. Interviews are conducted Monday 24 June 2019 to Friday 5 July 2019 inclusive.

Application is a two-step process:
» Complete a NSW internship application using the Prevocational Training Application Program (PTAP) on the HETI website.
» On the JMO eRecruit system, complete a separate application for each rural hospital you wish to apply to work in.

Applicants who do not receive an RPR offer will automatically be moved to the next recruitment pathway based on their preferences selected in PTAP.

Successful applicants will receive a maximum of ONE offer from NSW for the 2020 clinical year.

For more details, visit the HETI website https://www.heti.nsw.gov.au/education-and-training/courses-and-programs/medical-graduate-recruitment/rural-preferential-recruitment

The Rural Hospitals included in the RPR as as follows:
• Albury Wodonga (under Victorian award)
• Coffs Harbour Health Campus
• Dubbo Base Hospital
• Lismore Base Hospital
• Manning Rural Referral Hospital
• Orange Health Service
• Port Macquarie Base Hospital
• Tamworth Rural Referral Hospital
• The Maitland Hospital
• The Tweed Hospital
• Wagga Wagga Base Hospital
• Broken Hill Health Service

RURAL GENERALIST PATHWAY (RGTP)
The New South Wales Rural Generalist Training Program (RGTP) takes up to four years to complete (following internship) with a typical path of:
» One year as a junior medical officer (foundation year)
» One year of advanced skills training in large regional public hospital
» Two years (transition and consolidation) of further advanced skills training whilst completing community general practice in rural areas with procedural hospitals.

The aim of the program is to produce doctors who are equipped to become procedural general practitioners in rural and regional areas.

Successful applications will be provided with a wide range of supports, including education sessions (both face to face and online), career advice and support and opportunities for advanced skills training.

Applications usually open in late October to early November each year and selection is passed on merit, whereby potential trainees must demonstrate a willingness and dedication towards working as a rural GP.

Contacts
Craig Shields
Program Manager (RGTP/GPPTP)
Phone: (02) 6369 8582
Email: craig.shields@health.nsw.gov.au

Karyn Sherman
Project Manager (RGTP/GPPTP)
Phone: (02) 6692 7701
Email: karyn.sherman@health.nsw.gov.au
In 2018, the Alliance (NSW Australian Medical Association, and Australian Salaried Medical Officers Federation) surveyed 1351 doctors-in-training, which accounts for more than 20% of all doctors-in-training working in NSW. Because many doctors-in-training rotate through multiple hospitals and health services, all participants were asked to answer questions based on one hospital in which they had worked the most in the last 12 months.

The data gathered from the survey was used to provide hospitals with grades in five different domains and to calculate and overall rating for each facility. The five domains measured are: 1) Overtime & rostering, 2) Access to leave, 3) Wellbeing, 4) Education & training, 5) Morale & culture.

Where necessary, hospitals were grouped with others in the same Local Health District to allow for minimal sample sizes (n≥20 for larger metropolitan, n≥10 for smaller regional or rural), to enhance result reliability and protect participant confidentiality.

For more details of these survey results, visit: http://www.alliancensw.com.au/hospital-health-check-2018/

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<th>OVERALL GRADE</th>
<th>OVERTIME &amp; ROSTERING</th>
<th>ACCESS TO LEAVE</th>
<th>WELLBEING</th>
<th>EDUCATION &amp; TRAINING</th>
<th>MORALE &amp; CULTURE</th>
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<td>Concord Hospital</td>
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NETWORK 1
INNER WEST & WESTERN PLAINS

PREDICTED 2020 INTERNSHIP POSITIONS
*7 positions will be offered through the Rural Preferential Pathway for the Dubbo Base Hospital

NETWORK TRAINING SITES
Royal Prince Alfred Hospital, Dubbo Base Hospital, Balmain Hospital

ROTATIONS AVAILABLE
Dubbo Hospital
- General Medicine, Surgery, Orthopaedics, ED, Renal, Cardiology, Psychiatry, Urology, ENT, Relief, Obstetrics and Gynaecology*, Paediatrics*, Anaesthetics*, Intensive Care*

Balmain Hospital
- Rehabilitation, Geriatrics

Royal Prince Alfred Hospital

*PGY2 term only

BASIC INFORMATION
RPA is the oldest teaching hospital of the oldest medical school (USyd) in Australia. RPA is centrally located and well serviced by public transport, with on-site parking also available. There are only three hospitals in the network: RPA, Dubbo and Balmain. There is an affordable gymnasium ($1/day), and several good cafés in close proximity. Close to the city, it sits amongst a hub of activity on Missenden Rd and is in close proximity to many great areas to live (Newtown, Glebe, Camperdown).

REASONS TO APPLY
RPA provides a range of specialty services arguably unmatched in Australia. High levels of supervision, including in an after hours context. The strength of RPA's reputation as a training facility means entry to the BPT program is highly competitive and thus supervising registrars at RPA are among the best trainees in the country. Many established research facilities – research is an area of strength and expertise at RPA.

CONTACT DETAILS
Michelle McWhirter
JMO Manager
Phone: (02) 9515 5545

NETWORK 2
BANKERS AND CAMPERS

PREDICTED 2020 INTERNSHIP POSITIONS
51

NETWORK TRAINING SITES
Campbelltown/Camden Hospital, Bankstown-Lidcombe and Bowral Hospital

ROTATIONS AVAILABLE
Campbelltown / Camden Hospital
- Respiratory Medicine, Emergency Medicine, Professorial Medicine, General Surgery-Breast/Endocrine, Cardiology, Neurology, Gastroenterology, Endocrinology, Renal/Endocrine, Mental Health, Orthopaedics, General Surgery - Colorectal, Medical Transit Unit, General Surgery - Upper GI, General Surgery – Urology and subspecialties, Rehabilitation, Geriatrics, Oncology, MAU, Palliative Care*, Intensive Care*, Obstetrics and Gynaecology*, Paediatrics*, MACs*, Palliative Care

Bankstown-Lidcombe Hospital

Bowral Hospital
- General Medicine *

*PGY2 term only
**BASIC INFORMATION**

Bankstown-Lidcombe Hospital is a mere 20 kms from the city centre and is a 433 bed Principal Referral Teaching Hospital and part of the South Western Sydney Local Health District. A comprehensive range of medical and surgical specialties is available which include world class diagnostic and critical care services. Bankstown-Lidcombe Hospital prides itself on having a relaxed and friendly atmosphere with a commitment to providing career opportunities and staff development. All interns/RMOs here should expect to undertake rotation to Campbelltown and Bowral Hospitals.

Campbelltown and Camden Hospitals consist of two campuses administered under a joint management structure. Campbelltown campus is focused on providing acute health care and Camden is focused on aged and palliative care services. Combined, the service currently consists of 350 beds. In addition, Campbelltown Hospital has undergone significant enhancements, including the construction of a new multi-storey building which houses surgical precinct, ambulatory, outpatient and allied health services, pathology and clinical information. Campbelltown also has the relaxed and friendly atmosphere with a commitment to support and training junior staff. Campbelltown is also closely linked to Western Sydney University.

**REASONS TO APPLY**

The District actively promotes research and provides teaching for undergraduates, postgraduates and health service professionals. In March 2017 the newly constructed Western Sydney University Clinical Building was opened which is situated on the grounds of Campbelltown Hospital. The building houses state of the art tutorial rooms, clinical skills labs, conference and meeting rooms, auditoriums, the clinical library and professorial suites.

On-site accommodation is available at Campbelltown Hospital and is available for rotating Medical Officers on a short term basis at a nominal fee. The Hospital also offers a wide range of facilities including an auditorium, and a series of conference and meeting rooms of varying sizes. Currently Campbelltown offers free onsite vehicle parking. Once construction of the new multi-story car park is complete the campus will offer paid parking. Fresh+ Café is on-site with several restaurants and coffee shops within walking distance and 24 hour on-site security staff.

**CONTACT DETAILS**

Ailinh Chau  
JMO Manager Bankstown-Lidcombe  
Email: Ailinh.Chau@health.nsw.gov.au

Shelley Wraith  
JMO Manager Campbelltown/Camden  
Email: Shelley.Wraith@health.nsw.gov.au

**NETWORK 3**

**CONCORD, CANTERBURY & BROKEN HILL BASE HOSPITALS**

**PREDICTED 2020 INTERNSHIP POSITIONS**

46*  
*3 positions will be offered through the Rural Preferential Pathway for the Broken Hill Hospital

**NETWORK TRAINING SITES**

Concord Repatriation General Hospital, Canterbury Hospital, Broken Hill Base Hospital

**ROTATIONS AVAILABLE**

**Concord Hospital**

**Canterbury Hospital**
- Emergency, General Medicine, General Surgery, Orthopaedics, Intensive Care*, O&G*, Paediatrics*, Geriatrics/Rehabilitation Medicine* and Hospital in the Home*

**Broken Hill Hospital**
- Emergency, General Medicine, General Surgery, Paediatrics*

*PGY2 term only

**BASIC INFORMATION**

Concord Hospital is situated close to the City on the Parramatta River, thus enjoying expansive views extending to the Sydney Harbour Bridge on one side, and the beautiful Blue Mountains on the other. The hospital has a long tradition of providing care to the veteran community and today, provides health care to the inner west of Sydney. Furthermore, the hospital is linked to University of Sydney and has the Concord Centre for Mental Health on site.
REASONS TO APPLY

Concord Hospital is the first teaching hospital to receive 5 years back-to-back Accreditation Awards, as well as three consecutive 3 year Accreditation Awards from the NSW HETI for the exemplary training of postgraduate doctors. The network also includes the Broken Hill Base Hospital and allows on-call duties with RFDS. Interns and Residents can now spend a week on-call with the service. There is also a strong Consultant support network; they are all very approachable and the atmosphere is one of support. Consultants trained at Concord are also more aware of JMO training issues and needs, hence adding to this supportive atmosphere.

The current DPET Dr Probil Roy (Cardiologist) was a Concord intern. The current Director of Medical Education – Dr Robert Russo and chair of the NCPTC (Network Clinical Prevocational Training Committee) was recruited to Concord in his RMO1 year and remains as the HOD in Nuclear Medicine and Rheumatologist. Prof Lewis Chan, former DPET still retains a role as the Chair of the General Clinical Training Council for the network; in 2014, he was the recipient of the AMA/ASMOF Supervisor of the Year. Additionally, Jean Mah-Collins (JMO Manager) was co-recipient of the AMA/ASMOF JMO Manager of the Year in 2015. Lastly, the network training sites all work in sync with each other and the administrative unit support is considered extremely helpful and supportive.

CONTACT DETAILS

Jean Mah-Collins
Manager, Medical Allocations Unit
Phone: (02) 9767 5311
Email: jean.mahcollins@health.nsw.gov.au

NETWORK 4
SOUTH WEST SYDNEY, TWEED HEADS

PREDICTED 2020 INTERNSHIP POSITIONS

*17 positions will be offered through the Rural Preferential Pathway for the Tweed Hospital

NETWORK TRAINING SITES

Liverpool Hospital, Fairfield Hospital (and Braeside Hospital), The Tweed Hospital (and Bryon District Hospital)

ROTATIONS AVAILABLE


Fairfield Hospital Medicine, Orthopaedics, Geriatrics, Addiction Medicine*

Tweed Hospital Gastroenterology, Cardiology, General Medicine, Renal, Orthopaedic, Paediatrics, Urology, Relief, Palliative Care, O&G*, Critical Care*, Oncology/Haematology*, Radiology*, Anaesthetics*, Psychiatry*

*PGY2 term only

BASIC INFORMATION

Liverpool Hospital is a fast paced, actively growing teaching hospital only 35 minutes from central Sydney on the M5 East. It is an exciting hospital to work in and study at. The hospital is a 650-plus bed facility that serves a rapidly increasing population of more than 800 000 people from many different ethnic backgrounds, keeping pace with the demanding healthcare needs of the community.

REASONS TO APPLY

Liverpool Hospital has a strong commitment to teaching and support for its Junior and Resident Medical staff. The hospital also has a well-equipped gym and a Clinical Skills and Simulation centre. Good single and shared accommodation is available close to the hospital and educational facilities include a well-stocked library and full access to electronic learning resources. Tweed Heads where JMOs may spend a rotation or two, is situated close to world renowned beaches and is close to the Gold Coast and Brisbane.

CONTACT DETAILS

Maria Bayliss
JMO Manager
Phone: (02) 8738 6327
Email: maria.bayliss@sswahs.nsw.gov.au
**NETWORK 5**
**NORTH SHORE & PORT MACQUARIE**

**PREDICTED 2020 INTERNSHIP POSITIONS**
*11 positions will be offered through the Rural Preferential Pathway for the Port Macquarie Base Hospital*

**NETWORK TRAINING SITES**
Royal North Shore Hospital (and Greenwich Hospital), Port Macquarie Base Hospital (and Kempsey District Hospital, Wauchope District Memorial Hospital (PGY2), Ryde District Hospital

**ROTATIONS AVAILABLE**

**Royal North Shore Hospital**
- Aged Care, Colorectal Surgery, Emergency, Endocrinology/ Rheumatology, ENT,

**Port Macquarie Hospital**
- Emergency, General Medicine, Obstetrics, Orthopaedics, General Surgery, Psychiatry, Relief, Paediatrics, Intensive Care

**Ryde District Hospital**
- Emergency, General Surgery, Medicine, Orthopaedic Surgery

*PGY2 term only

**BASIC INFORMATION**
The Royal North Shore and Ryde Health Service comprises the Royal North Shore and Ryde Hospitals and its associated health services meet the health needs of most of northern Sydney. RNSH has some state-wide responsibility for clinical services in pain management and research, cardiology, severe burn injury, neonatal intensive care, spinal cord injury, high-risk obstetrics, interventional neuroradiology and cerebrovascular embolisation.

**REASONS TO APPLY**
This is one of the few places that has it all: a busy ED with major trauma and paediatrics in a friendly place with great teaching and fabulous staff. RNSH also prides itself of outstanding successes in both Primary and Fellowship exams.

RNSH is just north of the Harbour Bridge (20 minutes to the City and Neutral Bay, 25 minutes to Balmoral, and 30 minutes to Manly Beach) and has good transport links, so a JMO's after-hours lifestyle is looking good!

The RMO Association organises social and sporting activities and maintains the RMO lounge and amenities. The Association also contributes to advocacy for RMOs on issues of medical and industrial politics.

**CONTACT DETAILS**
Brianna Gerrie
JMO Manager
Phone: (02) 9463 1299

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**NETWORK 6**
**HORNSBY AND NORTHERN BEACHES**

**PREDICTED 2020 INTERNSHIP POSITIONS**

**NETWORK TRAINING SITES**
Hornsby Ku-ring-gai Health Service (and Hornsby and Brooklyn GP Unit), Mona Vale Hospital, Sydney Adventist Hospital, Northern Beaches Hospital.

**ROTATIONS AVAILABLE**

**Hornsby**
- Cardiology, Gastroenterology, Respiratory, Relief, Orthopaedics, General Surgery, Neurology, MAU, Emergency, Rehabilitation, GP, Intensive Care, O&G, Paediatrics, Psychiatry, Anaesthetics

**Ku-ring-gai**
- Cardiology, Gastroenterology, Respiratory, Relief, Orthopaedics, General Surgery, Neurology, MAU, Emergency, Rehabilitation, GP, Intensive Care, O&G, Paediatrics, Psychiatry, Anaesthetics

**Mona Vale**
- Geriatric Rehabilitation, Rehabilitation

**Sydney Adventist**
- Neurosurgery, General Medicine, Neurology, Orthopaedics

**Northern Beaches**
- Emergency, General Medicine, General Surgery, Psychiatry, Orthopaedics

*PGY2 term only
PGY2 Only:
O&G (available at Westmead as well as Hornsby), Anaesthetics, Paediatrics (available at Westmead Children's Hospital as well as Hornsby), Intensive Care. Palliative Care
We have the ability to rotate some of our PGY2s to larger facilities for sub-speciality rotation, the main facilities being St Vincent's, Westmead, Concord and RNS.

BASIC INFORMATION
Hornsby Ku-ring-gai Health Service (HKHS), incorporating Hornsby Ku-ring-gai Hospital and six community health centres, provides care to a community stretching from the Hawkesbury River to Lindfield, east to St Ives and west to Pennant Hills, Cherrybrook and Epping.
The Resident Support Unit has developed a new and innovative orientation program and ongoing education to support all resident doctors to enhance their individual skills and further their career development goals.

REASONS TO APPLY
Staff are well supported by the Resident Support Unit, strong commitment to continuing staff education, staff library, occupational health and safety program, flexible rosters, rehabilitation counsellor and a staff counselling service. Supportive of young mothers job-sharering. The hospital is close to major transport routes, near several beautiful National Parks, and close to wonderful bushwalking, waterways and boating areas.

CONTACT DETAILS
Judy Muller
JMO Manager
Phone: (02) 9477 9249

NETWORK 7
CENTRAL COAST NETWORK

PREDICTED 2020 INTERNSHIP POSITIONS
70

NETWORK TRAINING SITES
Gosford Hospital, Wyong Hospital

ROTATIONS AVAILABLE
Gosford Hospital

Wyong Hospital
Emergency, Geriatric, Medicine, Surgery, Orthopaedics, MAU, Rehabilitation, Neurology, Addiction Medicine*, Mental Health*, Anaesthesics*, Cardiology*, Gastroenterology*, Paediatric Assessment Unit*

*PGY2 term only

BASIC INFORMATION
Central Coast Local Health District (CCLHD) provides public health services to the Central Coast region, a growing and ageing population expected to reach 355,000 by the year 2022. The area is served by two acute hospitals – Gosford and Wyong – two sub-acute facilities and ten community health centres in addition to other community based services.

Gosford Hospital is the principal referral hospital and regional trauma centre for the Central Coast and Wyong Hospital is a major metropolitan hospital. Gosford Hospital is leading NSW in conducting the Teaching on the Run program to ensure the senior staff here are well trained in their essential role as teachers and supervisors as well as providing junior doctors with the skills and knowledge they need to grow as teachers and supervisors. JMOs are rotated through the 560 bed Gosford Hospital and the 320 bed Wyong Hospital, there is no rural rotation as these hospitals are classified as regional.

REASONS TO APPLY
Education: Committed to ensuring high standards of training and education, senior staff support and encourage JMOs to attend comprehensive formal education sessions which are held weekly for interns and one full day per term for RMOs. For those interested in Surgical Training, CCLHD offer hands on surgical skills sessions once a month, led by local Registrars and Consultants in the Surgical field.

Support: JMOs will also be supported by an enthusiastic team in the Medical Workforce and Education Unit and Prevocational Education and Training Team, which is reflected in the results of the Ministry of Health Your Training and Wellbeing Matters Survey.
The District offers a Near Peer Mentor program for incoming Interns, to provide a smooth transition into the workforce for Interns, in addition to developing faculty as mentors. The program aims to provide collegiality between Mentors and their Mentees. The RMO Association (RMOA) acts as mediators and/or advocates for the RMOs when issues arise. The RMOA also organises social events including end-of-term changeover parties, sporting teams in the lead-up to the Annual Testimonial Dinner (generally the 1st Friday in Dec) and end-of-year Changeover Party (last Fri of Term 5). The RMO Association is involved in the General Clinical Training Committee and meets regularly with the Director of Prevocational Education & Training. This ensures communication takes place between the JMOs and Management.

1. **Representation:** The RMOA works to improve the local policies and practices to better support junior doctors and meets with the Medical Workforce and Education Unit management, where issues of concern are addressed.

2. **Facilities:** RMO lounges are available for use by doctors at both Gosford and Wyong Hospitals. Both rooms have recreational and computer facilities.

3. **Events:** The CC RMOA hosts various events including Careers Night, Mid-Term Dinner, Wine Tour, JMO vs VMO Sporting Competition and the End of Term Parties, which are either free or discounted for members.

**Collegiality:** The District is renowned for its collegiality amongst senior and junior medical staff. The year commences with a selection of senior medical staff covering the shifts of Junior Medical Staff for the annual changeover party, an event that welcomes the new JMOs and farewells the old, the year concludes with a sporting tournament between the two cohorts, culminating in an evening of reward, recognition and celebration of the year that was.

**Growth:** In February 2015, the NSW Government committed $368 million towards the redevelopment of Gosford Hospital. In March 2015 the NSW Government committed $200 million for the redevelopment of Wyong Hospital. The redevelopments will consolidate existing services, expand clinical capacity for the future, and enable the introduction of new models of care. With an expanding population on the Central Coast, these important hospital upgrades will help to meet the increasing needs of our diverse local community. Note, the newly redeveloped 11-storey Gosford Hospital opened in mid-2018.

**Opportunities:** We have a number of JMOs sitting on hospital and district committees, providing JMOs with a voice on these committees as well as an understanding of the workings of committees, beneficial to future job applications. All JMOs involved in hospital committees, feedback through the JMO led, Junior Medical Officer Quality and Safety Advisory Committee.

The Central Coast Local Health District aims to become a global leader in integrated medical research. We are building our research leadership and expanding our research capacity, striving to see research become core business in all aspects of healthcare.

We encourage staff to strive for innovation and apply their knowledge and skills to investigate new ways of delivering care. Guiding our efforts is the CCLHD 2017-2021 Research Plan, which is aimed at changing the way health care is delivered across the region. The Plan sets out a clear map of achieving the District's 'Caring for the Coast' strategy, focusing on key priorities around leadership, infrastructure, resources, training and collaboration.

Establishing a state-of-the-art Central Coast Medical School (CCMS) and Research Institute within a new Health & Wellbeing Precinct at Gosford Hospital is another significant step forward in paving the way for better health outcomes for our rapidly-growing community.

Developed in partnership with the University of Newcastle, these centres of excellence will deliver world-class medical training and research on the Central Coast. They will have the capacity to transform the regional economy and develop new career pathways for health professionals in the region.

**CONTACT DETAILS**

Melissa Onysko
Manager, Medical Workforce and Education Unit
Phone: (02) 4320 3243

**NETWORK 8**

**ST GEORGE, SUTHERLAND, ALBURY, & GRIFFITH HOSPITALS**

**PREDICTED 2020 INTERNSHIP POSITIONS**

*5 positions will be offered through the Rural Preferential Pathway for Albury Hospital*

**NETWORK TRAINING SITES**

St George Hospital, Sutherland Hospital, Calvary Sydney Hospital, Justice Health (only from Term 4 to 5), Griffith Base Hospital, Albury Hospital
Rotations Available
St George Hospital
- Aged Care
- Cardiology
- Cardiothoracic Surgery
- Breast/Endocrine/ENT
- Colorectal surgery
- Emergency Medicine
- Gastroenterology
- Haematology
- General Medicine Unit
- Drug & Alcohol
- Liver Surgery
- Medical Assessment Unit
- Neurology
- Neurosurgery
- Oncology
- Orthopaedic Surgery
- Plastic Surgery
- Psychiatry
- Radiation Oncology
- Relief
- Respiratory
- Trauma Surgery
- Upper GI Surgery
- Urology and Vascular Surgery
- Anaesthetics*
- Endocrinology*
- Infectious Disease/Sexual Health/Immunology*
- Intensive Care*
- Nephrology*
- O&G*
- Paediatrics*
- Rehabilitation*
- Rheumatology*
- CCU*
- Palliative Care*

Sutherland Hospital
- Aged Care
- Aged Care Assessment Unit
- Cardiology
- Emergency Medicine
- Gastroenterology
- General Medicine
- Orthopaedic Surgery
- Psychiatry
- Rehabilitation Medicine
- Respiratory Medicine
- ICU/HDU*
- General Surgery/ENT/Urology*
- CCU/Endocrinology*
- Renal/Haematology*

Calvary Health Care
- Rehabilitation Medicine

Griffith Base Hospital
- General Surgery
- Emergency Medicine
- Medicine*

*PGY2 term only

Reasons to Apply
Network 8 excels in teaching and nurturing JMOs. JMOs are given the opportunity to participate and contribute teaching undergraduate medical students, on an informal basis, as part of routine clinical practice. Network 8 has a state-of-the-art Emergency Department and a new Acute Service Building which opened in October 2017 and will be fully operation in 2018. The network has excellent rotations including varied medical and surgical terms. There are a number of research projects available to JMOs and the network has strong commitments to both clinical and laboratory based research within all departments and a very active Clinical Innovations team. You can continue your advanced training in this Network for majority of the medical specialties. There is a very friendly, helpful and supportive JMO unit.

Contact Details
Cathy Pastor
Manager Medical Workforce Manager
02 9113 2115
cathy.pastor@health.nsw.gov.au

Jackie Theodorou
JMO Manager
02 9113 2747
jackie.theodorou@health.nsw.gov.au

Network 9
From Coast to Coast
51*

Predicted 2020 Internship Positions
*12 positions will be offered through the Rural Preferential Pathway for the Lismore Base Hospital

Network Training Sites
Lismore Base Hospital, Prince of Wales Hospital,
(and Royal Hospital for Women, Sydney Children’s Hospital*)
*Not available PGY1

Rotations Available
Prince of Wales Hospital
- Acute Surgery
- Cardiology
- Cardiothoracic Surgery
- Emergency
- Gastroenterology and Hepatology
- Geriatrics
- Neurology
- Neurosurgery
- Orthopaedics
- Relief
- Surgical Oncology
- General and Upper GI Surgery
- Urology
- Spinal
- Rehabilitation Medicine
- Colorectal Surgery
- Psychiatry
- Respiratory
- Nephrology
- Endocrinology/Rheumatology*
- ENT*
- Infectious Disease/Immunology/HIV-AIDS*
- Intensive Care*
- Vascular Surgery*
- Paediatrics*
- Haematology*
- Oncology*

Lismore Hospital
- Emergency
- General Surgery
- Orthopaedics
- General Medicine
- Geriatric Medicine
- Cardiology
- Renal
- Haematology/Oncology
- Psychiatry
- Relief
- Acute and General Medicine
- Respiratory
- Vascular Surgery*
- Haematology/Oncology*
- Gastroenterology*
- Paediatrics*
- O&G*
- Anaesthetics*
- Intensive Care*

*PGY2 term only

Basic Information
Prince of Wales Hospital is a major teaching hospital and tertiary referral centre, providing excellent healthcare to south eastern Sydney and specialist health and medical services to New South Wales.

We have 450 inpatient beds and almost 3,000 staff. Each year we care for more than 58,000 patients in our Emergency Department and around 50,000 patients are admitted to our Hospital. We also have a busy outpatient and rural outreach service and provide more than 900,000 occasions of non-admitted patient care each year.
Our hospital is affiliated with various Universities and premier medical teaching facilities which enables our staff to provide excellence in healthcare in conjunction with our commitment to quality clinical teaching and leading medical research.

REASONS TO APPLY
- A new Acute Services Building for Prince of Wales Hospital will be built on the existing Randwick Hospitals’ Campus that will include expanded adult emergency department, intensive care unit and psychiatric emergency care centre
- Centrally located and well serviced by public transport, very close to Coogee Beach
- Protected formal education program for Interns and many other formal education sessions
- Strong commitment to clinical research within departments and a very active Clinical Innovations team.
- Specialty terms at Sydney Children’s hospital and Royal Hospital for Women to allow for those interested in paediatric and O&G respectively to get experience at JMO level
- A very friendly, helpful and supportive Medical Workforce and Education Unit

CONTACT DETAILS
Daniel Gialouris
Operations Manager – Medical Workforce Unit
9382 5766
Daniel.Gialouris@health.nsw.gov.au

Corinna Weiss
JMO Manager
Phone: (02) 9382 2111
Corinna.Weiss@health.nsw.gov.au

BASE INFORMATION
St. Vincent’s Hospital is a major public hospital and a principal tertiary referral hospital which specialises in heart/ lung transplantation, bone marrow transplantation, cardiology, oncology, HIV medicine, respiratory medicine, mental health and drug and alcohol services.

There is a strong association with the Garvan Institute for Medical Research, the Victor Chang Institute for Cardiac Research and the Kinghorn Cancer Centre. Centrally located in Darlinghurst, St. Vincent’s Hospital sits on the edge of Sydney’s business district, close to major transport and superb cafés.

REASONS TO APPLY
In terms of clinical exposure, we offer experience in transplant medicine, and have a interesting demographic of patients offering JMOs exposure to homeless health, HIV medicine, and those suffering from drugs of addiction. In terms of our structured education program, we offer a weekly teaching program (following the unified lecture series), Teaching on the Run, a JMO Mentoring Program, Surgical Skills labs and Simulation Sessions. One of our limitations is no exposure to Obstetrics at SVHS (though we do offer a gynaecology experience, and O&G is available at Wagga Wagga during PGY2).

CONTACT DETAILS
Carolyn Marsh
Phone: 02 8382 2563
Email: jmoadmin@stvincents.com.au

NETWORK 10
EASTERN TO GREATER SOUTHERN

PREDICTED 2020 INTERNSHIP POSITIONS
54*
*23 positions will be offered through the Rural Preferential Pathway for the Wagga Wagga Hospital

NETWORK TRAINING SITES
St Vincent’s Hospital Sydney, St Vincent’s Private Hospital, Mater Hospital Sydney**, Wagga Wagga Base Hospital, Calvary Riverina Healthcare**
**No rotations in PGY1

ROTATIONS AVAILABLE
St Vincent’s
- Geriatrics, Neurology, Respiratory Medicine, Gastroenterology, Palliative Care, Rehabilitation, Thoracic Surgery, Lung Transplant Medicine, Cardiology, Medical and Radiation Oncology, Drug and Alcohol, Cardiothoracic Surgery, General Surgery, Orthopaedics, Urology/Gynaecology, Neurosurgery, Plastics. ENT Emergency Medicine, Psychiatry, Relief, Haematology*, ICU*, HIV Medicine/ Infectious Disease/ Immunology*, Nuclear Medicine/ Radiology*

St Vincent’s Private Hospital
- Psychiatry, Head and Neck Surgery, Neurosurgery

Wagga Wagga Hospital
- General Medicine, Rehabilitation Medicine, Geriatrics, General Surgery, Orthopaedics, Emergency Medicine, Psychiatry, Relief, Urology and ENT, GP Coolamon, Anaesthetics*, ICU*, O&G*, Pathology*, Radiology*. *PGY2 term only
NETWORK 11
OCEANS ELEVEN

65 PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
Wollongong Hospital, Shoalhaven District Memorial Hospital (and Milton General Practice), Shellharbour Hospital (and Bulli Hospital, Port Kembla Hospital, Coledale Hospital*)
*PGY2 only

ROTATIONS AVAILABLE
Wollongong Hospital

Shoalhaven District Memorial Hospital
General Medicine, General Surgery, Rehabilitation*, ICU/Coronary Care, Emergency, *, Geriatrics*, Orthopaedics*

Shellharbour Hospital
Geriatrics, Psychiatry, General Medicine, General Surgery*

Bulli District Hospital
Geriatrics

Coleydale Hospital
Rehabilitation*

Port Kembla Hospital
Rehabilitation and Palliative Care*

*PGY2 term only

BASIC INFORMATION
Affiliated with the University of Wollongong Graduate School of Medicine, Wollongong Hospital and Shoalhaven District Memorial Hospital provides teaching and research opportunities with Professors in various fields of medicine. Wollongong Hospital has 500 inpatient beds and most of the main specialties, with specialists and registrars who are keen to help and residents get onto their preferred training scheme. The network also has a regional environment which provides learning and development in a friendly, supportive environment. All rotation hospitals except the rural placement are within 30 minutes of Wollongong, reducing commuting times.

REASONS TO APPLY
• Friendly and approachable consultants who are keen to teach and enjoy helping JMOs progress past their residency years
• Weekly intern teaching sessions covering the various medical and surgical fields
• Interns and Residents may have an opportunity to mentor a medical student and help with their clinical development
• The Wollongong/Shoalhaven area is populated by a large number of beaches and good surf which makes days off just that bit more enjoyable
• The accommodation in Wollongong is comparably more affordable than most big city centres
• Accommodating when it comes to issues involving overtime shifts, annual leave, etc.

CONTACT DETAILS
Jennifer Williams
JMO Manager
Phone: (02) 4253 4659

NETWORK 12
HUNTER NEW ENGLAND

125* PREDICTED 2020 INTERNSHIP POSITIONS
*Positions will be offered through the Rural Preferential Pathway: 6 to Manning; 8 to Maitland; 20 to Tamworth

NETWORK TRAINING SITES
Armidale Rural Referral Hospital, Belmont District Hospital, Calvary Mater Newcastle, John Hunter Hospital, The Maitland Hospital, Manning Rural Referral Hospital, Tamworth Rural Referral Hospital

ROTATIONS AVAILABLE
Armidale Hospital
General Medicine, General Surgery, Psychiatry*, Paediatrics*
Belmont District Hospital
Acute General Medicine, Cardiology, Addiction Medicine, Emergency, Surgery, Rehabilitation, Relief, Anaesthetics*
Calvary Mater
Emergency, General Medicine, Gastroenterology, Radiation Oncology, Relief, Surgery, Cardiology, Clinical Haematology, Palliative Care

*PGY2 term
John Hunter Hospital

Acute General Surgical, Trauma, Cardiology, Cardiothoracic Surgery, Gastroenterology, General Surgery, Upper GI Surgery, Rehabilitation/ Geriatric, Nephrology and Dialysis, Neurology, Neurosurgery, Infectious Disease, Respiratory, MACU, Ophthalmology, Drug and Alcohol, Dermatology, Rheumatology, General Medicine, Emergency, Relief, Obstetrics and Gynaecology, Orthopaedic, Vascular, Oral Maxillofacial and ENT, Surgery Relief, Urology, C.L. Psychiatry*, Paediatrics, Paediatric Surgery*, Orthopaedic Paediatrics*, Clinical Governance*

Maitland Hospitals

Emergency, General Surgery, MAU, Orthopaedics, Psychiatry, General Medicine, Relief, Paediatrics*, O&G*, Critical Care Unit*

Manning Hospitals

General Medicine, General Surgery, Urology, Psychiatry, Emergency, Orthopaedics, Paediatrics*, O&G*, Intensive Care*

Tamworth Hospitals

Gastroenterology, Cardiology, Medical Oncology, Nephrology, Orthopaedics, Rehabilitation and Geriatrics, Relief, General Surgery, Urology, Psychiatry, Anaesthetics/ED*, ICU*, Paediatrics*, O&G*

*PGY2 term only

BASIC INFORMATION

Network 12 is the largest hospital network in NSW for JMOs, with a wide range of hospitals. The main John Hunter complex includes The John Hunter Hospital (550 beds, a Level 1 Trauma Centre and Major Tertiary Referral Hospital for northern NSW), and John Hunter Children’s Hospital (100 beds).

The John Hunter ED is the busiest ED in NSW. Regional and rural rotations include Maitland (45 minutes away), Tamworth (4 hours away), Taree (2 hours away) and Armidale (5 hours away) hospitals. Network 12 facilities are affiliated with the University of Newcastle and University of New England Medical Schools.

REASONS TO APPLY

• The pre-vocational JMO Unit is a helpful, approachable and well-organised team
• Protected weekly teaching sessions are video-conferenced from John Hunter. Lectures are recorded to allow interns who are unable to attend in person to view the lecture online and have the module added to their education transcript
• JMOs will gain a broad range of experience from major centres, and rural hospitals
• Network 12 includes a major children’s hospital for those interested in paediatrics

CONTACT DETAILS

Jeanette Chadban
Manager, Prevocational JMO Network
Phone: (02) 4985 3420
Email: jeanette.chadban@hnehealth.nsw.gov.au

NETWORK 13

WESTNET

PREDICTED 2020 INTERNSHIP POSITIONS

130*

*9 positions will be offered through the Rural Preferential Pathway for the Coffs Harbour Health Campus

NETWORK TRAINING SITES

Auburn Hospital, Westmead Hospital, Westmead Children’s (PGY2 only), Coffs Harbour Health Campus (Based at Westmead), Blacktown/Mt Druitt (Based at Blacktown)

ROTATIONS AVAILABLE

Auburn Hospital

Emergency, General Medicine, Cardiology, General Surgery, Plastic Surgery

Westmead Hospital


Coffs Harbour Health Campus

Emergency, Medicine, Orthopaedics, Rehabilitation, General Surgery, Relief, Urology, Oncology/ Palliative Care

Please note term swaps are available between Westmead and Blacktown Hospitals.

ADDITIONAL ROTATIONS AVAILABLE AS RMO

Drug and Alcohol, Infectious Diseases, Immunology, Intensive Care, O&G, Paediatrics, Palliative Care, Neurosurgical High Dependency, Radiation Oncology, Rehabilitation, Rheumatology, Oral/Maxillofacial Surgery, Trauma.

We do not routinely have terms available in Anaesthetics at the RMO level, although from time to time individual terms may be negotiated.
Specific terms at Coffs Harbour vary from year to year from a mixture of General Medicine, General Surgery, Orthopaedics, and Emergency. Most general medical and surgical terms also have a specific speciality component.

**BASIC INFORMATION**

Westmead Hospital is a 975 bed tertiary referral centre and trauma hospital. The hospital is a centre for clinical research in all major fields of medical practice and leads the way in areas such as urology, renal transplantation surgery, neonatology, cancer, immunology, allergy medicine, and cardiology. The NSW Government has also granted and planned a large expansion of Westmead Hospital to approximately 2000 beds in the next 5 years.

Auburn Hospital is a 200 bed acute-care hospital. The hospital is about 20 minutes from Westmead by car, while the Auburn Railway Station, just over 1km away, is a comfortable 15 minute walk to the Hospital. 

The Children's Hospital is the major paediatric specialist hospital in NSW, delivering health care in all of the medical and surgical subspecialties, as well as providing diagnostic, paramedical and technical support services for neonates, children and adolescents.

Lastly, Coffs Harbour Base Hospital is a 200 bed acute regional hospital within the North Coast Area Health Service. It is six hours by car from Westmead.

**REASONS TO APPLY**

- Westmead Hospital has access to virtually every speciality and provides huge options for all career pathways
- There is exceptional admin support, many of the JMOs cherish this and do not want to let it go when they move on to further training
- It is a major trauma centre in Western Sydney that gets exposure to a huge array of cases
- There is exceptional learning that is well supported and supervised due to the affiliation with universities and the strong staff network
- Never-ending opportunities in research (large number of affiliations), teaching and running tutorial groups for medical students if JMOs desire
- Even if only for a rotation, Network 13 provides opportunities for rural placements

**CONTACT DETAILS**

Ms Chandrika Param
JMO Manager
(02) 8890 6282

Ms Katherine Hill
Junior Medical Workforce Planning and Operations Manager
(02) 88907013

**NETWORK 14**

**NEPEAN AND BLUE MOUNTAINS**

**NETWORK TRAINING SITES**

Hawkesbury District Health Service (HDHS), Nepean Hospital (NH), Blue Mountains District ANZAC Memorial Hospital (BMDAMH), Lithgow Hospital (LH)

**ROTATIONS AVAILABLE**

**MEDICINE:**
- General Medicine (BMDAMH & HDHS)
- Cardiology
- Endocrinology
- Geriatrics
- Gastroenterology
- Haematology
- Medical Assessment Unit
- Neurology
- Oncology
- Radiation Oncology
- Palliative Care
- Pain Service
- Respiratory
- Rehabilitation (NH & BMDAMH)

**SURGERY:**
- Acute Surgical Unit
- Breast/Endocrine Surgery
- Colorectal Surgery
- ENT
- General Surgery (HDHS)
- Neurosurgery
- Orthopaedics
- Plastics
- Thoracic Surgery
- Upper GI Surgery
- Urology
- Vascular Surgery
- Emergency Medicine (NH & HDHS)

**OTHER (PGY2 only):**
- Critical Care
- Drug & Alcohol
- Paediatrics
- Psychiatry
- Obstetrics & Gynaecology
- Infectious Diseases
- Sexual/Public Health
- Rural GP (LH)

**BASIC INFORMATION**

Nepean Blue Mountains Local Health District is responsible for providing community health and hospital care for people living in the Blue Mountains, Hawkesbury, Lithgow and Penrith Local Government Areas (LGAs) and tertiary care to residents of the Greater Western Region.

The Local Health District consists of both urban and semi-rural areas, covering almost 9,179 square kilometres and an estimated resident population of almost 350,000 people.
Nepean Hospital is located in Penrith NSW, and is a 530 bed general acute hospital, 50 km from the centre of Sydney and a 45 minute drive. It is a referral hospital for the Nepean Blue Mountains Local Health District and is a teaching hospital of the University of Sydney. It includes all medicine disciplines and a full range of surgical specialities and a vast array of outpatient services, approximately 72000 Emergency visitations per annum. A recent $550 million redevelopment project is currently being undertaken to increase capacity by a further 200 beds, ten operating theatres and expansion of other various departments.

Hawkesbury District Health Service in Windsor NSW is a teaching hospital of the University of Notre Dame. It is a 131-bed healthcare facility operated by St John of God Health Care, and provides public patient services under a public-private partnership with the Nepean Blue Mountains Local Health District. They provide acute, community and allied health services for the local community and surrounding districts.

The Blue Mountains District ANZAC Memorial Hospital is located at Katoomba. It is a 125- bed acute hospital with paediatrics, obstetrics, general surgery, general medicine and rehabilitation with outpatient services. BMDAMH also operated a 24hr ED, JMOs allocated to either General Medicine or Rehabilitation terms at this hospital are provided with free accommodation. In addition you will be able to enjoy the local tourist attractions which attract many overseas visitors.

Lithgow Hospital is located in the historical township of Lithgow, one hour drive west of Penrith. Lithgow is a 46 bed public hospital with a rapidly expanding population in excess for 20 000. The University of Notre Dame has a clinical school attachment. It has a 24-hour emergency department and core inpatient services available such as obstetrics, general surgery and radiology. Free accommodation is provided to individuals who rotate to this facility which is a PGY2-only ACRRM accredited term placement.

REASONS TO APPLY
Previous JMOs have rated The Nepean Hospital as the most doctor-friendly allocation, and the workplace culture at NBMLHD is highly regarded. The hospital is an innovative and exciting place to work and learn with opportunities for professional development and career growth through term allocations, practical experience and skills enhancement. University clinics, Grand Rounds, weekly clinical meetings and tutorials provide education, training and professional development opportunities as well as a Medical Education Support Officer dedicated to the Intern and Resident education program. Interdisciplinary Education and Skills are encouraged and facilitated through the Education and Training Service, giving you the opportunity learn with colleagues from Nursing, Midwifery and Allied Health. You also have the opportunity to work with clinicians who are the leaders in their field as well as invited to be a part of the various committees with various internal and external stakeholders in shaping health care for better patient outcome and planning.

We also have a well-established national and international research program. The organisation has a strong commitment to research and teaching, as advances in medical, nursing and other research activities contribute directly to improved patient outcomes.

We have a Resident Medical Officers Association (RMOA) who are active in planning social activities and providing a voice for JMOs on various hospital and network committees. The annual JMO Ball is a highlight of the social calendar each year. You can become part of the executive for the RMOA as positions are opened each year, or you can just become a member and enjoy the benefits. JMOs working in Network 14 are also invited to apply for sponsorship to attend conferences and seminars outside the hospital.

When you are not learning the intricacies of healthcare and need to relax and unwind, local attractions and activities unique to the area include the Farm Gate Trail for Penrith and the Hawkesbury Regions as well as the natural wonders of the heritage listed Blue Mountains National Park. There are many sporting opportunities including the Penrith Whitewater Stadium, which was a Sydney Olympic venue, and rugby league, soccer, netball, basketball and many other sports played in the area at senior and junior levels. The local Rugby League Team are the Penrith Panthers and the local Soccer Team are the Western Sydney Wanderers. For those not inclined to sport there are many art galleries and cafes throughout the region as well as the Joan Sutherland Performing Arts Centre which hosts a variety of performances and concerts.

CONTACT DETAILS
Mrs Stacey Huempel
JMO Manager
Phone: (02) 4734 4367
Email: Stacey.huempel@health.nsw.gov.au
NETWORK 15
CENTRAL WEST

PREDICTED 2020 INTERNSHIP POSITIONS

54

NETWORK TRAINING SITES
Blacktown Hospital/Mt Druitt Hospital, Bathurst Base Hospital

ROTATIONS AVAILABLE
Blacktown / Mt Druitt Hospital

Bathurst Hospital
General Medicine, General Surgery, Rehabilitation, Orthopaedics, Emergency, General Practice, Paediatrics*

*PGY2 term only

BASIC INFORMATION
Blacktown / Mt Druitt Hospital is a culturally diverse leading tertiary care hospital, renowned internationally for excellence in patient care, training of health care professionals, research and innovation. The hospital is committed to providing the highest quality of health care to the people we serve in a compassionate and respectful manner.

Blacktown / Mt Druitt hospital works in a unique partnership to provide health care to residents in the Blacktown and Mt Druitt LGA. Each year, Blacktown Hospital Campus treats more than 53,000 people in ED, has approximately 31,400 patients stay at least one night in hospital, performs 9900 surgical procedures, provides 363,400 outpatient services and assists with the birth of more than 3,700 babies.

The second stage of the Expansion Project will be completed in mid-2019 and includes expanded capacity for emergency, intensive care, theatres and women’s & children’s health. These state-of-the-art facilities together with the growth into a major teaching hospital, will transition Blacktown/Mt Druitt into one of the largest and digitally enabled public hospital in NSW, and one of the nation’s leading health facilities. Our new services will consist of:

• New emergency department with more emergency and short stay beds and a new psychiatric emergency care service and dedicated unit in Emergency
• New 24 bed intensive care unit
• Eight new operating theatres and space for future expansion
• New purpose-built wards for expanded birthing (with a wellness model of care), maternity, women’s health, and newborn care
• New paediatric service with dedicated emergency department facilities, day stay and inpatient facilities
• Medical imaging, sterilising and non-clinical support services expansion
• Contemporary new activity-based workspaces for support staff
• Expanded haemodialysis unit for hospital inpatients

REASONS TO APPLY
Blacktown Mt Druitt Hospital is big enough to provide JMOs with all the training and exposure they need for progression into specialty careers while retaining the personal touch of care about each JMO that comes with being a growing hospital.

There is a highly motivated Prevocational Training and Workforce team that over the past year have provided everything from ALS courses, a new one on one direct mentoring program that links a consultant with every intern to guide their career choices, to onsite wellbeing massages! From an education perspective, weekly teaching sessions are provided by consultants, video-conferenced between the campuses and are strictly protected as teaching time – no pagers! There are also weekly grand rounds and departmental clinical meetings. Blacktown Mt Druitt Hospital also has a strong affiliation with Western Sydney University and the opportunity to be involved with teaching and mentoring of medical students including conjoint appointments. Blacktown Hospital can offer the rotations required for entry into all specialty training programs, including the O and G and paediatrics required for GP training.

Amenities include childcare on both campuses that gives preference to staff. Facilities for RMOs include a separate JMO common room and JMO office, with locker facilities and access to the ED and WSU library. There is also an active RMO Association that organises social activities and advocates for JMOs.
Blacktown Mt Druitt is accredited for training for most specialties and is networked with Westmead Hospital for Surgical Skills Training, Basic Physician Training, Obstetrics and Gynaecology, Emergency Medicine, Intensive Care Medicine, Anaesthesics and Mental Health. Highly sought after rotations have also been established for Critical Care and vocational General Practice. Blacktown Mt Druitt is a major teaching hospital for the Western Sydney University School of Medicine. This partnership provides opportunities to join a thriving teaching community as a conjoint appointment, as well as access to an active, clinical research network with a multitude of research opportunities.

**CONTACT DETAILS**

**Danielle Morris**  
JMO Manager  
Phone: (02) 9881 8616  
Email: Wslhd-bmdhmedicalworkforce@health.nsw.gov.au

**Dr Jeremy Brown**  
Director of Prevocational Training  
Email: Jeremy.Brown@health.nsw.gov.au
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NORTHERN TERRITORY

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Your future deserves a bank who understands what you’ve done to get here

We’ve worked closely with medical professionals for over 25 years. In that time, we’ve learned a lot about you and the challenges you face, particularly at the beginning of your career. Whether you need help with relocation costs, everyday living expenses, buying a new car or even saving for your first home — we can help you get off to a good start.

It’s taken a lot of effort to get to this point, but we’re here to make the next steps in your career a little easier.

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Visit boqspecialist.com.au to find out more.
Welcome to health care in the NT and congratulations on your decision to have an exciting and stimulating professional and social experience. I would urge you in your spare time to explore the beautiful natural wonders of the NT such as Kakadu, Katherine, the MacDonnell Ranges and Uluru.

Young doctors that I have regularly spoken to in the NT comment on the rich experience(s) of medicine that they have exposure to along with the satisfaction of improving the health of Indigenous Territorians both in the Hospital and the Community.

AMA NT has a strong and proud history of advocacy in Indigenous and other health issues both within the NT and nationally. As an example, recent efforts by AMANT, in association with AMA Indigenous Health Task Force, to address the appalling health issue of Rheumatic Heart Disease in the Indigenous population of the NT has resulted in the formation of the national END RHD coalition to strategically address this health issue on a national level. AMA NT has also been very active in working with the NT Government in issues such as alcohol policy and law reform. AMANT publishes a quarterly newsletter for members that reports on the work done by AMA NT and national health issues as well as important information that would assist members. Please contact AMA NT to view the most recent edition.

Anyone seeking further information about any issues above should contact Fiona Thompson, CEO of AMA NT, at the addresses listed below.

Best Wishes,

A/Prof Rob Parker
President AMA NT
Ph: (08) 8981 7479
Fax: (08) 8941 0937
Email: amant@amant.com.au
PO Box 2299, PARAP NT 0804
Unit 2/24 Parap Road, PARAP NT 0820
www.amant.com.au
Congratulations on finally getting to the point of job applications! Northern Territory is a truly unique location to undertake your internship. There are two health services for internship in the NT, the Top End Health Service (Royal Darwin Hospital) and Central Australia Health Service (Alice Springs Hospital & Tennant Creek Hospital).

As an intern at Central Australia Health Service, we look after patients from a catchment area close to 1/6th of the land mass of Australia. There are many complex social, systemic, logistic, cultural and language issues faced by our patients and that we as their health care providers must navigate. Aboriginal Australians make up the majority of our patient demographic, more than 90% in Alice Springs Hospital and more than 60% in Darwin. Compared to other locations in Australia our patients are sicker, younger and present later. The remoteness of our patients compared to our health service and the remoteness of our health service compared to tertiary referral centres, introduces an additional level of complexity when making health care decisions.

Like all interns, we have protected, pager-free, paid intern teaching but there is also plenty of additional teaching in each of the rotations with enthusiastic permanent consultants and visiting registrars who are often here for 3-12 months and keen to make the most of their time whilst they’re here. You’ll see diseases you don’t see in other parts of Australia including Acute Rheumatic Fever, Rheumatic heart disease, tuberculosis, crusted scabies, malnutrition, penetrating trauma, end stage bronchiectasis in 20 year olds and up north you’ll see tropical diseases including melioidosis and disseminated crypticoccosis. The opportunities for those interested in rural & remote medicine, infectious diseases, tropical medicine and indigenous health are endless.

On weekends and days off there is so much to explore. Whether it be Katherine, Kakadu & Litchfield if you’re in Darwin or the Larapinta Trail & McDonnell Ranges in Alice Springs, there is everything from waterholes, 4WD, camping, BMX, hiking & rock climbing to get stuck into. In Alice Springs you’ll always find someone keen to go on a before work morning hike up Mt. Gillen for the sunrise. There is a lot to think about when you’re considering applying for internship. If you entered medicine with humanitarian intentions, are looking for an experience that will be challenging personally and professionally, that will be rewarding beyond the medicine alone, that will allow you to treat some of the sickest patients in Australia and treat diseases typically only seen in developing parts of the world with first world resources, then a year in the Northern Territory may be for you.

Dr. Nicholas Goulding

*originally written for the 2018 Internship Guide*
Are you interested in rural health, tropical medicine or indigenous health? Are you looking for challenges and opportunities in your medical career, in the setting of a relaxed and friendly environment?

Then the Northern Territory is the place for you!

The Northern Territory offers a great lifestyle, spectacular geography and unique medical opportunities not available elsewhere in Australia. Working in Northern Territory Hospitals offers broad clinical experience and opportunities to improve practical skills in all specialty areas. Territory Hospitals provide a range of services often not seen in similar sized hospitals due to the wide range of medical conditions, cross-cultural blend of patients, and combination of rural and remote locations. Our hospitals also have a strong focus on medical education and training, and employment packages can include specific training programs and rotations.

Alice Springs and Royal Darwin Hospitals are teaching hospitals, with strong links to the Flinders University NT Medical Program and James Cook University Medical School, and provide a comprehensive training program for junior medical officers. You will be expected to attend weekly protected training sessions tailored to immediate needs as well as covering broader areas of professional development.

In each of the terms you undertake during the year, you will receive weekly formal and informal teaching sessions from consultants and registrars. Most departments will have formal grand rounds, journal clubs and specific sessions such as radiology meetings each week, and you will be expected and supported in attending these.

There is a general focus for training and experience in PGY1 and PGY2, enabling you to consolidate your knowledge, skills and experience, as well as provide you with opportunities to explore potential careers. The training and experiences in these two years follow the Australian Curriculum Framework for Junior Doctors. In PGY2 and beyond you will be offered the opportunity to follow pathways that prepare you for vocational training programs. Opportunities for rural and remote practice are a key feature of these pathways.

Junior Doctors are encouraged to attend regular education and up-skilling sessions covering broad areas of professional development. In addition, all our junior doctors receive a profession training allowance paid fortnightly to support individual training needs. Territory hospitals provide a comprehensive training program for junior medical officers.

HOW TO APPLY
When the application is open on May 8, go to this link and search for “Intern” https://jobs.nt.gov.au/Home/

Applications Open: May 8, 2019
Applications Close: June 7, 2019

For more information please visit the NT PMAS (Northern Territory Prevocational Medical Assurance Services) website below and read their Internship Guide:

https://www.ntmetc.com/2017how-to-apply-for-an-internship-in-nt
ROYAL DARWIN HOSPITAL

The Royal Darwin Hospital has approximately 363 beds and more than 1,700 staff and provides a broad range of services in all specialty areas to the Darwin urban population as well as serving as a referral centre to the Top End of the Northern Territory, Western Australia and South-East Asia. The Top End population serviced by the hospital is approximately 150,000.

Royal Darwin Hospital is the largest teaching hospital in the Northern Territory and is also recognised as Australia’s National Critical Care and Trauma Response Centre. The hospital’s vision is to be recognised locally, nationally and internationally as a centre of excellence for the provision of high quality healthcare to the community and to fulfil its role as the National Critical Care and Trauma Response Centre.

CONTACT DETAILS
Junior Medical Officer Workforce Coordinator
Email: hospitaldoctors@nt.gov.au

ALICE SPRINGS HOSPITAL

There are 4 rotations of 3 months duration. Rotations are core and non-core rotations covering Emergency Medicine, General Medicine, General Surgery, Renal, (all core rotations) plus Paediatrics, Orthopaedics, Intensive Care Medicine and Tennant Creek Hospital. Application for two more accredited rotations – Psychiatry and AOD are currently being negotiated with the NT METC.
BASIC INFORMATION

Alice Springs Hospital is a 189 bed teaching hospital affiliated with the Flinders University in South Australia and Charles Darwin University in Darwin. It is the only major hospital covering a catchment area of over a million square km.

There is strong focus on Indigenous and remote health as a result of such a dispersed population. Over two thirds of acute admissions are Aboriginal people both from town and remote communities and we see a wide range of infectious disease. Cultural, language and communication issues also impact on our work. Our medicine is complex, including good old-fashioned “hands-on” care of arguably one of the sickest populations in Australia. Local services are supplemented by visiting specialists and a small number of patients are transferred out for problems requiring high level tertiary services.

The hospital has an active education programme supported by award winning medical educators operating from a new, state of the art teaching and training facility on the Alice Springs Hospital campus. Alice Springs Hospital is accredited for diploma and terms in specialist training by ACEM, ACRRM, ANZCA, CICM, RACGP, RACP (adults and paediatrics), RACS, RANZCOG, RACMA and RANZCP.

Many of our junior doctors stay on for post-graduate training and there are 53 resident positions available. Some are streamed places into “Acute stream” (ED/ ICU/Aneasthetics), “Medical stream” (General Medicine, Addiction Medicine, Renal Medicine, Continued Care Medicine and Emergency Medicine).

“Rural Generalist /General Practice” (O&G, Anaesthetics, Paediatrics, Emergency Medicine). Many senior staff here started as students, interns, RMOs or as registrars and chose to come back as specialists.

REASONS TO APPLY

Come to Australia’s beautiful Red Centre, and experience a unique working and living environment with an emphasis on outdoor activities and the arts. Alice Springs is nestled within the MacDonnell Ranges, and is surrounded by spectacular gorges and waterholes, accessible by road, walking trails and bicycle tracks. There are many galleries, alfresco cafes, restaurants and bars, and all manner of sport and fitness clubs. It has a resident population of 28,000 and a regional population of 45,000, with 600,000 visitors per year.

Alice Springs Hospital has an active clinical training program and provides excellent clinical training opportunities and experience relevant to rural generalist practice. The hospital also boasts an active social life.

CONTACT DETAILS

Amanda Cawthorne-Crosby
Senior Medical Education Officer
Phone: (08) 8951 7828
Email: amanda.cawthorne-crosby@nt.gov.au

Manager
Medical & Clinical Services Administration Phone: (08) 8951 7989
Email: MedicalRecruitmentASH@nt.gov.au

Gove District Hospital
Royal Darwin Hospital
Katherine Hospital
Tennant Creek Hospital
Alice Springs Hospital
SEE MORE. DO MORE. BE MORE.

Flexible study options
Training throughout Australia
Globally recognised qualification
Develop a broad range of skills

Training towards Fellowship with ACRRM is the best option for a career in rural generalism.

#ruralwithACRRM acrrm.org.au
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Your future deserves a bank who understands what you’ve done to get here

We’ve worked closely with medical professionals for over 25 years. In that time, we’ve learned a lot about you and the challenges you face, particularly at the beginning of your career. Whether you need help with relocation costs, everyday living expenses, buying a new car or even saving for your first home — we can help you get off to a good start.

It’s taken a lot of effort to get to this point, but we’re here to make the next steps in your career a little easier.

Not only are you qualified to practice, you’re also qualified to join the many doctors who have chosen to trust us with their finances.

We’ve worked closely with medical professionals for over 25 years. In that time, we’ve learned a lot about you and the challenges you face, particularly at the beginning of your career. Whether you need help with relocation costs, everyday living expenses, buying a new car or even saving for your first home — we can help you get off to a good start.

Visit boqspecialist.com.au to find out more.
The next step of your dream...

Your dream is about to become a reality. Congratulations on approaching the final months of your medical degree. 
Like myself, some of you may have dreamt of becoming a Doctor at a very young age; legendary peers or medical family members may have influenced others, yet others may have chosen this career because you knew you had it in you to make a difference.

Your upcoming intern year marks a very new beginning in your lives. Mixed emotions of jubilation for having made it and apprehension as you face unknown challenges on navigating your new roles and putting into practice everything you’ve learned.
Your studies will provide you with the basic skills and experiences that will set you off on your career. The friends you have made in medical school will stay with you throughout life. But you will continue learning and building newer and bigger networks. That is the nature of medicine. The AMA is a crucial part of your bigger network.

I reflect back on my time as an intern. One of the good things about this stage of your career is that no one expects you to have all the answers, so take the opportunity to ask questions, watch and learn. Take time to reflect on what you see and learn, and each day consolidate on your learnings both from the good and from the bad.

At AMA Queensland, we understand the numerous challenges ahead of you as you start your working life as a doctor – the challenges of career progression, certainty of training, industrial arrangements and working conditions and the government policies that affect you – all of which impact upon your balance of ongoing education with a home and social life.

A doctor cannot practice effectively without a working knowledge and support on industrial relations, human relations, the laws surrounding medical practice and ongoing education. AMA Queensland is the only organisation that does all of this for you. That is why I first joined the AMA and that is why I have remained with the organisation for over 40 years.

Ahead of your intern year, attend the AMA Queensland free Intern readiness workshops in Brisbane, Gold Coast and Townsville. These workshops will provide you with practical tips to help you feel confident as you transition from student to medical practitioner. You can also attend our free doctor in training seminars and the AMA Queensland annual Junior Doctor Conference. Keep an eye on our website at www.amaq.com.au and social media platforms for registration information and further updates.
In your intern year, we will provide you with workplace support to ease the transition, and our team will help you navigate any problems with rosters, overtime, overpayment or underpayment, bullying and harassment.
In September, don’t forget to look out for our 2019 Resident Hospital Health Check survey findings to see how junior doctors rated Queensland’s hospitals in key areas such as wellbeing, bullying and harassment, access to leave, education and training, and rostering and overtime.

Finally, during your Resident Medical Officer (RMO) years we will be negotiating your employment agreement with Queensland Health to make sure you get the best possible pay, terms and conditions. We look forward to engaging with you and being with you every step of the way as you begin the path on what will no doubt be a most fascinating journey.
To learn more about how AMA Queensland can support you in your intern year, visit our website at www.amaq.com.au.

Congratulations again, and welcome!

Dr Dilip Dhupelia
AMA Queensland President
It’s funny how little thought I gave to being a doctor while I was in medical school. Sure, I had this vague idea that I wasn’t far from graduating but then suddenly I’m here, a junior doctor on a living wage! So, don’t be like me and think about your options before you grab that cap and gown.

There’s a lot of considerations you should have for preferencing your Health Service. There is the aspect of the numbers game – in Queensland you can see all first preference spots so you know what you’re up against. My advice is to be bold and choose what you want first, but keep in mind the consequences of not getting that over-subscribed first choice. Think about your situation and the very real chance of putting Royal Brisbane and getting Townsville (not the worst outcome!).

In fact, I would urge Queensland applicants to think beyond Brisbane for their top choices. Yes, there is always going to be a strong pull to RBWH and PAH – and, in particular their unique research opportunities. But there are significant advantages to some of the smaller hospitals in our state – less juniors means more chance to stand out, and to make a splash with those around you.

Internship is a big change – your first priority goes from learning, to treating. All hospitals will be providing intern learning opportunities as well, but you are suddenly the one answering calls from nurses, admin, registrars from other teams, and it can be a bit burdening at times. While thinking about your preferences, do take time to think about your support networks. You will be busy, you will get stressed and as a junior you need to learn where your line is and when to ask for help.

That being said, I’ve found internship to be amazing and rewarding almost every single day so far. You make new friends, tackle new challenges, and you come home and don’t immediately have to study! I chose (and was lucky enough to get) the Sunshine Coast Hospital and Health Service for my intern year, which is really up-and-coming. My consideration was that it was near enough to my home town (Brisbane), I had some exposure there and enjoyed it as a student, and because one of my interests is medical admin, the growth and change in the Sunshine Coast also drew me.

Whatever you choose, and whatever you’re “stuck with” there are always opportunities to be had in intern year. It’s fun, it’s full-on, and it’s what we’ve wanted to do for literally years. Best of luck!
OVERVIEW
Perhaps the greatest thing about Queensland is the wide variety of opportunities to its residents. For doctors, a relaxed euphoric lifestyle and affordable Queenslander-style homes pair well with high-quality teaching and a strong health focus in our state. The people of Queensland enjoy a blessed outdoor lifestyle with world-class beaches and waterways, national parks, rainforests, tropical reefs, as well as an awesome climate with more winter sunshine and warmth than most other Australian states.

In QLD, Queensland Health coordinates all the recruitment of interns in all Hospital and Health services across the state, via a central online application portal. For all group A applicants (see priority listings), graduates are guaranteed an internship offer. Offers for these applicants are allocated via random ballot based on hospital preferences. Applicants from other groups are not guaranteed offers, and allocation is determined via individual merit selection processes.

The term dates for 2020 interns are from the 20th of January 2020 until Sunday the 17th of January 2021. Interns are also required to undertake a paid orientation program 5 working days prior to the start of term.


APPLYING AND ELIGIBILITY
Applications can only be submitted via the online application portal on the Queensland Health website (no written applications will be accepted). The form enables submission of hospital preferences (1-18) for all participating hospitals. You need to provide all supporting documentation at the point of application.

Group A applicants are further allowed to apply for special consideration, late starts, joint ticket applications, hospital transfers, and hospital allocation swaps. Please see the Queensland Health website for more information.

PRIORITY GROUPS
Applicants fall under one of four categories. Group A graduates are guaranteed an internship position in Queensland in 2020, whilst groups B, C, and D are not (please note that there is no sequential preference between groups B-D).

<table>
<thead>
<tr>
<th>GROUP</th>
<th>DEFINITION</th>
</tr>
</thead>
<tbody>
<tr>
<td>GROUP A</td>
<td>Medical graduates of Queensland universities who are Australia/New Zealand citizens or Australian permanent residents</td>
</tr>
<tr>
<td>GROUP B</td>
<td>Medical graduates of Australian (interstate) or New Zealand universities who are Australia/New Zealand citizens or Australian permanent residents</td>
</tr>
<tr>
<td>GROUP C</td>
<td>Medical graduates of Australian or New Zealand universities who are NOT Australian / New Zealand citizens or Australian permanent residents who need to obtain a visa to work in Australia</td>
</tr>
<tr>
<td>GROUP D</td>
<td>Medical graduates of AMC accredited universities located outside of Australia or New Zealand</td>
</tr>
</tbody>
</table>

KEY DATES

February 28 - March 14 2019 Queensland Rural Generalist pathway applications
May 13 - June 7 2019 General intern applications (all groups A-D):
31 May 2019 July 15 (via email). Accept or decline by July 17
July 31 2019 Round 2 offers (Groups B-D) (via online application portal
August 25 2019 Open round (remaining candidates

APPLICATION SUPPORT
QLDMSC has a Facebook Group set up to support medical students from all around Australia with internship applications to Queensland. Click through here: www.facebook.com/groups/QLDIntern2020
**RURAL TRAINING**

Applications for the 2020 QRGP have now closed. Applications for the 2021 QRGP will open in February 2020.

The Queensland Rural Generalist Pathway (QRGP) offers graduating medical students the opportunity to explore a wide variety of clinical training and develop the advanced skill set required to support the health needs of rural communities.

During Intern and Junior House Officer (JHO) years, trainees will work in one of the dedicated training hospitals including Cairns, Townsville, Mackay, Rockhampton, Bundaberg, Hervey Bay, Ipswich, Toowoomba, Redcliffe, Caboolture, Logan, Sunshine Coast University Hospital, Redland, Mount Isa and Gold Coast.

Selection into the pathway includes a written application and, if shortlisted, an interview where candidates need to demonstrate they are prepared for and motivated to live and work as rural generalists in a rural community. The pathway usually takes 5-6 years to complete and offers all trainees mentoring, support and career navigation for the duration.


### Dedicated training hospitals and number of positions available in 2020:

<table>
<thead>
<tr>
<th>FACILITY</th>
<th>POSITIONS AVAILABLE</th>
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</thead>
<tbody>
<tr>
<td>Bundaberg Hospital</td>
<td>5</td>
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<tr>
<td>Caboolture Hospital</td>
<td>2</td>
</tr>
<tr>
<td>Cairns Hospital</td>
<td>5</td>
</tr>
<tr>
<td>Gold Coast Hospital</td>
<td>1</td>
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<tr>
<td>Hervey Bay Hospital</td>
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<tr>
<td>Ipswich Hospital</td>
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<tr>
<td>Logan Hospital</td>
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</tr>
<tr>
<td>Mackay Hospital</td>
<td>8</td>
</tr>
<tr>
<td>Mount Isa Hospital</td>
<td>5</td>
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<tr>
<td>Redland Hospital</td>
<td>5</td>
</tr>
<tr>
<td>Redcliffe Hospital</td>
<td>1</td>
</tr>
</tbody>
</table>

### CONTACT DETAILS

**Queensland Rural Generalist Pathway**  
Darling Downs Hospital and Health Service  
PO Box 405  
Toowoomba  
Phone: (07) 4699 8022  
Email: rural_generalist@health.qld.gov.au

All of the hospitals for RG students offer general internship places as well, open to all medical graduates. Preference for places is given as per the Category system for all QLD internships.
In 2018, AMA Queensland surveyed Resident Medical Officers (including interns, junior house officers, and senior house officers) to evaluate the state of RMO employment in Queensland, and compare hospitals across the state.

Overall 611 junior doctors were surveyed (27% of total RMOs working in QLD, and a 30% increase in the number of responses compared to 2017). Where insufficient data was obtained from a single hospital to make a fair assessment, the data was merged with other hospitals based on geography, and which Hospital and Health Service (HHS) that hospital belonged to.

Complete results are available from the AMA Queensland website for AMA Queensland members.

<table>
<thead>
<tr>
<th>HOSPITAL</th>
<th>OVERALL GRADE</th>
<th>ACCESS TO LEAVE</th>
<th>CAREER PROGRESSION/DEVELOPMENT</th>
<th>HOURS OF WORK/ OVERTIME</th>
<th>WELLBEING &amp; CULTURE</th>
<th>BULLYING, DISCRIMINATION &amp; SEXUAL HARRASSMENT</th>
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</thead>
<tbody>
<tr>
<td>Cairns Hospital</td>
<td>C+</td>
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<td>C-</td>
<td>A-</td>
<td>A-</td>
<td>C-</td>
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<td>C+</td>
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<tr>
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<td>E+</td>
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<tr>
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<tr>
<td>Caboolture Hospital</td>
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<td>A+</td>
<td>D-</td>
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<td>D+</td>
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<td>D+</td>
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<tr>
<td>Gold Coast HHS</td>
<td>D-</td>
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<tr>
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<tr>
<td>Ipswich Hospital</td>
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<td>A</td>
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<td>D+</td>
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<tr>
<td>Lady Cilento Hospital</td>
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<td>E-</td>
<td>D+</td>
<td>E+</td>
<td>C</td>
<td>C+</td>
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<tr>
<td>Logan Hospital</td>
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<td>C+</td>
<td>D</td>
<td>C</td>
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<tr>
<td>Princess Alexandra Hospital</td>
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<td>C-</td>
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<td>Redlands Hospital</td>
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<td>B+</td>
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<td>C</td>
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<tr>
<td>Mater Hospital</td>
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<td>B-</td>
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<td>B-</td>
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<td>B-</td>
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<tr>
<td>North West HHS</td>
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<td>A-</td>
<td>C+</td>
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<tr>
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<tr>
<td>Redcliffe Hospital</td>
<td>C+</td>
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<tr>
<td>The Prince Charles Hospital</td>
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<td>E+</td>
<td>C-</td>
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<td>C-</td>
<td>D-</td>
</tr>
<tr>
<td>Royal Brisbane &amp; Womens Hospital</td>
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<td>D+</td>
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<td>C</td>
<td>C-</td>
<td>C</td>
</tr>
<tr>
<td>Central QLD HHS</td>
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<td>D</td>
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<tr>
<td>Metro South HHS</td>
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</tbody>
</table>
BUNDABERG HOSPITAL

PREDICTED 2020 INTERNSHIP POSITIONS
*5 of 8 positions will be offered through the Rural Generalist Pathway.

NETWORK TRAINING SITES
Bundaberg Hospital, Mater Hospital Bundaberg and Friendly Society Private Hospital Bundaberg

ROTATIONS AVAILABLE
Core: Emergency Medicine, General Medicine and Surgery (General or Orthopaedics)
Non-core: Paediatrics, Anaesthetics and Intensive Care Medicine, Obstetrics and Gynaecology, Mental Health and Rural General Practice

BASIC INFORMATION
• Interns are allocated to accredited public and private sector terms
• Close to beaches and the ocean: snorkelling, diving, surfing and fishing experiences await interns and residents
• Close to ideal weather in a relaxed location
• Serves a population of 100,000 people. Bundaberg hospital is a 197-bed facility

REASONS TO APPLY
• Weekly intern education sessions (protected time)
• Weekly junior doctor education sessions
• Fortnightly Grand Rounds
• Intern and junior doctor focused department/unit education program, team meetings, video conference teaching and educational sessions with tertiary facilities
• Intern SIm based skills and professional development workshops including suturing, plastering, Basic and Advanced Life Support
• Mentoring for Interns
• The Simulation training facilities are the most active in non-metropolitan Queensland
• There is a UQ Library onsite, free car parking, free staff gym and swimming pool
• Two-year contract
• Four weeks furnished accommodation on arrival or a maximum of four weeks rental assistance up to $250 per week
• Relocation and travel expenses reimbursed up to $3000, plus allowable airfares

CONTACT DETAILS
Anne Russell
Medical Education Unit
Phone: (07) 4150 2234
Email: MEOBundaberg@health.qld.gov.au

CABOOLTURE HOSPITAL

PREDICTED 2020 INTERNSHIP POSITIONS
*1 of the 17 positions will be offered through the Rural Generalist Pathway.

NETWORK TRAINING SITES
Caboolture Hospital

ROTATIONS AVAILABLE
Core: Emergency Medicine, General Surgery, General Medicine
Non-core: O&G, Anaesthetics, Paediatrics, Mental Health

BASIC INFORMATION
At Caboolture Hospital, we are committed to changing the way health care is delivered. We are a 265 bed facility, located in an area growing both in demographics and infrastructure. Our promise is to put people first, providing safe, effective, person centred care. We strive to ensure our patients have equity of access, outcomes and experience, whilst nurturing a culture of teamwork, learning, improvement and being part of a community that provides connected healthcare. Caboolture Hospital is aiming to be the first hospital in Australia to be accredited in Patient and Family Centred Care. Our vision is to improve the health of our community by caring together.

REASONS TO APPLY
Caboolture Hospital is a part of Australia's biggest and most diverse Hospital and Health Service delivering the best care via the best health care professionals. Caboolture Hospital provides training opportunities for doctors pursuing generalist or specialist career pathways. Caboolture's size as an accredited training facility places it in perfect stead to build your clinical competence and assist your professional advancement through the diverse range of clinical exposure and hands on experience you will gain in our friendly and supportive environment.
CAIRNS HOSPITAL

PREDICTED 2020 INTERNSHIP POSITIONS
*5 of the 51 positions will be offered through the Rural Generalist pathway

NETWORK TRAINING SITES
Cairns Hospital, Atherton Hospital, Mareeba District Hospital, RFDS, Babinda Multi-Purpose Health Service

ROTATIONS AVAILABLE
General Medicine, Emergency Medicine, Cardiology, ICU, Endocrinology, Mental Health, Gastroenterology, Acute Geriatrics, Infectious Diseases, Rehabilitation, General Surgery, Orthopaedics, O&G, Paediatrics, Sexual Health, Rural Hospital Term

BASIC INFORMATION
Cairns is an extremely popular international tourist destination with the Great Barrier Reef and the Daintree rainforest, as well as Port Douglas, Mission Beach, Cape Tribulation and the Atherton Tablelands. Hospital services at this training site includes all major health specialties.

REASONS TO APPLY
• Relocation expenses may be negotiated
• 21 days of accommodation provided on commencement
• Fantastic teaching opportunities available
• Great work life balance

CONTACT DETAILS
Gail Walker
A/Principal Medical Education Officer
Phone: (07) 4226 6131
Email: Gail.walker@health.qld.gov.au

GOLD COAST HEALTH SERVICE

PREDICTED 2020 INTERNSHIP POSITIONS
*1 of the 90 positions will be offered through the Rural Generalist pathway.

NETWORK TRAINING SITES
Gold Coast University and Robina Hospitals

ROTATIONS AVAILABLE
Core: General Medicine (Various specialties including Cardiology, Haematology, Palliative Care, Neurology, Renal), General Surgery (including Colorectal, Hepatobiliary, upper GI and Endocrine), Orthopaedics, Neurosurgery, Vascular Surgery, Urology, Emergency
Non-Core: Rehabilitation, External rural hospital rotations, Psychiatry, Anaesthetics, Paediatrics General, O&G

BASIC INFORMATION
Gold Coast Health Service is the largest Health Service District in Queensland. The Health Service has 2 incredible campuses; the brand-new Gold Coast University Hospital and the refurbished Robina Campus. The hospital is also committed to education and research.

REASONS TO APPLY
The Gold Coast offers the opportunity to combine professional advancement, job satisfaction and relaxation into one fulfilling lifestyle. Enjoy an ideal year round climate, endless golden surfing beaches and hectares of relaxing rainforest hinterland; it truly offers something for everyone. With first rate facilities, world class staff and the perfect mix of encouragement, support and workload, Gold Coast Health offers the ideal place for a first year doctor to learn, grow and progress.

CONTACT DETAILS
Maggie Armitage
Medical Services Unit
Phone: (07) 5687 3883
Email: Maggie_Armitage@health.qld.gov.au
HERVEY BAY HOSPITAL

PREDICTED 2020 INTERNSHIP POSITIONS
8*
*2 of the positions will be offered through the Rural Generalist pathway

NETWORK TRAINING SITES
Hervey Bay Hospital

ROTATIONS AVAILABLE
Core: General Medicine, General Surgery, Orthopaedics, Emergency Medicine
Non-core: O&G, Paediatrics

BASIC INFORMATION
Hervey Bay Hospital is a 119 bed facility providing medical staff with broad clinical exposure, hands-on experience and great access to procedural skills. Interns have direct contact with senior clinicians and active involvement in patient care, as well as innovative opportunities for clinical research.

The Fraser Coast is a stunning tapestry of nature’s wonders, featuring the World Heritage-listed Fraser Island, the Great Sandy Strait, marine parks, wetlands, ancient rainforests and a stunning coastline of pristine, white sandy beaches. The beauty of the Fraser Coast is not confined to the coast, with mountains, national parks, native woodlands, heath and dense rainforest, and the beautiful Mary River. The region sits within the Great Sandy Biosphere, which is part of a World Network of Biosphere Reserves covering internationally designated protected areas. The Biosphere Reserve status gives worldwide recognition to the Fraser Coast’s outstanding natural beauty and diversity.

REASONS TO APPLY
Education:
• Weekly Intern/RMO Doctor Education Program.
• Fortnightly SIM based Intern Skills Program.
• Weekly Radiology Tutorial.
• Monthly Grand Rounds.
• Procedure Workshops each Term.
• Access to Video-Conference Education from RBWH, Lady Cilento, etc.
• 1 full time Medical Education Officer and 1 part-time Director of Clinical Training on site at Hervey Bay Hospital.

Other:
• WBHHS offers up to four weeks furnished accommodation upon arrival to assist with securing permanent accommodation OR up to four weeks rental assistance to the value of $250 per week.
• Relocation and travel expenses reimbursement of up to $5000.

CONTACT DETAILS
Bob Clarke
Medical Education Officer - Hervey Bay Hospital
Phone: (07) 4325 6946
Email: bob.clarke@health.qld.gov.au

Fiona Robas
Medical Administration - Hervey Bay Hospital
Phone: (07) 4325 6208
Email: WBHHS-MedicalAdmin@health.qld.gov.au

IPSWICH HOSPITAL

PREDICTED 2020 INTERNSHIP POSITIONS
35*
*4 of the positions will be offered through the Rural Generalist pathway.

NETWORK TRAINING SITES
Ipswich Hospital

ROTATIONS AVAILABLE
The Internship year consists of five terms of 10–12 weeks, including three core rotations and two non-core rotations:
Core: General Medicine, Geriatric Medicine, General Surgery, Orthopaedics, Emergency Medicine
Non-core: Mental Health, Palliative Care, Cardiology, ENT, Rehabilitation Medicine, Urology, Orthopaedics, Geriatric Medicine Paediatrics (Rural Generalist), O&G, Rural Generalist), Anaesthetics and Intensive Care (Rural Generalist),

Roster:
• MOCA 4 compliant rostering that is managed by the Medical Education Unit.
• Roster requests are taken into consideration when completing term rosters.
• Annual Leave is allocated in 5 week blocks, with reference to individual preferences.
• 10 days sick leave per year.
BASIC INFORMATION

Ipswich Hospital is a part of West Moreton Hospital and Health Service’s (WMHHS), whose current population is approximately 245,000 people. This is forecast to increase to an expected 450,000 people by 2026 – an 82 percent increase. This projected increase is the largest of any hospital and health service in Queensland. WMHHS provides public services for residents across the continuum of healthcare including preventative and primary health care services, ambulatory services, acute care, sub-acute care, oral health, and mental health and specialised services (including offender health and alcohol and other drugs).

WMHHS’s demographics are diverse and are comprised of four local government areas (LGAs) - Scenic Rim Regional Council, Lockyer Valley Regional Council, Somerset Regional Council and Ipswich City Council. Ipswich is the major city in the hospital and health service, with the townships of Esk, Laidley, Gatton, Boonah and Wacol spread throughout the area.

The Ipswich Hospital is a major acute hospital with 341 beds and offers services in all major health specialties, including anaesthetics, emergency medicine, geriatrics, rehabilitation, medicine, surgery, intensive and coronary care, orthopaedics, obstetrics, paediatrics, palliative care and rehabilitation along with a full range of allied health services.

REASONS TO APPLY

Ipswich Hospital is a close, supportive facility that encourages both professional and personal development in a clinical environment that strives for excellence in patient care delivery. Medical Administration and the Medical Education Unit have open door policies and encourage broad collaboration with medical staff to meet the challenges of a growing patient population. The hospital offers broad clinical exposure and hands on experience in a friendly and supportive environment; has a strong training platform for doctors pursuing either a generalist or specialist career pathway; and it is a Rural Generalist Pathway endorsed hospital. Facility benefits include:

Education:
- Extended Orientation Program – includes Advanced Life Support program, Ward Call Preparation Activity, Cannulation and Venepuncture activity, Resilience on the Run workshop
- Intern Education and Training Program – 2 x 1 hour sessions per week which consist of both tutorial and practical based learning
- Department specific presentations held on a weekly basis which includes case studies, presentations, Grand Rounds, Journal Club, and department meetings to review teamwork and training strategies.
- Residents are encouraged to attend any additional education sessions provided within the hospital, including plastering demonstrations, ECG workshops, and APLS courses held in-house.
- Pocket Simulation Centre in Anaesthetics & Emergency Medicine
- Internal Advanced Life Support Program

Support:
- Medical Education Unit open door policy for all work and personal issues
- Access to the Employee Assistance Program
- Peer Mentoring group – Beacon

Junior Doctor Representation:
- Junior Medical Officer Advisory Committee
- Medical Education and Training Committee

Research Opportunities:
- Research, Ethics and Governance Department
- Clinical Governance Unit
- Departmental research projects and audits

Social:
- Active JMO society that organises monthly social activities
- Close to shopping centres, rail links within walking distance, easy access to transportation, local bus services
- Located 40km west of Brisbane, an hour from the Gold Coast and an hour from Toowoomba, Ipswich offers a blend of heritage charm, metropolitan sophistication and expansive green spaces. Ipswich has direct rail links to Brisbane, as well as domestic and international airports, and an extensive road transport network to Brisbane, the Brisbane Valley and the Lockyer Valley.

CONTACT DETAILS:

Ms Sandra Head, RN
Principal Medical Education Officer
Email: sandra.head@health.qld.gov.au

RMO Campaign Coordinator
Email: WM-RMOCampaign@health.qld.gov.au
LOGAN HOSPITAL

40*

PREDICTED 2020 INTERNSHIP POSITIONS
*2 of the positions will be offered through the Rural Generalist pathway

NETWORK TRAINING SITES
Logan Hospital, Queen Elizabeth II Jubilee Hospital

ROTATIONS AVAILABLE
Core: Emergency Medicine, Medicine, General Surgery, Orthopaedic surgery
Non-core: Mental Health, Ear Nose Throat, Paediatrics, Medical Imaging, Anaesthetics, Intensive Care Unit, Obstetrics and Gynaecology, External rotation to QEII Jubilee Hospital, A second term in Medicine, Surgery or Emergency may also be offered as a non-compulsory term

BASIC INFORMATION
The hospital is a part of Metro South Health, and a recent $145 million expansion project has transformed the hospital. Logan Hospital now includes a new Emergency Department, Children's inpatient ward and Rehabilitation Unit. At the end of 2017, Digital Hospital was implemented across the facility. The hospital is on track for a further redevelopment with the addition of 195 inpatient beds.

REASONS TO APPLY
• A modern, fast paced, complex, clinical environment
• Specialist training in most specialties
• Multidisciplinary Simulation Centre, comprehensive junior doctor education program and clinical skills workshops
• Located 25 minutes from Brisbane city and 35 minutes from the Gold Coast
• Free parking for staff (limited), and a bus stop and railway station adjacent to the hospital

CONTACT DETAILS
Logan Hospital Medical Education Unit
Phone: (07) 3299 8930
Email: logan_medical_education_unit@health.qld.gov.au

MACKAY HOSPITAL

36*

PREDICTED 2020 INTERNSHIP POSITIONS
*7 of the positions will be offered through the Rural Generalist pathway.

NETWORK TRAINING SITES
Interns may have the opportunity to rotate to:
• Proserpine Hospital for either a core Emergency Medicine term or a Rural Elective
• Bowen Hospital for a Rural Elective
• Mater Misericordiae Hospital Mackay, either for a core Surgical or Medical term
• Central Medical group for a general practice rotation (elective)

ROTATIONS AVAILABLE
Core: Emergency Medicine available as:
• Mackay Base Hospital Emergency Department
• Proserpine Hospital Emergency Department
Medicine available as:
• Mackay Base Hospital Medical Department
• Cardiology
• Mater Misericordiae Hospital Mackay
Surgery available as:
• Mackay Base Hospital General Surgery
• Mackay Base Hospital Orthopaedics
• Mater Misericordiae Hospital Mackay
Elective:
• Anaesthetics, Paediatrics, Mental Health, Proserpine Hospital Rural Placement, Radiology, O&G, ICU, Bowen Hospital Rural Placement, Private Practice

BASIC INFORMATION
The Mackay Hospital and Health Service has eight hospitals, four community health facilities, but one organisation, caring for our patients and staff. The Mackay Hospital and Health Service is a contemporary organisation with over 2000 employees, providing extensive health services in a range of regional, community and rural settings, to a population of around 180,000 people.

We are passionate about our community and the health of the people living in it. Our purpose is simple. We want to provide outstanding health care services to our patients through our people and partners.
The Mackay Base Hospital is the referral hospital for our region, one of the most modern health care facilities in Queensland. A state of the art facility, equipped with leading edge technology to assist us in providing the highest level of care to the people of the Health Service.

Mackay also offers:
- Exceptional hands on training, development programmes, and on-site support.
- First fully digital public hospital with medication management in a regional area
- A state of the art training precinct
- A new state of the art facility
- Relocation expenses reimbursement
- Excellent career opportunities for Generalist Medical Officers
- Negotiation of elective terms (all requests are considered, but cannot be guaranteed)

REASONS TO APPLY
Are you looking at joining a friendly team in a sunny coastal location only 1 hour 20 minutes flight from Brisbane, Queensland? Then Mackay Hospital and Health service is the place for you!
- Mackay is a vibrant and exciting tropical city with close proximity to the Great Barrier Reef, Whitsunday Islands and some of the world’s most beautiful rainforests. Imagine a city with so many beaches that every weekend you could be visiting a different one! Sun, water sports, palm fringed beaches, native rainforests and BBQ’s on the beach - The Mackay region offers the best of the Australian experience in typical laid back “Aussie Style”.
- Mackay Health Service District offers FREE Hospital Accommodation or a rental allowance for the first 4 weeks.
- FREE on-site secure parking.
- Flexible working arrangements, 76 hour fortnights, 5 weeks annual leave, senior staff support and interaction across a variety of specialities, a professional team environment and great social events!
- Mackay Base Hospital provides state-of-the-art health facilities and services to ensure our employees can thrive and provide the best possible care to our community.
- Get out and enjoy Mackay’s many award winning Restaurants, Bars, Clubs and Shops (including Myer and all your other favourites!) and so much more!

CONTACT DETAILS
Cathy Roberts
Manager, MHHS Medical Workforce Unit
Phone: (07) 4885 7517
Email: Cathy.Roberts2@health.qld.gov.au

MATER HEALTH SERVICE

16 PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
Mater and Queensland Children’s Hospital

ROTATIONS AVAILABLE
Core terms: Emergency, General medicine, Respiratory medicine, General surgery, Orthopaedics Surgery, Urology Surgery,
Non-core: Intensive care, Neonatology, O&G, Oncology and Palliative care, Paediatrics* (*15 of 16 Interns will have the opportunity to do their full non-core rotation in paediatrics)

BASIC INFORMATION
Located on the edge of the south of the Brisbane CBD, Mater enjoys a unique position in the QLD health care system. Mater is a healthcare leader committed to the integration of health, education and research, providing exceptional healthcare to more than 500,000 patients annually. As a private, benevolent not-for-profit organisation, what gains we make go back into our business which is why we offer state of the art facilities, resources and training to advance your career and provide exceptional care to our patients and the community.

REASONS TO APPLY
- You’ll be part of a supportive, tight knit and social RMO community
- Enjoy a dedicated RMO common room where you can meet, network and socialise with like-minded professionals
- Extensive education and professional development opportunities, including:
  - three times a week, dedicated RMO education sessions – pager free
  - world class simulation training to enhance and develop clinical skills
  - extensive clinical supervision and mentoring from senior medical staff
  - access to specific courses in learning clinical supervision
  - grand rounds
  - career skills workshop
  - active Junior Doctor Society
  - secure RMO study space

CONTACT DETAILS
Cathy Roberts
Manager, MHHS Medical Workforce Unit
Phone: (07) 4885 7517
Email: Cathy.Roberts2@health.qld.gov.au
• Intern rotations and leave allocated considering individual preferences, Intern training requirements and organisational needs
• Generous salary packaging options which can increase your take-home pay
• Research opportunities with Mater Research
• Onsite library and Clinical Librarian Support
• Onsite swimming pool, childcare centre & cafes
• Walking distance to high frequency public transport (bus, train and ferry)
• Discounted on-site car parking

CONTACT DETAILS
Medical Education Unit
Email: mededu@mater.org.au
Phone: 07 3163 8272

MOUNT ISA HOSPITAL

PREDICTED 2020 INTERNSHIP POSITIONS
*All 5 positions will be offered through the Rural Generalist pathway

NETWORK TRAINING SITES
Mount Isa Hospital

ROTATIONS AVAILABLE
Core: Emergency Medicine, General Medicine (Interns may attend Outreach Clinic at Mornington Island, Normanton or Doomadgee with Clinical Director), General Surgery
Non-core: O&G, Paediatrics

BASIC INFORMATION
Mount Isa is a CSCF Level 4 Specialist Service Base Hospital with a total of 80 beds. It is the referral hospital for the North West region, with remote country/community hospitals at Doomadgee, Normanton, Mornington Island, Cloncurry, Julia Creek and health centres at Dajara, Camooweal, Karumba and Burketown.

Mount Isa also has a Royal Flying Doctor Service base providing rural retrievals, transfers and numerous primary health care activities including clinics at the health centres mentioned above. Mount Isa Hospital has undergone a redevelopment which included a new Emergency Department, new Outpatients Department, Mental Health (Outpatient) Unit, a Cancer Care Centre and a Paediatrics Unit.

REASONS TO APPLY
• An established link to James Cook University – Mound Isa Centre Rural & Remote Health Regular in-services
• Simulation training in the ED Pocket Centre or at MICRRH
• Grand rounds sessions conducted by visiting and local staff specialists weekly
• Telehealth – voice and video conference facilities
• Bi-weekly education sessions
• Inaccessibility Allowance - Rural and remote allowance
• Free furnished accommodation is provided for full contract period!
• Relocation for QH/Interstate Employees
• Free on-site parking

CONTACT DETAILS
Medical Workforce Unit
PO Box 27, Mount Isa Qld 4825
T: (07) 4744 7141 | F: (07) 4744 4096
E: NWHHSMedicalWorkforceUnit@health.qld.gov.au

Maree Grogan
RMO Co-ordinator
E: Maree.Grogan@health.qld.gov.au

PRINCE CHARLES HOSPITAL

PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
The Prince Charles Hospital

ROTATIONS AVAILABLE
Core: Emergency Medicine, General Medicine, Geriatric Medicine, Respiratory Medicine, General Surgery, Orthopaedics, Cardiothoracic Surgery
Non-core: Cardiology, Palliative Care, Rehabilitation/ Acute Stroke Unit, Hip fracture, Psychiatry

BASIC INFORMATION
TTPCH is a 663-bed major tertiary referral hospital located within the Metro North Health Service, approximately 10km north of Brisbane CBD. The hospital offers the premier cardiac and thoracic services in Queensland and significant secondary services in Medicine and Geriatrics.
TPCH is home to the second largest Emergency Department in Qld and the largest non-tertiary Paediatric Emergency Department in Australia, a large 60 bed mental health facility and a 16 bed paediatric ward.

**REASONS TO APPLY**
TPCH is a tertiary hospital with access to all the major specialties and is particularly ideal for those interested in Basic Physician Training, critical care, Surgery including general, orthopaedic and cardiothoracic Surgery. Many research opportunities are provided for the novice researcher. The Intern Education Program are run once per week in protected time and includes practical skills workshops. General education programs are also available including Advanced Life Support [Australian Resuscitation Council certified] and weekly Grand Rounds. There is a wide range of unit specific training sessions on a weekly basis. There will be a full week intern orientation prior to commencement. It is a large hospital with a friendly culture and smaller numbers of juniors compared with senior medical officers providing a great learning experience.

**CONTACT DETAILS**
Wendy Raven
Principal Medical Education Officer
Phone: (07) 3139 4870
Email: TPCH-medical-education@health.qld.gov.au
Website: http://tpch.qld.libguides.com/careers/intern

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**PRINCESS ALEXANDRA HOSPITAL**

**PREDICTED 2020 INTERNSHIP POSITIONS**

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**NETWORK TRAINING SITES**
Princess Alexandra Hospital (PA), Redland Hospital (RL), Queensland Children's Hospital (QCH)

**ROTATIONS AVAILABLE**
Core terms can be at PA/RL: Emergency Medicine, Internal Medicine (including geriatrics, spinal injuries), General Surgery (including breast & endocrine, colorectal, upper GI, HBP, acute surgical unit, orthopaedics, vascular, urology).

Non-core: Anaesthetics, Brain Injury, Cardiology, Clinical Pharmacology, Dermatology, Endocrinology, Gastroenterology, Mental Health, Neurosurgery, O&G (RL), Ophthalmology, Orthopaedics (PAH), Paediatrics (QCH), Palliative Care, Pathology, Plastic Surgery, Respiratory, Renal, Spinal Injury, Transplant, Urology (PAH).

**BASIC INFORMATION**
The Princess Alexandra Hospital is a tertiary referral teaching hospital, providing comprehensive services to the southwestern area of Queensland. The PA is an 800-bed hospital located 4km from the CBD in Woollongabba. It provides the full range of adult specialty services (excluding O&G) and serves a culturally and linguistically diverse patient population. Innovation is part of our DNA and in November 2015, the PA became Australia's first large-scale digital hospital. In a world first, 2 robotic x-ray machines have been installed in the Emergency Department resus rooms – this provides live, high-quality images with efficiency and minimal patient movement. As a major trauma centre, we have a retrieval service with helipad located on the roof of the hospital building, and incorporates a high-speed lift that travels directly into a resus room. The PA has the only secure health unit specifically for Queensland prisoners requiring general hospitalisation and treatment. We are the major centre for liver and kidney transplantation and home to some state-wide services e.g. melanoma and sarcoma service. It is nationally recognised for its expertise in digital health and telehealth. There are strong links with the co-located research facility, the Translational Research Institute (TRI), as well as collaborations with The University of Queensland and Queensland University of Technology. The PA is a popular choice and is usually over-subscribed in the Queensland intern and RMO recruitment campaigns.

**REASONS TO APPLY**
The PA is a busy hospital that attracts those who are keen to learn and keen for a challenge. We provide excellent supervision, teaching across a broad range of disciplines and training for the digital hospital system. While there are plenty of research opportunities available, in your first year working as a doctor, we encourage all our interns to focus on getting the medicine right. There are some off-site rotations to our network hospitals on the southside at the QEII and Redland hospitals. The QEII Hospital is in Coopers Plains, a family friendly suburb only 12km from the CBD. It is just a short drive to the culinary delights of Brisbane’s Chinatown in Sunnybank. Redland Hospital is located on Brisbane’s Bayside, a 30-minute drive from the CBD. There are lovely Bayside restaurants, coastal bike and walking trails, plus access to beautiful North Stradbroke Island.
At the PA, we provide twice-a-week lunchtime resident training sessions with topics based on interns’ educational needs, as well as a weekly medical Grand Round program and weekly surgical Grand Round program. In your core ED, surgical and medical terms, there is a dedicated training program designed to focus on that aspect of medicine. Your wellbeing is important and the Medical Education Unit also provides career guidance, buddied ward call to help you fly solo and facilitates a peer mentorship program. The Medical Education office has an open-door policy and is available to provide support and assistance with professional and personal matters.

In terms of the campus, the Woollongabba region is undergoing major redevelopment with the Cross River Rail and Brisbane Metro projects which will modernise and improve public transport, housing and The Gabba (cricket and AFL) stadium. It is a very urbanised area and there is access to a large shopping complex across the road, three car parks, public transport (it’s well-connected to the bus network and Dutton Park train station is nearby), and connected to the bikeways. There are also shower facilities and a child care centre. Hospital facilities include a modern doctors common room, doctors’ locker room, library, gym, chapel, prayer room, canteen, cafes and newsagency. Great coffee options are available within the hospital as well as a short stroll away at the TRI building. The Junior Doctors’ Society has a strong presence and arrange regular social events and development activities.

If you like a fast-paced environment, the big hospital experience and reading legible notes, the PA is your hospital.

**CONTACT US**

RMO Campaign Coordinator (Junior and Senior House Officers)
Phone: (07) 3176 7375
Fax: (07) 3176 6831
Email: PAH.Interncampaign@health.qld.gov.au

**QUEEN ELIZABETH JUBILEE HOSPITAL (QEII)**

**NETWORK TRAINING SITES**
Queen Elizabeth II Jubilee Hospital (QEII)

**ROTATIONS AVAILABLE**
Core: Emergency Medicine, General Medicine, General Surgery
Non-core: Orthopaedics, Urology, Gynaecology, Palliative Care

**BASIC INFORMATION**
QEII is a medium-sized hospital with around 175 beds and more than 600 staff. The hospital has a supportive and friendly working environment with 24-hour Registrar (REG) or Principal House Officer (PHO) cover in most specialties. The QEII Hospital has a state-of-the-art Emergency Department and Endoscopy Unit.
QEII is in Coopers Plains which is a family friendly suburb only 13 km from Brisbane’s central business district. With excellent retail and shopping facilities and with numerous public transport options many employees of QEII choose to live in the area.

**REASONS TO APPLY**
QEII is known as a friendly and supportive place to work. The facility is committed to providing a high quality mixed model of supervised practice and integrated training for all Interns. The internship will include:

- Supervision by highly qualified and experienced Specialists.
- Regular assessment and feedback.
- Access to career counselling.
- Intern representation in governance of the Intern Training Programme (ITP).
- A diverse education and training programme including:
  - Weekly catered resident education programme (protected teaching for interns);
  - Grand Rounds;
  - Bedside training;
  - Clinical simulation;
  - Journal club;
  - Skills workshops; and
  - Unit specific training sessions on a weekly basis.
- Comprehensive facility orientation and unit orientations for each rotation.
- Resident orientation manuals for all departments within the QEII facility.
- Opportunities for interns to evaluate each rotation

**CONTACT DETAILS**
Paula Dry
Intern Campaign Coordinator
Phone: (07) 3182 6878
Email: QEII_InternCampaign@health.qld.gov.au

**PREDICTED 2020 INTERNSHIP POSITIONS**
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REDCLIFFE HOSPITAL

PREDICTED 2020 INTERNSHIP POSITIONS
27*
*2 of the positions will be offered through the Rural Generalist Pathway

NETWORK TRAINING SITES
Redcliffe Hospital

ROTATIONS AVAILABLE
Core: Emergency Medicine, General Medicine, General Surgery, Urology, Orthopaedics
Non-core: Palliative Care, Rehabilitation, Geriatrics, O&G, ICU, Paediatrics, Oncology, Medical Imaging, Anaesthetics, GP, Mental Health

BASIC INFORMATION
Redcliffe Peninsula is located in South East Queensland, 35km from Brisbane. The hospital is affiliated with the UQ and Queensland University of Technology in training medical, nursing and allied health students. The hospital is also equipped with a library, with reference collection of textbooks provided by UQ for student access.

REASONS TO APPLY
• 240 bed Hospital that is just 30 minutes north of Brisbane city centre and only ten minutes walk to the seashore
• 76 hour fortnight, five weeks annual leave
• Beautiful area of Brisbane, and easy access to the ocean if interns and residents enjoy sailing or the sea breeze
• Close proximity to Brisbane (access to postgraduate teaching programs at tertiary hospital campuses)
• Vigorous postgraduate education program (tutorials/teaching sessions available in most units and general education sessions with guest lecturers on a weekly basis)

CONTACT DETAILS
Kay Meredith
A/Medical Workforce Co-ordinator
Phone: (07) 3883 7582
Email: Kay.meredith@health.qld.gov.au

ROCKHAMPTON HOSPITAL

PREDICTED 2020 INTERNSHIP POSITIONS
36*
*10 of the positions will be offered through the Rural Generalist Pathway

NETWORK TRAINING SITES
Rockhampton Hospital (Primary allocation centre)

OFF-SITE TERMS
• Gladstone Hospital (3 intern training posts: 1 in compulsory General Medicine, 1 in General Surgery and 1 in Emergency Medicine),
• Capricorn Coast Hospital Health Service (CCHHS) Yeppoon Hospital x1,
Rural General Practice terms:
• 1 at Theodore Medical
• 1 at Emerald Medical Group

ROTATIONS AVAILABLE
General Medicine, Orthopaedics, General Surgery, Emergency Medicine, Cardiology, Renal, Palliative Care, Geriatric and Rehabilitation Services, Mental Health, Paediatrics, O&G, Rural General Practice, Community Health Hospital Term

BASIC INFORMATION
Education opportunities include a broad case mix with close proximity of supervision by senior medical officers. High level of hands on experience for a wide range of clinical skills and other experiences. Terms provide a rich learning environment including a high focus on interns achieving their personalised learning objectives through tailored experiences collaboratively developed between supervisor and intern.

Through the Medical Education Unit, the Intern Training Program has a strong network with UQ’s Rural Clinical School Rockhampton Campus. This provides opportunities to be included in learning programs with the medical students and also in supporting the training of students through teaching opportunities.

Rockhampton Hospital has a new Cancer Care Services Centre which occupies three (3) floors of the new ward block comprising of Radiation Oncology, Medical Oncology/Haematology ambulatory clinics and treatment, Inpatient Cancer Care and Specialist Palliative Care.

New Medical Officer facilities have opened in March 2016 which includes a modern kitchen and lounge area, computer room, study area and sleep pod
ROyal Brisbane and Women's Hospital

PREDICTED 2020 INTERNSHIP POSITIONS

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Network training sites
Royal Brisbane and Women's Hospital (RBWH), The Lady Cilento Children's Hospital

Rotations available
Core: Emergency Medicine, Internal Medicine (including cardiology, thoracic medicine, gastroenterology), Surgery (including urology and orthopaedics)

Elective: Mental Health, O&G, Medical Imaging, Anaesthetics, Pall Care, Neurosurg, Paeds, Cardiology, Orthopaedics, Oral and Maxillofacial Surgery, Neonatology, Renal Medicine, Infectious Disease, Geriatrics, Anatomical Pathology (not guaranteed)

Basic information
Royal Brisbane and Women's Hospital (RBWH) is a quaternary and tertiary referral teaching hospital located at the Metro North Hospital and Health Service (MNHHS) Herston site, close to the Brisbane CBD. RBWH is Queensland's largest hospital with almost 1000 beds and provides highly-specialised care to more than half a million patients every year. RBWH's extensive services are delivered by a team of 6000 doctors, nurses, allied health, operational and administration staff. The hospital participates in world-leading research and education in pursuit of excellence in specialised care to deliver the best possible patient outcomes. Also located at the Herston site is The University of Queensland, Queensland Institute of Medical Research and the Herston Imaging Research Facility.

Reasons to apply
- Protected teaching time and mandatory training through flexible online modules
- Clinical research opportunities via UQ and Queensland Institute of Medical Research
- Easy access to transport with the RBWH bus station, three on-campus car parks with special rates for staff

Contact details
Medical Education Unit
Phone: (07) 4920 6332
Email: MEU_Rockhampton@health.qld.gov.au

Reasons to apply
Rockhampton has a very active Resident Medical Officer Society (RMO society), providing a great variety of social opportunities to build friendships and also having a link with the hospital executive medical administration to collaboratively discuss any issues and to arrive at solutions.

Rockhampton has a population of about 80,000 and the hospital serves a population of 200,000. Rockhampton is 660km north of Brisbane direct daily flights. Gladstone has a population of 60,000 and is about 550km north of Brisbane. One hour and 20 minutes by air to Brisbane.

Reasons to apply
Rockhampton is in close proximity to areas of natural beauty such as the Capricorn Coast, Blacktown Tablelands, rainforest areas at Byfield National Park for camping and bushwalking, Keppel Islands with white sandy beaches. Interns commence the year with orientation at North Keppel Island which provides a pristine relaxing environment for team building.

Rockhampton has plenty of natural attractions and with an average of over 300 days of sunshine each year, the Rockhampton Region offers locals and visitors alike many opportunities.

Rockhampton Hospital boasts the Australian record for trauma injuries associated with monthly professional rodeos including professional bull riding competitions held at The Great Western Hotel.

Gladstone is balanced with large areas of green open space, including several national parks, historical sites, bush walks and marine activities, including fishing and crabbing, residents have a wide choice to explore and experience the great outdoors. A strong sense of community with a "can do" attitude and a relaxed and friendly atmosphere permeates throughout the region.

The Rural General Practice terms at Emerald and Theodore provide the unique opportunity to be immersed in true country hospitality and the experience of being part of the local community.

Contact details
Medical Education Unit
Phone: (07) 4920 6332
Email: MEU_Rockhampton@health.qld.gov.au
• Facilities include common room, library, multiple food and retail outlets, gym, on-site swimming pool and childcare
• Trainees enjoy outstanding success rates in specialty examinations
• Advanced training in all of the subspecialties of medicine and surgery
• The largest gynaecological cancer service in Australia offered through the Queensland Centre for Gynaecological Cancer is located at RBWH
• State of the art cardiac catheterisation laboratory and quantitative coronary angiographic system through cardiology
• The Multidisciplinary Pain Centre is one of seven nationally accredited for training in the fellowship in pain medicine
• Award winning Trauma Services
• Clinical research is fostered by close ties with The University of Queensland Centre for Clinical Research and Queensland Institute of Medical Research
• Mental Health Services at RBWH is a state-wide leader in clinical practice, teaching, research and telemedicine.

CONTACT DETAILS
Louise Penfold
RBWH RMO Recruitment
Phone: 07 3646 5321
rbwh-rmo-recruitment@health.qld.gov.au

SUNSHINE COAST HOSPITAL AND HEALTH SERVICE

PREDICTED 2020 INTERNSHIP POSITIONS
*5 of the positions will be offered through the Rural Generalist Pathway

The Sunshine Coast District sometimes funds additional intern positions, but the exact number for 2020 has not been confirmed.

NETWORK TRAINING SITES
Sunshine Coast University Hospital, Nambour General Hospital, Maleny Hospital, Gympie Hospital

ROTATIONS AVAILABLE
Core: Emergency Medicine, General Medicine, General Surgery

Electives: Anaesthetics, Department of Emergency Medicine (DEM), O&G, Paediatrics, Acute Geriatrics, Cardiology, Dermatology, Gastroenterology, Mental Health, Oncology, Rehabilitation Medicine, Neurology, Ortho-geriatrics, Peri-Operative Medicine, Renal Medicine, Respiratory Medicine, Stroke Medicine, ENT, Orthopaedics, Urology, Vascular Surgery, and Rural term (Maleny). These are also available as core rotations.

BASIC INFORMATION
The Sunshine Coast HHS offers a combination of a major tertiary teaching hospital experience, medium and smaller hospital rotation options which facilitate an excellent and broad intern and junior doctor training program; while retaining a friendly and collegiate learning environment. Interns have 2 hours of protected intern teaching each week, as well as many departmental education opportunities in each rotation.

The Sunshine Coast University Hospital (SCUH) opened in March 2017 with 450 beds, is expanding to 600 beds during 2020, and is predicted to expand further to 800+ beds by 2022. (758 beds were built at SCUH, and wards are being progressing opened as required). The university hospital further enhances the reputation of the SCHHS as an excellent learning environment for junior doctors. The health service provides ‘state of the art’ clinical facilities, senior staff specialists, education and research facilities.

The expanding Sunshine Coast Hospitals & Health service is able to offer a wide range of clinical experiences and numerous extra job opportunities and vocational career paths for doctors of all levels. The area covered by our health service has fantastic surfing beaches, tropical rainforests and rural hinterland areas. It is located 95 km north of Brisbane and is home to the national icons of Noosa Heads and Fraser Island, services a population of about 410,000 people. This number expands greatly in holiday seasons. Sunshine Coast University Hospital is the primary hospital that interns will be allocated to, though there is opportunity to do rotations at Nambour, Maleny and Gympie Hospitals.

REASONS TO APPLY
The great learning opportunities and lifestyle in this area result in a consistent retention rate of over 90% of interns choosing to stay on for their house officer years and beyond. Our hospitals provide great learning opportunities, including dedicated junior doctor teaching programs and engaged senior clinicians. With the SIM skills centre at SCUH, and pocket SIM labs at Nambour and Gympie Hospitals and Medical Education Unit staff at these sites, everything is
focused on individualising each intern and house officers’ clinical learning opportunities. An active research department and program at SCUH provides plenty of research opportunities and support for junior doctors. This training site also offers a rich social lifestyle – the Sunshine Coast Junior Doctor Society organises boat trips, balls, social drinks and other activities. It also organise an annual RMO Careers Expo and is a strong advocate on intern and junior doctor issues. The Sunshine Coast offers a unique blend of metropolitan sophistication, friendly regional hospital atmosphere and the relaxed Sunshine Coast lifestyle. It is close to surfing beaches, rainforest areas, as well as the surrounding coral reefs. There are a great range of restaurants and cafes, fantastic beaches for surfing, diving, kite-surfing, snorkeling, sailing and fishing, great treks for bush walking, climbing and rainforest walks. In addition to a vibrant social life, the area also has plenty of shopping centres and local boutiques.

CONTACT DETAILS
Kara Somerville
Senior Medical Education
Phone: (07) 5202 2996

Jennifer Crawford
Officer Principal MEO
Phone: (07) 5202 3003
Email: sc-intern-recruitment@health.qld.gov.au

TOOWOOMBA HOSPITAL

PREDICTED 2020 INTERNSHIP POSITIONS
*10 of the positions will be offered through the Rural Generalist Pathway

NETWORK TRAINING SITES
Toowomba Hospital, Stanthorpe Hospital, Warwick Hospital, Goondiwindi Medical Centre, Clifton Medical Practice, Downs Rural Medical Wyalla, St Andrew’s Toowoomba Medical Centre

ROTATIONS AVAILABLE
Core: Emergency Medicine, Medicine (General Medicine, Geriatric Adult Rehabilitation Stroke Service (GARSS), Surgery (General Surgery, Orthopaedics)
Elective: O&G, Paeds, Psych, ENT, Anaesthetics, ICU, Rural Hospital term, Rural GP term

BASIC INFORMATION
Toowoomba Hospital, part of the Darling Downs Hospital and Health Service, is a 320 bed hospital providing surgical, orthopaedic, ENT surgery, ophthalmology, urology, obstetric, paediatric and neonatal care in Special Care Nursery, anaesthesia, intensive care and high dependency care medicine including gastroenterology, geriatrics, endocrinology, oncology, respiratory and renal, and emergency medicine. The Hospital has a large 59 bed acute Mental Health Unit.

REASONS TO APPLY
Toowoomba Hospital offers most major specialties, except neurosurgery and cardiothoracic surgery, with a wide range of postgraduate educational activities. In addition, the staff ratio of medical education for junior doctors is twice the state average. Toowoomba hospital places a large emphasis on supporting their junior doctors which is reflected in the retention rate. Toowoomba is known as the “Garden City” with beautiful parklands and reserves, and a pleasant, mild climate. It is also gaining a reputation for its arty laneways, superb coffee and vibrant cultural scene.

CONTACT DETAILS
Andrew McLean
Intern Recruitment Coordinator
Phone: (07) 4616 6350
Email: DDHHS-Medical-Rosters@health.qld.gov.au

TOWNSVILLE HOSPITAL

PREDICTED 2020 INTERNSHIP POSITIONS
*7 of the positions will be offered through the Rural Generalist Pathway

NETWORK TRAINING SITES
Townsville Mater for core and non-core surgical terms, core medical terms, non- core cardiology, O&G/neonates or ICU

ROTATIONS AVAILABLE
Core: Emergency Medicine, Medicine (Available as: General Medicine, Gerontology - Acute Care Elderly (ACE), Gastroenterology, Renal Medicine), Surgery (Available as General Surgery, Colorectal, Gynaecology, Neurosurgery, Urology, Vascular)

**Elective:** (Min 5 weeks, Max 12 weeks)
Electives, allocations are considered and allocated meritoriously:
Acute Mental Health / ATODS, Anaesthetic, Cardiology, Community Paediatrics, Country Practice (Ingham, Palm Island, Charters Towers), Endocrinology, Gastroenterology, General Practice Ingham, Gerontology - Geriatric Evaluation and Management (GEM), Haematology, Infectious Diseases, Medical Oncology, Neurology, O&G, Paediatrics, Palliative Care, Radiology, Rehabilitation Medicine – Acute, Rehabilitation Medicine – Sub-acute, Renal Medicine, Rheumatology, Sexual Health

**BASIC INFORMATION**
Townsville is recognised as the capital of North Queensland. It is a tertiary hospital with more than 779 beds and is still expanding. Townsville also offers vibrant social life with restaurants, national sporting events and fantastic tourist hot spots.

**REASONS TO APPLY**
- Tertiary hospital that offers all the facilities of a major hospital with all the medical and surgical subspecialties
- Fantastic ratio of Senior to Junior staff with increased junior staff responsibility
- Broad case mix including many tropical and infectious diseases
- Fantastic teaching opportunities with contacts in the colleges as well as a high success rate for entry into college programs and completion, including college prizes

**CONTACT DETAILS**

**Joanne Kilty**  
Manager Medical Education & Support Hub  
Phone: (07) 4433 1066  
Email: joanne.kilty@health.qld.gov.au

**Matt Weston**  
Principal Medical Education Officer  
Phone: (07) 4433 2268  
Email: matthew.weston@health.qld.gov.au

**Kristen Burns**  
Medical Recruitment Co-ordinator - JMO  
Phone: (07) 4433 4733  
Email: TSV-JMO@health.qld.gov.au
Training towards Fellowship with ACRRM is the best option for a career in rural generalism.
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Your future deserves a bank who understands what you’ve done to get here

We’ve worked closely with medical professionals for over 25 years. In that time, we’ve learned a lot about you and the challenges you face, particularly at the beginning of your career. Whether you need help with relocation costs, everyday living expenses, buying a new car or even saving for your first home — we can help you get off to a good start.

It’s taken a lot of effort to get to this point, but we’re here to make the next steps in your career a little easier.

Not only are you qualified to practice, you’re also qualified to join the many doctors who have chosen to trust us with their finances.

We’ve worked closely with medical professionals for over 25 years. In that time, we’ve learned a lot about you and the challenges you face, particularly at the beginning of your career. Whether you need help with relocation costs, everyday living expenses, buying a new car or even saving for your first home — we can help you get off to a good start.

Visit boqspecialist.com.au to find out more.
Congratulations on becoming an intern!

I hope you remember this as one of the best times in your life – full of challenges, opportunities and friendships forged in the fire of shared experiences. Enjoy the moment.

You’ll hear much about the challenges of becoming a junior doctor but don’t let this weigh too heavily. We know you will want to do the best for your patients and that is as it should be. Yet, in doing so remember to care for yourselves and each other.

It might feel a bit lonely periodically in the competitive internship environment but your colleagues – and your professional association, the Australian Medical Association of South Australia (AMA(SA)), are on your side.

The AMA is very aware of the need to safeguard doctors’ wellbeing and we are continuously working to ensure safe work hours, appropriate clinical supervision, mentoring and the ability to seek help when you need it.

We have worked hard for more intern places and other training positions and will continue to remind policy makers to prioritise training in any policy changes.

As well as providing practical support such as training around job applications, preparing for private practice and financial tips through our associations with preferred providers, the AMA(SA) provides you with a community to swap ideas with, to learn from and a voice to share your ideas about the health system.

It’s important that you take up the opportunity to contribute your views on how to build the best health system possible – to ensure clinicians have a say in designing a system that works for them. At the moment, there are many outside influences wanting to control what you learn, what you practice, how you practice and ultimately how you are regarded in the community. We’ve seen what happens when administrators, not clinicians, design hospitals, records systems, outpatient schedules, and the patient mix allowed in the hospital. The result is that the system does not work well for patients, doctors or the community.

We’ve seen the impact of decisions such as outsourcing on training places and specialty programs. So who decides who you will be as a doctor? Should it be technicians, bureaucrats, insurers or Google? It has to be you, as doctors, because that’s what makes a profession a profession and not a ‘service provider’.

The AMA has been advocating for doctors’ rights to decide how best to deliver health care for over 150 years and we are still advocating, not because you are a member, but because you are a doctor and one of us, and we care passionately about how doctors will practice in the next 50 years. So we welcome your participation, your thoughts on what sort of a doctor you want to be, and what the health system should look like in the future.

Associate Professor William Tam
President
Australian Medical Association (South Australia)
SA NEW GRADUATE PERSPECTIVE

Starting my internship has been the definition of out of the frying pan and into the fire; the challenges of being a baby giraffe trying to run for the first time compounded by a hectic workload on a busy unit. Once you realise everyone else is fumbling around on their new doctor legs as well, you breathe a sigh of relief and realise this is all par for the course.

I work in the Southern Adelaide Local Health network (SALHN) which includes the tertiary hospital Flinders Medical Centre as well as Noarlunga Hospital and a few rotations at other sites. I have enjoyed an incredible amount of support at SALHN, from the TMO Unit, my own team and Consulting teams (even the scary ones). There's plenty of teaching, often accompanied by free lunch and although the hours can be arduous, rostering is considerate and overtime is paid and efforts made to reduce it where possible.

It can be easy to get caught up in the grind of internship, to feel a bit like a tiny cog in an incredibly complex machine. What brings me back and makes the long, tough days easier is reminding myself why I'm in this profession – to help and support people when they're most vulnerable. Something as simple as a conversation with a patient or their family about how they're going or a friendly yarn while putting in a cannula can have a huge impact. These moments are a reminder that you make a difference, you're not just there to write notes and discharge summaries, your care genuinely contributes positively to patient outcomes and that's an incredible thing.

Internship in South Australia is divided into local health networks; Southern, Central, Northern and Country Health, each with their own perks and quirks. Allocations are by randomised ballot based on preferences submitted in the application process and enrolment category (domestic, interstate, international etc.) - that's it. There's no gaming the system so just preference honestly, the system is designed to give as many people as possible their first preference. Your preferences will depend on a multitude of factors from locale to career aspirations: the BPT keen will tend to preference Central; Surgery is much the same everywhere but Southern and Central have the major centres and generally bigger teams; Paeds is available at both Central and Southern; Southern is based on a short written application whereas Central is random. Chat to interns and RMOs about their experiences and try to work out the best fit for you.

Once allocated a Local Health Network, congratulations, you have a job! The next step is preferencing rotations, which can be the difference between an average and an amazing year. Once you know where you're allocated to, get in touch with interns from this year and get the low down to decide what the best fit is for you. Again, preference honestly, free text boxes are your friend, if you have an area or specialty of interest, make it known and explain why you want that rotation, it could be the difference between you and another person whose preferences were the same.

Wherever you end up, you'll have ups and downs, you'll learn a lot and will quickly realise Med School was just the beginning. Don't forget to take time to look after yourself and focus on the positive interactions and remember that you truly make a difference in the care of your patients.

Dr. Simon Cousins
Immerse yourself in the opportunity to seize your potential as a doctor whilst enjoying the offerings of South Australia: the home of wine, festivals and Farmer’s Union Iced Coffee (to get you through those lengthy shifts). Adelaide’s dynamic marriage of cosmopolitan mecca and small city vibes is both vibrant and convivial, ensuring an unparalleled experience in the “20 minute city”.

Boasting the modern Royal Adelaide Hospital (opened less than 2 years ago), a new internship program in Whyalla, and a healthcare system focused on emerging healthcare practices, it will be “heaps good” to spend your first year of out med school here in the Festival State.

To ensure you secure that work-life balance (emphasis on life), the Barossa Valley and Adelaide Hills wine regions are less than 1.5 hours drive from the city. Or spend your weekends exploring the Flinders Ranges and beautiful coastline all while, a “pie floater” is within reach for your indulgence.

HOW TO APPLY & KEY DATES
Applications are via the SA Health careers website. You will be required to upload documents to support your application. The online application form will guide you through the process and indicate which documents are required. For queries related to special considerations, refer to the FAQ page on the website.

Registration to complete Sunrise EMR & PAS training open: 1 May 2019 - 31 May 2019
Application open date: Monday 8 May 2019
Application close date: Friday 7 June 2019
Referee report completion date: Friday 14 June 2019

Rural Intern Pathway* interviews: 18-19 June 2019
Rural Intern Pathway provisional offers: from Wednesday 3 July 2019
Offer dates: Round one commences Monday 15 July 2019 for metro offers
Late Vacancy Management Process commences: 25 November 2019

Intern position is aligned with priority category groups, allocating applicants to their highest possible preference until positions are filled. Allocations occur in 3 rounds; round 1 commencing with Category 1.1. Applicants, randomly selecting applicants to be allocated their first preferences. In round 2, all vacant positions are filled. Applicants may receive an offer for their second or subsequent preferences.

Again, matches are random in accordance with category groups and based upon applicants’ highest possible preferences. Round 3 fills positions made vacant through declined offers from previous rounds.

*Rural Intern Pathway: introduced in South Australia in 2018 to select applicants who are suitable for, and have a preference towards, working in a rural location. All applicants who meet the intern application eligibility criteria and preference a Country Health SA site as their first preference will be included in the selection process. Therefore, applications for this pathway are included in the standard SA internship application. More information can be found on the SA Health Careers Website.

PRIORITY GROUPS
Category 1
Australian Citizens, Australian Permanent Residents and New Zealand Citizen medical graduates from South Australian Universities

Category 2
Australian Citizens, Australian Permanent Residents and New Zealand Citizens medical graduates from interstate, or overseas universities

Category 3
Australian Temporary Residents and New Zealand Permanent Residents that are medical graduates from a South Australian University

Category 4
Australian Temporary Residents and New Zealand Permanent Residents that are medical graduates from an interstate or New Zealand University

Category 5
Australian Temporary Residents and New Zealand Permanent Residents that are Medical graduates who have spent two or more semesters in an overseas campus of an Australian or New Zealand University or from an overseas university
CENTRAL ADELAIDE

131 PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
Royal Adelaide Hospital, Hampstead Rehabilitation Centre, The Queen Elizabeth Hospital, Women’s and Children’s Hospital, Glenside Hospital, Port Augusta Hospital. Also: GP rotations to Kadina, Jamestown and Port Lincoln

ROTATIONS AVAILABLE
General Medicine, Stroke Unit, Acute Medical Unit, Cardiology, Gastroenterology, Geriatrics, General Surgery, Vascular Surgery, Plastics, Thoracic Medicine, Orthopaedics, Cardiothoracic Surgery, ENT, Paediatrics (General Medicine), Paeds Emergency, Emergency Medicine, Oncology (medical and radiation), Psychiatry, Medical/Surgical Nights, Relieving, Geriatric Rehabilitation, General Adult Rehabilitation, Neurology, Colorectal, Palliative Care, Respiratory, Plastics, Upper GI Surgery, Breast Endocrine Surgery, Urology

BASIC INFORMATION
The Central Adelaide Local Health Network (CALHN) features an incorporated hospital which provides acute and community services to central metropolitan Adelaide and tertiary services to a wider catchment area.

REASONS TO APPLY
A demonstrated teaching culture enhanced by:
• Weekly Intern Training Program (protected time)
• Intern Simulation Training Program
• Surgical Units Intern Teaching Program
• ED Teaching Program
• Medical Grand Rounds
• Departmental Meetings and Individual Unit Teaching Meetings
• Committed Postgraduate Medical Education personnel including: Medical Education Registrars, Chief Medical Residents, Clinical Term Supervisors
• A varied education program is offered throughout the year including ALS, PLS, APLS, Cultural Awareness, Interpersonal Violence & Drugs of Dependence, Full Career Development Program and Mentorship Program.

CONTACT DETAILS
Ms Lynne Burn
Medical Education Officer (Interns)
The Queen Elizabeth Hospital
Phone: (08) 8222 6650
Email: lynne.burn@sa.gov.au

Helen Yates
Medical Education Officer
Royal Adelaide Hospital, CAHLN
Phone: (08) 8222 4126
Email: helen.yates@sa.gov.au

NORTHERN ADELAIDE

50 PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
Modbury Hospital and Lyell McEwin Hospital

ROTATIONS AVAILABLE (to interns)
General Medicine, Cardiology, Gastroenterology, Renal Medicine, Breast Endocrine Surgery, Orthopaedics, Colorectal Surgery, Upper GI Surgery, Urology/ENT, Gynaecology, Emergency Medicine, Rehabilitation, Palliative Care, Psychiatry, Relieving, Surgery Nights, Acute Medical Unit, Medical Nights, Respiratory Medicine, Diabetes and Endocrinology, Stroke and Neurology, Rural General Practice (at Crystal Brook), Geriatric Evaluation and Management

BASIC INFORMATION
Feedback from previous interns has shown that the intern years at both LMH and Modbury Hospital have been positive ones, with interns obtaining rotation preferences that meet their career direction and enable them to obtain general registration. Modbury is a 174 bed, acute care hospital that will become one of three general hospitals in metropolitan Adelaide, providing services to its local community with an emphasis on general medicine and general surgery, and a specific focus on rehabilitation, aged care and palliative care services. Lyell McEwin is a 310-bed teaching hospital serving South Australia’s northern suburbs’ population, approximately 30 minutes from the Adelaide CBD. It is recognised as a leading teaching institution for healthcare professionals and has undergone extensive restructuring.
REASONS TO APPLY
- Weekly Intern Training Program
- Medical Grand Rounds
- Departmental Meetings
- Individual Unit Teaching Meetings
- New simulation training unit at LMH to be introduced by 2020

CONTACT DETAILS
Directors of GP Training & Clinical Training
Dr Ken Hand
Email: ken.hand@health.sa.gov.au
Dr Glenda Battersby
NALHN
Email: glenda.battersby@health.sa.gov.au

MEO contacts
LMH - Annamaria Semmler
E: annamaria.semmler@sa.gov.au
Modbury - Jenny Costi
E: jenny.costi@sa.gov.au

SOUTHERN ADELAIDE

69 PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
Flinders Medical Centre, Noarlunga Hospital and Jamie Larcombe Centre

ROTATIONS AVAILABLE
Emergency, Acute Medical Unit, Cardiology, Gastroenterology, General Medicine, Geriatric Evaluation and Management (GEM), Haematology, Older Persons Assessment and ED Liaison (OPAL), Respiratory, Stroke, Cardio-Thoracic Surgery, Colorectal Surgery, ENT, General and Gastrointestinal Surgery, Hepato-Pancreato-Biliary Surgery, Oesophago-Gastric Surgery, Orthopaedics, Urology, Vascular Surgery, Neurosurgery, Plastic Surgery, Infectious Diseases and Dermatology, Obstetrics and Gynaecology, Paediatrics, Psychiatry, Medical Nights, Surgical Nights, and Relieving.

BASIC INFORMATION
SALHN provides the opportunity to practice medicine across a broad range of specialties in a supportive environment. The education team within the Trainee Medical Officer Unit, provides comprehensive and dynamic training opportunities in their weekly intern tutorial program, simulation program, clinical skills workshops and the five-day orientation program.

Additionally, SALHN provides education, information and support for interns and general trainees who are interested in a General Practice career pathway.

QUOTE FROM CURRENT INTERN
From my discussions with doctors both outside South Australia and within, SALHN may be one of the best work environments for interns in Australia and therefore the world. SALHN offers a supportive culture, quality education and rapid career development. I have very much enjoyed working here.

CONTACT DETAILS
Sheryl Keegan
Medical Education Officer
Phone: (08) 8204 7688 (Tue-Fri)
Email: sheryl.keegan@sa.gov.au

COUNTRY HEALTH SA

12 PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
Mount Gambier and Districts Health Service, Whyalla Hospital and Health Service, Bunyara Medical Clinic Whyalla, Old Base Medical Centre Port Augusta, The Investigator Clinic Port Lincoln

ROTATIONS AVAILABLE
Medicine, Emergency Medicine, General Surgery, Anaesthetics, General Practice, Paediatrics

BASIC INFORMATION
CSAHLN provides acute services ranging from in-hospital care by local general practitioners to specialist surgical, obstetric, paediatric and anaesthetic services delivered by medical consultants. Services also include accident and emergency care, day and in-patient surgery, and mental health services including an in-patient unit, Aboriginal health and community health.
Mount Gambier
The Mount Gambier & District Health Services is the major regional health provider for the lower, mid and upper South East Regions with other facilities located nearby. The catchment area also extends across the border into Western Victoria. Mount Gambier strikes ideal balance between the vibrant lifestyle of big city and comforts of a small town, juxtaposing modern conveniences with the preservation of natural beauty – be it our iconic blue lake, many caves, sinkholes or parks.

Whyalla
Whyalla is located 396km northwest from Adelaide where the desert meets the sea. The city has a population of 23,000. In 1940, the Whyalla Hospital was built and continues to service the community today. In 2013, $69m was invested to redevelop and modernise the facilities within the hospital.

Port Augusta
Port Augusta is situated on the quiet waterways at the head of the Spencer Gulf, in close proximity to the spectacular Flinders Ranges. Port Augusta offers all the conveniences and a facility expected from a modern city, with a population of 13,985 residents. The Old Base Medical Center provides high quality community-based healthcare services to the remote community of Port Augusta and the surrounding towns and is committed to providing ongoing training and professional growth for all staff.

Port Lincoln
Port Lincoln is a city on the Lower Eyre Peninsula; situated on the shore of Boston Bay, which opens eastward into Spencer Gulf. It is the largest city in the West Coast region, with a population of 16,000, and is known as the seafood capital of Australia. The new purpose-built investigator clinic has a large team of doctors providing skills ideal for general and specialised medical care. The clinic has been designed to provide the best in modern rural medicine for the Port Lincoln community.

REASONS TO APPLY
High level of healthcare facilities available for a regional healthcare network including resuscitation rooms, mental health in-patient units and Aboriginal health services. The medical education unit provides a comprehensive educational program addressing the requirements of the Australian Curriculum Framework for Junior Doctors (ACFJD). Inclusive in formal teaching sessions is a weekly JMO tutorial program, monthly grand rounds and additional training workshops.

• Rural prevocational training (intern through to advanced trainee) which links to general practice pathways within the region
• Plenty of hands-on opportunities
• Close contact with consultants
• Smaller intern cohort enables more individual support from medical education team
• Supportive work, education and community environment
• High quality training facilities
• Lifestyle and work/life balance in regional area with excellent amenities

More information about the intern program is available on the SAMET website and information about the facilities at Mount Gambier are available at Country Health SA website.

CONTACT DETAILS
Workforce enquiries Mount Gambier:
Kristy Overmaat
Medical Liaison Officer
Mount Gambier and District Health Service
Phone: (08) 8721 1617
Email: kristy.overmaat@sa.gov.au

Workforce enquiries Whyalla, Port Augusta and Port Lincoln:
Simone Winders
Medical Liaison Officer
Whyalla Hospital and Health Services
Phone: (08) 8648 8501
Email: simone.winders@sa.gov.au
Training towards Fellowship with ACRRM is the best option for a career in rural generalism.
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Visit [boqspecialist.com.au](http://boqspecialist.com.au) to find out more.
Welcome to your internship!

Congratulations and welcome to the medical profession. We are very pleased and excited that you will be commencing your career in medicine in our beautiful state of Tasmania.

Good advice, given to most of us on starting our intern year, is not to be overwhelmed, give everything a go, be curious, be interested, ask questions, be proactive, look and learn and importantly ask for help if you need.

Your senior colleagues were all once interns, and they remember only too well the steep learning curve you are on and the incredible reward we all get from providing patient care. These senior doctors look forward to teaching and mentoring you; you are the future of our profession.

We often hear from interns, that working in the hospital isn't always what they expected. You graduated with a lot of knowledge, now is the time to put that knowledge into practice and enjoy this new experience. Tasmania provides a beautiful lifestyle and many opportunities for advancing your medical training at any one of our three public hospitals: Hobart, Launceston or at the North West Regional. We try to keep what we have in Tasmania a secret so as not to spoil it! However, I’m happy to share some of those secrets with you.

As a whole, Tasmania offers great weather, cities that are easy to get around, access to excellent sporting facilities and activities both on and off the water, healthy produce, a world-renowned arts and festival culture, pristine scenery, untouched beaches and a diverse and vibrant coffee and dining scene.

In the time it takes most of the Australian population to travel to work, doctors in Tasmania can be in the wilderness, at an unspoilt beach or just getting up because there is no need to rush! Our state has immense beauty at your doorstep. We also have quality hospitals offering a comprehensive range of experiences. Tasmania provides both basic and advanced training pathways to almost all specialities with some programs linked with Victoria.

Intern placements while remaining tight around the country are available in Tasmania with many of the students from the University of Tasmania Medical School moving around the country.

AMA Tasmania is actively involved in ensuring that the right balance of work, teaching and life exists for interns in Tasmania. So, give us serious consideration. However, beware, you will need to plan to stay as I can assure you that you will get hooked!

Top 10 tips for enjoying your internship

- Maintain networks
- Eat, exercise and have a GP
- Develop your communications skills
- Make sure your pager is on!
- Prioritise tasks and learn time management skills
- The best cannula is the one in the patient’s vein
- Introduce yourself to everyone
- Follow your passion
- Focus on your important role

Finally, enjoy your internship – everything will be ok, but please ask for help if you need it. If you have any questions, please don’t hesitate to contact me.

Dr John Davis
President AMA Tasmania
Email: ama@amatas.com.au
Website: amatas.com.au
TAS NEW GRADUATE PERSPECTIVE

Tasmania, so hot right now! Stunning nature ridiculously close by, an oh-so-with-it arts and culture scene, bearable traffic and a nice cool climate where turtlenecks are acceptable for ~9 months of the year.

Internships in Tassie come in three forms. A ‘rural’ experience at the North West Regional Hospital (NWRH) in Burnie on the north west coast of our island, a regional tertiary center experience at the Launceston General Hospital (LGH) or a fully-fledged – all services provided – capital city experience at the Royal Hobart Hospital (RHH). All three are excellent locations to learn and apply your skills following the long slog of medical school. Essentially as you go from more rural to city based settings each hospital offers more specialties and more diverse experiences, as you would expect, but don’t think the NWRH or LGH are inferior, all offer excellent terms with specialists and trainees keen to teach and involve you in their teams.

The application for Tasmanian internships is centralized through the Tasmanian Health Service (THS). You submit a CV and two referees for assessment and preference the three hospitals as to where you would most like to work. Most people are then interviewed and jobs are allocated out, with the interview apparently being the most important aspect of the process.

Not everyone gets their first choice, but most do. The RHH is typically oversubscribed and the NWRH can also receive too many applicants some years due to limited positions. Personally, I have found internship at the RHH to be an excellent experience so far. I have been on emergency and cardiothoracic surgery to date and have loved it. The whole THS is under huge stress with patient load, and the RHH bears the brunt of it, with the other hospitals referring most acutely unwell and deteriorating patients to the RHH for critical care.

This could take away from the internship experience, but I have not found it to be an issue, although workload can be high. Teaching is well received and frequent, with weekly specific internship teaching and most departments offering weekly education on top of this. Tassie also offers rural GP terms to interns! This is a new program for 2017. You can go really rural, such as King Island in Bass Strait, home to untouched surf breaks, boutique golf courses and world class cheese, or you can go kinda rural, like Huonville, a pleasant 40 minute drive south of Hobart into a valley known for its cider! If interested in these you should let the THS know when you apply.

Dr. Henry West

*originally written for the 2018 Internship Guide
TAS OVERVIEW

OVERVIEW
Discover Tasmania: attracting over 1 million visitors to Australia’s slightly forgotten island, it would be a shame if you forgot to consider coming here, too. Although on the smaller end of the scale, our cities are vibrant and thriving with creative production. Take time to explore and you’ll find that the state is also bursting with gorgeous scenery (and even world-class surfing!). Use a weekend or two to visit the many national parks, hiking trails and gardens; enjoying the nature boasted by our beautiful island.

Internships in Tasmania offer flexibility in lifestyle, with each Intern streamed into either Medicine, Surgery or General training (including emergency medicine). Invaluable career support is offered, coupled with targeted training and development programs. The relatively small intake is advantageous, providing a more relaxed and personalised work environment.

Wind down with a Cascade or two, or if Aussie beer’s not your thing, indulge in Tasmania’s renowned cheese and chocolate to finish off the long days.

APPLICATION PROCESS
Application must be submitted online via the Tasmanian jobs website www.jobs.tas.gov.au within the dates specified. There is a Tasmanian Health Service online application form which ensures all necessary information is collected. Candidates are not required to address the selection criteria in writing, but should attach a CV and must organise completion of two electronic referee reports.

KEY DATES
Applications open: Wednesday 8 May 2019
Applications close: Friday 7 June 2019
National first round offers: 15 July 2019

CONTACT
Email: medical.recruitment@ths.tas.gov.au

North West Regional Hospital (Burnie)
Mersey Community Hospital (Latrobe)
Launceston General Hospital
Royal Hobart Hospital
NORTHERN REGION

37 PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
Launceston General Hospital

ROTATIONS AVAILABLE
Core: Orthopaedics, General Surgery, Plastic Surgery, Urology, ENT, General Medicine, Acute Medical Unit, Oncology/Haematology, Renal, Respiratory, Emergency Medicine
Non-Core: Hospital at night, After hours/Relief, General Practice Rural – Scottsdale

BASIC INFORMATION
THO-North serves a population of 130,000, and a catchment of 240,000 for some specialties. All major specialties are represented in this training network except neurosurgery and cardiac surgery.

REASONS TO APPLY
• Regular teaching with core clinical information provided
• Excellent staff amenities including Gymnasium and a well-equipped medical officers’ common room
• New & vibrant Emergency Department
• Supportive environment, including mentoring and pastoral care. Regular contact with senior staff. A diverse range of clinical conditions and training opportunities
• Hospital-wide education programs

CONTACT DETAILS
Ellen Tiller
Resident Staff Co-ordinator
Phone: (03) 6777 4345
Email: ellen.tiller@ths.tas.gov.au

SOUTHERN REGION

41 PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
Royal Hobart Hospital

ROTATIONS AVAILABLE
Core: General Surgery, Orthopaedic Surgery, Plastics/Maxillofacial Surgery, Vascular Surgery, Cardiothoracic Surgery, Neurosurgery, General Medicine, Assessment Planning Unit, Haematology, Oncology, Rehabilitation Medicine, Older Persons Unit, Respiratory, Emergency Medical Care
Non-Core: Urology, General Practice Rural - Huonville

BASIC INFORMATION
The Royal Hobart Hospital is the tertiary referral centre for all of Tasmania. It services a population of approximately 240,000 people. THS-RHH offers a comprehensive range of specialties.

REASONS TO APPLY
• Active weekly Intern Education Program facilitated by the Directors of Clinical Training and Medical Education Advisor
• Our comprehensive, paid one-week orientation program includes shadowing of previous interns
• Support for intern personal welfare to ensure quality working experiences, supervision and feedback

CONTACT DETAILS
Shelley Hampson
Recruitment Support Officer
Phone: (03) 6166 7538
Email: shelley.hampson@ths.tas.gov.au
NORTH-WEST REGION

NETWORK TRAINING SITES
North West Regional Hospital, Burnie, and Mersey Community Hospital, Latrobe

ROTATIONS AVAILABLE
Core: General Medicine, General Surgery, Orthopaedic Surgery, Emergency Medicine
Non-Core: General Practice Rural – Queenstown & King Island

BASIC INFORMATION
Interns at THS-North West Region gain hands-on experience in well-supported departments. This provides a very unique opportunity to work across our diverse sites and ensure maximum exposure to advance skills. Interns are fully supported by Registrars and Consultants, and we have regular structured JMO training and education sessions.

REASONS TO APPLY
• Contemporary, well equipped and supportive work environments
• Availability of shared, self-contained accommodation for junior doctors close to the hospital
• Active weekly Intern Education Program facilitated by the Directors of Clinical Training and Medical Education Advisor
• Our comprehensive, paid one-week orientation program includes shadowing of previous interns
• Support for intern personal welfare to ensure quality working experiences, supervision and feedback

CONTACT DETAILS
Jasmin Thorpe
Senior Recruitment Officer
Email: jasmin.thorpe@ths.tas.gov.au

PREDICTED 2020 INTERNSHIP POSITIONS
Training towards Fellowship with ACRRM is the best option for a career in rural generalism.

#ruralwithACRRM  acrrm.org.au
Your future deserves a bank who understands what you’ve done to get here

We’ve worked closely with medical professionals for over 25 years. In that time, we’ve learned a lot about you and the challenges you face, particularly at the beginning of your career. Whether you need help with relocation costs, everyday living expenses, buying a new car or even saving for your first home — we can help you get off to a good start.

It’s taken a lot of effort to get to this point, but we’re here to make the next steps in your career a little easier.

Not only are you qualified to practice, you’re also qualified to join the many doctors who have chosen to trust us with their finances.

We’ve worked closely with medical professionals for over 25 years. In that time, we’ve learned a lot about you and the challenges you face, particularly at the beginning of your career. Whether you need help with relocation costs, everyday living expenses, buying a new car or even saving for your first home — we can help you get off to a good start.

Visit boqspecialist.com.au to find out more.
Dear Intern,

**Congratulations on making it to internship!**

This is an exciting and challenging time in your career. As you find your way through the public hospital system, it’s helpful to remember that every one of your medical colleagues began their careers as interns. Don’t be afraid to ask for help, because this is how you learn. I strongly encourage you to join AMA Victoria, the organisation representing Victorian doctors.

AMA Victoria helps countless members with workplace relations advice, career coaching and wellbeing support. You will also have networking opportunities with senior colleagues. In an increasingly crowded employment market, these opportunities are crucial.

AMA Victoria’s Enterprise Agreement provides junior doctors with improved working conditions, safer hours, a better deal for new parents and a 12% pay increase from 2017 with more to come.

AMA Victoria can help you to understand your rights as a Doctor-in-Training, as well as how to add your voice to advocate for policy improvements. AMA Victoria has worked hard to discourage bullying and harassment in public hospitals. In addition to our advocacy on this issue, the following trial program has been deployed with AMA Victoria’s input:


After initial trials, we expect the program will be rolled out state-wide! Set the right habits, be informed and share your experiences with the wider medical community.

I wish you the best of luck in your career.

Yours Sincerely,

A/Prof Julian Rait
President
Australian Medical Association (Victoria)
VIC NEW GRADUATE PERSPECTIVE

Congratulations. You did it. You made it. Through the all-nighters and stress, the highs and lows, the breakdowns and friendship, excitement and abject boredom. The patient stories that broke your heart, and the ones that restored your faith in people and decency. Through it all, you have come to arrive finally here, poised to take that all important next step in deleting the word student from your introduction to patients.

It is up to you now. You wield the pen that gives the orders, signs the charts and beds down the plan. You carry your patient’s expectations, secrets and hopes. The power to put them at ease and comfort or condemnation to days of anxiety stress through ambiguity handled poorly. Indebted with the trust of your bosses, your colleagues, your allies and your patient imparted by the virtue of your studies, but earned through the trials you shall face.

The change will be large, the challenges new and difficult. You will be tested in ways you likely have not before. You will work hard, you will feel insufficient and be forced to grow and develop as a result. By virtue of where you stand, however, and the immense ground you have already covered, you are more than prepared to face what is to come. You have all the weapons, capacity, and skills required to succeed. Trust in this when times are tough.

Be kind to those you encounter. You are allowed be friends with nurses, allied health, other doctors. If you do, they will save you, help you and support you more than you can ever know.

Talk to as many people as you can about different hospitals. Do your homework and ask lots of questions. Ask about culture and expectations, about overtime pay and experiences had, the flexibility of the workforce department and the abundance or poverty of role models, leaders and advocates for juniors. Let these answers guide you, but take it all with a grain of salt as all experiences will be painted by subjectivity. Take heart in the knowledge that regardless of where you go, you will learn, grow and develop. No matter where you end up there will be clinicians that will inspire and challenge you to be and do better, as well as those who will set an example for approaches that you will vow not to follow nor emulate.

The Victorian match is hard. It is competitive and challenging, made more-so by the varying qualities that different services will seek to evaluate you by. Run your own race, and apply widely and to many services as your time, patience and fortitude will allow. Practice interviews with friends, write, re-write, and write your cover letter again. Ask older friends for theirs if they are kind enough to share them. Put your best foot forward and take heart that your value, your career trajectory and your capacity are not defined by its outcome.

Dr. Gavin Wayne
OVERVIEW
Graduates of Australian or New Zealand medical schools who have completed an internship in Australia or New Zealand are eligible to apply for general registration through the Medical Board of Australia.

The Board grants provisional registration to Australian or New Zealand medical school graduates to undertake their intern year in Victoria. PA2 students graduating from Victorian medical schools, whether domestic or international, have priority over any other Australian graduates.

The Intern Candidate’s Guide in Victoria issued by the Postgraduate Medical Council of Victoria (PMCV) aims to provide new graduates with some basic information as they commence the next stage of their journey towards becoming fully qualified doctors. This can be downloaded from the PMCV website.

APPLYING TO VICTORIA
The application process for Victoria is through the PMCV website. Application includes submission of a Candidate Priority List, which is the list of hospitals applicants would like to be accepted into, in order of preference.

There are 23 allocation preferences. In addition to this, there is a separate application process for the hospitals applicants have chosen on their priority list. PMCV has a standardised CV format. Applicants may also be required to submit a cover letter, academic results, sit a situational judgement test and list clinical and non-clinical references.

For more information on the Candidate Priority List, visit the ‘Computer Matching’ section on the PMCV website.

PRIORITY GROUPS
Allocation of candidates to intern positions takes place in the following order:

Priority Group 1:
• Permanent resident Australian trained graduates from Victorian clinical schools

Priority Group 2:
• Temporary resident Australian trained graduates from Victorian clinical schools
• Special consideration

Priority Group 3:
• Permanent and temporary resident Australian trained graduates from interstate clinical schools
• New Zealand Medical School Graduates
• Graduates of university campuses accredited by the Australian Medical Council outside of Australia

KEY DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday 11 May</td>
<td>Medical Careers Expo @ Melbourne Exhibition Centre</td>
</tr>
<tr>
<td>Wednesday 8 May</td>
<td>Computer Match Opens Application processes open</td>
</tr>
<tr>
<td>Friday 7 June</td>
<td>National closing date for intern applications</td>
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<tr>
<td>Monday 10 June to Monday 1 July</td>
<td>Health service selection process</td>
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<tr>
<td>Monday 1 July</td>
<td>Last date to withdraw from Intern Match, reorder/delete preferences, submit application for deferral</td>
</tr>
<tr>
<td>Tuesday 09 July – Friday 12 July</td>
<td>Computer Match takes place (PMCV)</td>
</tr>
<tr>
<td>Monday 15 July 10.00am</td>
<td>National Round 1 Offers - Priority Group 1 ONLY</td>
</tr>
<tr>
<td>Monday 19 August 10.00am</td>
<td>Round 2 Offers - Priority Group 2 ONLY</td>
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<tr>
<td>TBA in August</td>
<td>Priority Group 3 offers. The process will be advised after round 2 offers.</td>
</tr>
</tbody>
</table>

CONTACT DETAILS
Postgraduate Medical Council of Victoria (PMCV)
Suite 801, Level 8, 533 Little Lonsdale Street
Melbourne, VIC 3000
Phone: (03) 9670 1066
Email: computermatching@pmcv.com.au

More information on the hospitals in Victoria can be found on the PMVC website and through their hospital directory:

APPLICATION SUPPORT
The Medical Student Council of Victoria (MSCV) represents, connects and supports all applicants in the Victorian match. For more information, sign-up to the MSCV Intern Match Support mailing list or contact us at internmatch@mscv.org.au.

Join the MSCV Intern Application Support Group 2019 on Facebook: https://www.facebook.com/groups/1052505744949964/

Join the MSCV mailing list at: http://eepurl.com/giktg9
RURAL TRAINING

Victoria’s Rural Community Intern Training (RCIT) program is available in 5 rural Victorian regions – Echuca Intern Network, Murray to Mountains, Grampians Medical Intern Training Program, East Gippsland Community Based Intern Program, and SouthWest Intern Program (more information can be found on each of these locations under the individual health services sections). Each program offers core terms in medicine, surgery, and emergency as well as other general and community practices.

All medical graduates are eligible to apply and selection is based on merit with the criteria varying between the 5 health services. Students successful in obtaining a RCIT intern position are generally allocated to the training region for 12 months. Students interested in the RCIT program can apply through the PMCV computer matching website.

Additionally, some students may be eligible to apply for the Victorian Rural Medical Scholarship (VRMS) scheme that offers financial support to graduating medical students wishing to work in rural and regional Victoria. More information can be found at: https://vicknowledgebank.net.au/vrms/
VIC Hospital Health Check Survey

In January 2018, the AMA Victoria Doctors in Training (DiT) Subcommittee ran an anonymous pilot survey of doctors in training in public hospitals about various aspects of their working lives, covered below.

The survey received 290 responses from around the state. Each question that had 5 possible answers was given a grade A – F. The grades were allocated a numerical score (A+ = 14, A = 13 through to F = 1). Questions in each category were then averaged out to give an overall score for that category.

Please note that some health services had low survey participation rates. In order to protect the integrity of the data and the privacy of respondents, only those health services who had a number of respondents greater than 10, were included in the table.

Comprehensive results can be viewed here at: https://amavic.com.au/files/HHC%2018.6%20V3.pdf

The 2019 Victorian Hospital Health Check Survey is expected to be released on the 11th of May 2019 on the AMA VIC website

<table>
<thead>
<tr>
<th>HOSPITAL</th>
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<th>WELLBEING</th>
<th>OVERTIME</th>
<th>LEAVE</th>
<th>CULTURE &amp; EQUITY</th>
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<td>D</td>
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<td>D</td>
<td>C+</td>
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<tr>
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<td>C</td>
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<tr>
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<tr>
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<td>D</td>
<td>B</td>
<td>C</td>
</tr>
</tbody>
</table>
ALBURY-WODONGA

PREDICTED 2020 INTERNSHIP POSITIONS
*10 are allocated through PMCV
*5 are allocated through the HETI Rural Preferential Pathway (NSW)
*3 of these positions are offered through the Murray to Mountains Network

NETWORK TRAINING SITES
Albury Hospital, Wodonga Hospital, Gardens Medical Group

ROTATIONS AVAILABLE
Emergency, General Medicine, General Surgery, Psychiatry, Geriatrics, Rehabilitation
An additional three posts rotate from the Murray to the Mountains Regional Program.

BASIC INFORMATION
Albury Wodonga Health (AWH) is the regional referral hospital for North East Victoria and Southern New South Wales, comprising 280 beds over two acute sites that are 10 kilometres apart. AWH provides a broad range of clinical services with local resident specialists supported by Accredited Registrars in all specialties. The Health Service includes a 9 bed Intensive Care Unit, 7 Operating Theatres and 2 Emergency Departments with over 60,000 attendances per annum.

REASONS TO APPLY
Albury Wodonga is situated 300km from Melbourne and has a population of 100,000. It is serviced by multiple daily plane and train services, to either Melbourne or Sydney.

First class sporting and recreational facilities are available in the district include skiing (at Falls Creek, Mt. Buffalo or Mt. Hotham), fishing, tennis, winery, squash, boating, golf, swimming and water skiing. The arts are well catered for with live theatre, cinema and frequent musical events.

CONTACT DETAILS
Liz Caunt
Manager, Medical Workforce Unit
Phone: (02) 6051 7543
Email: liz.caunt@awh.org.au

ALFRED HEALTH

PREDICTED 2020 INTERNSHIP POSITIONS
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NETWORK TRAINING SITES
The Alfred, Caulfield Hospital and Sandringham Hospital

ROTATIONS AVAILABLE
The Alfred
Breast & Endocrine Surgery, Cardiology, Colorectal Surgery, Emergency, Gastroenterology, General Medicine, General Surgery, Orthopaedics, Psychiatry, Radiology, Respiratory Medicine, Stroke, Trauma, Urology, Vascular

Caulfield Hospital
Aged Care Medicine, General Medicine

Sandringham Hospital
General Medicine, General Surgery

Bethlehem Hospital
Neuro-Palliative Care, Palliative Care

BASIC INFORMATION
The Alfred is part of Alfred Health, incorporating Caulfield Hospital and Sandringham Hospital, and is affiliated with Monash University Faculty of Medicine and has strong links to the Baker Medical Research Institute.

The Alfred has over 398 adult inpatient beds including 45 intensive care beds with over 300,000 inpatient visits and over 94,983 emergency department attendances annually. The Alfred is a tertiary referral centre, receiving patients through the Emergency Department as well as referrals from GPs and other hospitals.

REASONS TO APPLY
Alfred Health provides Junior Medical Staff with:
• Diverse career options
• Rotations in a range of facilities offering excellent experience and accredited training for specialty exams
• An excellent mentoring program by Senior Medical Staff
• A dedicated Medical Education Officer
• A committed Medical Workforce Unit
• A vibrant RMO Society
The Alfred will provide Junior Medical Staff with the clinical experience, mentoring, education, training and support necessary to enhance their chosen medical career. The hospital also has a reputation for service, training and research.

The Alfred has renowned statewide services - a Trauma Centre with helipad; Hyperbaric Medicine Service; Adult Cystic Fibrosis Unit; Heart Lung Transplant Service; Adult Burns Service; and a HIV/AIDS Service. Senior medical staff here are approachable and eager to assist. A formal mentoring program is also offered to JMOs and RMOs.

**CONTACT DETAILS**

Medical Workforce Unit
Email: medicalrecruitment@alfred.org.au

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**AUSTIN HEALTH**

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**PREDICTED 2020 INTERNSHIP POSITIONS**

**NETWORK TRAINING SITES**

Austin Hospital, Heidelberg Repatriation Hospital, and Royal Talbot Hospital

**ROTATIONS AVAILABLE**

Internship: 5 terms, 3 of which will be core Medical, Surgical and Emergency Medicine.

Emergency Medicine and General Medicine (both available at Austin, Echuca and Mildura), Endocrinology/Rheumatology, Gastroenterology, Liver Transplant Unit, Psychiatry, Spinal, and Stroke/Neurology.

For surgery, there are rotations in the following units: Breast, Colorectal, ENT, Hepatobiliary, Upper GI and a hybrid Radio-Rectal (Radiology/Colorectal)

**BASIC INFORMATION**

Austin Health is the major provider of tertiary health services, health professional education and research in the North East of Melbourne. Austin Health is world renowned for its research and specialist work in many fields of medicine and provides statewide services in liver transplantation, spinal cord injuries, respiratory support services, toxicology and paediatric mental health. They are also the centre for veteran mental health services. Austin Health incorporates the Austin Hospital, Heidelberg Repatriation Hospital (HRH) and the Royal Talbot Rehabilitation Centre (RTRC) and is affiliated with eight universities, specifically the University of Melbourne Medical School for undergraduate and postgraduate medical education.

**REASONS TO APPLY**

Austin Health is recognised for its excellence in clinical education and teaching. It provides dedicated training time each week to interns through the Clinical Education Unit. The new Austin Tower possesses new HMO quarters, an extensive education precinct, and modern wards and facilities.

A clinical skills lab is also situated on the Austin Hospital site, which provides hands-on training and simulated activities for all members of the health care team. The introduction of a new clinical information system at Austin with automated electronic inpatient and specialist clinic prescribing, drug administration, radiology, and pathology test ordering also eases patient management.

**CONTACT DETAILS**

Medical Workforce Unit
Phone: (03) 9496 6813
Email: hmorecruitment@austin.org.au

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**BAIRNSDALE REGIONAL HEALTH SERVICE**

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**PREDICTED 2020 INTERNSHIP POSITIONS**

*excluding the 3 East Gippsland Community Based and the 5 Eastern Health rotational placement interns

**NETWORK TRAINING SITES**

Bairnsdale Regional Health Service

**ROTATIONS AVAILABLE**

General Surgery, General Medicine, Emergency Medicine and Rehabilitation & Geriatric Evaluation

**BASIC INFORMATION**

BRHS provides multi-disciplinary health services to a growing population of over 44,000 across East Gippsland. In response to an increase in population growth in the region over the last ten years, BRHS is continually increasing its capacity to service the needs of the community. BRHS incorporates a long-established hospital with 51 acute beds,
20 sub-acute/rehabilitation beds, HDU, modern theatre suite, emergency department, 5 bed short stay unit, palliative care and maternity services. Day services include a 9 bed Day Procedure Unit, a newly built 10 chair Oncology/Medical Ambulatory Day Unit and a 9 chair Dialysis Unit. In addition to acute care, BRHS also provides core services through a 90 bed Aged Care facility, full-range of Allied Health Services, Medical Outpatient Services, Home Based Services, including Hospital in the Home, Community Health and a CBD campus offering the community easy access to Maternity Care and a selection of Medical Imaging Services.

BRHS attracts a range of Visiting Medical Officers, enabling it to provide services across a broad spectrum of care. The BRHS medical workforce consists of General Surgeons, General Physicians, Senior Medical Officer’s (Emergency Medicine), Hospital Medical Officers, various fractional medical specialists and is well supported by various Intern programs and an Unaccredited Surgical Registrar.

The Emergency Department provides trauma and emergency healthcare to the East Gippsland region. The department has been expanded to include a 5 bed Short Stay Unit and an Emergency Nurse Practitioner operating out of a fast track treatment area. Medical staffing is comprised of SMO's with support from HMO's and interns on rotation. Additional support is provided by the VMO community.

**REASONS TO APPLY**
The education program is a key component for this intern placement, and one that integrates education across multiple sites. There are two protected teaching sessions each week, as well as many other educational opportunities

- Each Intern has the opportunity to attend a full year of educational activities that are based on the Australian Curriculum Framework for Junior Doctors.
- The program has a strong skills-based component, working in association with the Monash Rural Clinical School, and all interns are released from their clinical duties to attend these workshops;
- Where appropriate, some educational activities will be multidisciplinary and/or vertically integrated either with medical students or GPs
- One-on-one teaching on the run moments and supervisory review are in addition to this program.

Located 30 minutes (at most) from the Ocean and beautiful beaches of East Gippsland, and 2 hours from the ski-fields in Winter, you will also enjoy a perfect work/life balance completing your Internship with BRHS.

**CONTACT DETAILS**
Lisa James
Medical Workforce Manager
Ph: 03 5150 3356
Email: lisa.james@brhs.com.au
Website: http://www.brhs.com.au

**BALLARAT HEALTH**

**PREDICTED 2020 INTERNSHIP POSITIONS**
*excluding Urology rotational position

**NETWORK TRAINING SITES**
Ballarat Base Hospital, Queen Elizabeth Centre & Grampians Psychiatric Services

**ROTATIONS AVAILABLE**

*Core Intern rotations: Medicine, Surgery, Emergency

*Elective Intern rotations: Medicine, Surgery, Emergency, Orthopaedics, ENT, Gastroenterology, Cardiology, and Subacute Medicine (Geriatrics and Rehabilitation) (10-12 week terms).

One intern position is a rotational post from the Royal Melbourne Hospital (Urology).

**BASIC INFORMATION**
Ballarat Health Services is the major provider of hospital and healthcare services in Western Victoria. Ballarat Health Services was formed in 1997 through the merger of the Base Hospital (acute medical, surgical, obstetric, paediatric, critical care and emergency services), Queen Elizabeth Centre (aged care, rehabilitation and palliative care) and Grampians Psychiatric Services (acute, aged and community psychiatric services).

Ballarat Health Services provides services to a regional population of 200,000 people. Located in the historic provincial city of Ballarat, just an 80 minute drive from Melbourne; Ballarat Health Services provides excellent hospital training and experience, superb lifestyle and exciting career options.
REASONS TO APPLY
Ballarat Health Services is comprised of approximately 370 acute beds (including 8 ICU/CCU beds, 23 ED beds, 3 resuscitation bays, and 67 acute mental health beds), and 525 residential care and rehabilitation beds. It can be a bit colder than average in Ballarat, but the city offers great lifestyle opportunities, and living is cheaper than in the metropolitan areas.

Interns receive an intensive orientation program. Weekly intern training (protected time) takes place under the auspices of the SIT and guided by the Australian Curriculum Framework for Junior Doctors. All interns receive BLS training early in the intern year. HMO training is a combination of formal lectures (including regular Grand Round presentations), bedside teaching, unit-specific teaching (M&M meetings, pathology and radiology meetings, multidisciplinary meetings) and online resources and guides. More information can be found at: www.educationresource.org.au A mentor program is also available to interested interns.

CONTACT DETAILS
Mr David Channon
Manager Junior Medical Workforce
Email: medwork@bhs.org.au

Ms Marisa Wines
Medical Education Coordinator
Email: medical.education@bhs.org.au

BARWON HEALTH

REASONS TO APPLY
Barwon Health is comprised of approximately 370 acute beds (including 8 ICU/CCU beds, 23 ED beds, 3 resuscitation bays, and 67 acute mental health beds), and 525 residential care and rehabilitation beds. It can be a bit colder than average in Ballarat, but the city offers great lifestyle opportunities, and living is cheaper than in the metropolitan areas.

Interns receive an intensive orientation program. Weekly intern training (protected time) takes place under the auspices of the SIT and guided by the Australian Curriculum Framework for Junior Doctors. All interns receive BLS training early in the intern year. HMO training is a combination of formal lectures (including regular Grand Round presentations), bedside teaching, unit-specific teaching (M&M meetings, pathology and radiology meetings, multidisciplinary meetings) and online resources and guides. More information can be found at: www.educationresource.org.au A mentor program is also available to interested interns.

CONTACT DETAILS
Mr David Channon
Manager Junior Medical Workforce
Email: medwork@bhs.org.au

Ms Marisa Wines
Medical Education Coordinator
Email: medical.education@bhs.org.au

BARWON HEALTH

REASONS TO APPLY
Barwon Health is the largest Regional Health Service provider in Victoria. It offers an extensive range of general and specialist hospital, rehabilitation, residential and community services to over 93% of the Geelong community and an increasing number of residents across the Barwon South-Western region. Barwon Health has a total of 1,000 beds, a budget in excess of $500 million and a workforce of 6,500.

Barwon Health University Hospital Geelong is a 406-bed general medical and surgical teaching hospital affiliated with The Deakin University Medical School with obstetric, paediatric and psychiatric beds. There are professorial departments of Medicine, Surgery and Psychiatry. The hospital positions are accredited for basic and many advanced training programs.

Barwon was awarded Regional Hospital of the Year 2011 and 2013.

REASONS TO APPLY
Barwon Health is a fantastic place to start and further a doctor’s career. It is one of Australia’s leaders in acute pain. It also has one of the busiest EDs with over 55,000 patients through the front door annually. In emergency, interns have an opportunity to consolidate clinical skills and reasoning essential in acute care. Surgical departments are deeply involved in research with opportunities for junior doctors to become involved with their own projects in these departments and publish studies. There are opportunities for interns and residents to visit network training sites in Southwestern Victoria, giving them occasions to travel and experience areas serviced by Barwon Health.

CONTACT DETAILS
Wayne Harding
Manager Junior Medical Workforce
Email: wayneha@barwonhealth.org.au

BARWON HEALTH

PREDICTED 2020 INTERNSHIP POSITIONS
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NETWORK TRAINING SITES
University Hospital Geelong, South West Healthcare (Warrnambool Campus), Hamilton Base Hospital, Colac Hospital, Ballarat Hospital, St John of God (Geelong/ Warrnambool)

ROTATIONS AVAILABLE
General Medicine, General Surgery, Emergency, Orthopaedics, Psychiatry, Radiation, Oncology, Rehabilitation, Urology surgery, Vascular surgery, Warrnambool Emergency and General Surgery
BENDIGO HEALTH

PREDICTED 2020 INTERNSHIP POSITIONS

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NETWORK TRAINING SITES
Austin Health, Eastern Health, Royal Children’s Hospital, Alfred Hospital, St Vincent’s Hospital & Barwon Health.

With a strong culture of education, Bendigo Health enjoys partnerships with La Trobe University and Monash University, both of whom have rural schools onsite.

ROTATIONS AVAILABLE
Core rotations: General Medicine, General Surgery, Emergency Medicine

Non-core rotations: General Medicine, Orthopaedics, Rehabilitation, Geriatrics, Medical Oncology (conditions apply), Urology, Psychiatry, Echuca (Emergency & General Medicine), Cardiology, Renal, Ortho Geriatrics

BASIC INFORMATION
Bendigo Health is the largest employer in the region with more than 3,500 staff and 300 volunteers. Bendigo Health Care Group (commonly known as Bendigo Health), is an expanding regional health service offering the advantages of city life combined with the beauty and freedom that comes from living in a regional area.

Bendigo Health recently moved into a brand new world class hospital, the largest regional hospital in Victoria. It features: 372 inpatient beds, 72 same-day acute beds, an 80 bed integrated psychiatric inpatient unit, including a parent-infant unit, 11 operating theatres, a regional integrated Cancer Centre, a 110 place childcare centre, a 128 room accommodation hotel, a retail shops and cafes. Stage two works are well underway which include a multi-storey car park, a conference facility and a helipad.

The organisation provides services in emergency, maternity, women’s health, medical imaging, pathology, rehabilitation, community services, residential aged care, psychiatric care, community dental, hospice/palliative care, cardiology, cancer services and renal dialysis to the people of the Loddon Mallee region.

REASONS TO APPLY
• Good specialist medical rotations available at the intern level
• Very good exposure to clinical procedures
• Plenty of hands on experience and 1-1 time with Consultants
• Lots of paediatric experience during your Emergency and Surgery terms
• Weekly education opportunities
• New hospital providing world-class health
• Be involved in the professionalism program for junior doctors
• Great culture amongst the junior doctors; and strong HMO Society that run weekly social events
• Accommodation provided; located only a 5 minute walk from Hospital
• Job opportunities for HMO2 and beyond at Bendigo Health, including BPT and GP pathways

CONTACT DETAILS
HMO Support Unit
Phone: 03 5454 7584
Email: hmosupport@bendigohealth.org.au

EAST GIPPSLAND COMMUNITY BASED INTERNSHIP PROGRAM

PREDICTED 2020 INTERNSHIP POSITIONS

5

*2 interns will be placed in the Sale region; 3 in the the Bairnsdale Region

NETWORK TRAINING SITES
Central Gippsland Health Service, Bairnsdale Regional Health Service, Macleod St Medical Centre, Clocktower Medical Centre

ROTATIONS AVAILABLE
Surgery, Emergency Medicine, General Medicine, GP Rotation

BASIC INFORMATION
A community based internship program creates a rural pathway for intern training, which provides competitive career choices compared with metropolitan hospital based internships. Interns experience working in hospitals in which both specialists and general practitioners provide services, and in the community
to increase the community responsiveness of the healthcare workforce and competencies in community oriented care. Previous graduates have progressed to enter into GP Training programs, and also Basic Physician Training programs.

**CONTACT DETAILS**
Juliet Johnston  
Program Manager  
Phone: (03) 5150 3448  
Email: Juliet.johnston@brhs.com.au

**EASTERN HEALTH**

**PREDICTED 2020 INTERNSHIP POSITIONS**

**NETWORK TRAINING SITES**
Angliss Health Service, Box Hill Hospital, Maroondah Hospital, Peter James Centre, Bairnsdale Regional Health

**ROTATIONS AVAILABLE**
All acute sites provide rotations in General Medicine, General Surgery and Emergency Medicine. Other rotations include Aged Care, Rehabilitation, Urology, Renal, Orthopaedics and Psychiatry. Bairnsdale Regional Health Service offers rotations in medicine, surgery and Emergency Medicine.

**BASIC INFORMATION**
Eastern Health is one of Melbourne’s largest metropolitan health services. We provide a range of Emergency, Medical, Surgical, Mental Health and Women’s and Children’s services to Melbourne’s diverse eastern community.

We provide services for more than 800,000 people across an area of approximately 2,800 square kilometres.

**REASONS TO APPLY**
Eastern Health is well known as a friendly and supportive place to work. The Health Service is committed to providing a great learning experience for all of Interns and HMOs, and supporting career progression.

Every intern and HMO is provided with a comprehensive orientation program at the beginning of the year and a modified orientation program at the beginning of each rotation. Eastern Health’s Hospitals are also teaching hospitals for Monash and Deakin Universities.

Further information may be found on the EH website under Medical recruitment

**EUHUCA REGIONAL HEALTH**

**PREDICTED 2020 INTERNSHIP POSITIONS**

**NETWORK TRAINING SITES**
Echuca Regional Health, Echuca Moama Family Medical Practice

**ROTATIONS AVAILABLE**
Emergency Medicine, General Surgery, General Medicine, Rehabilitation, Aged Care, Palliative Care Medicine (RAP) at ERH, Community Medicine Placements based at Echuca Moama Family Medical Practice

**BASIC INFORMATION**
Echuca Regional Health is a public hospital located just 200 kilometres north from Melbourne, in the beautiful riverside location of Echuca-Moama. After a $65 million redevelopment completed in August 2015, Echuca Regional Health comprises 113 beds providing a comprehensive range of services including emergency, medical, sub-acute, surgical, maternity, paediatric, urology, orthopaedic, ophthalmology, dental, chemotherapy, and haemodialysis services. Echuca Regional Health also encompasses a residential aged care service, Glanville Village, which accommodates 60 residents.
The centre is well-supported by both the University of Melbourne and La Trobe University. The facility comprises multiple teaching rooms, clinical skills lab, dedicated computer room for private study and a main hall for seminars and larger workshops.

REASONS TO APPLY
- Interns work in a supportive sub-regional hospital environment. Clinical supervisors and educators support a small team of junior medical officers, so they get to know you personally.
- Comprehensive orientation provided for each term, including access to e-learning programs.
- The broad based experience available through the Echuca Intern Network provides an ideal generalist grounding, whatever a doctor’s future career aspirations may be.
- No night shifts for Interns, and on-site accommodation is available.
- Echuca-Moama is a vibrant and attractive tourist destination on the Murray River. Relax and enjoy the abundant indoor and outdoor activities, many within easy walking distance.

CONTACT DETAILS
Dr Kathryn Schultz
Director of Clinical Training
Email: medicalworkforceunit@erh.org.au
Phone: (03) 5485 5000 ERH
Website: www.erh.org.au

GIPPSLAND RURAL INTERN TRAINING (GRIT)

PREDICTED 2020 INTERNSHIP POSITIONS
25

NETWORK TRAINING SITES
Central Gippsland Health Service, Latrobe Regional Hospital, and West Gippsland Healthcare Group, Eastern Victoria GP Training (EV)

ROTATIONS AVAILABLE
Anaesthetics, Emergency, General Medicine, Geriatrics, Mental Health, Oncology, Orthopaedics, and Surgery

BASIC INFORMATION
The GRIT Program is coordinated by Latrobe Regional Hospital which has a 257 bed regional referral centre for Gippsland.

The health service includes four rotations at Latrobe Regional Hospital (anaesthetics, medicine, orthopaedics and emergency), Central Gippsland Health Service at Sale (medicine), and West Gippsland Hospital at Warragul (surgery and emergency).

REASONS TO APPLY
Single subsidised accommodation is available for entire internship year. There is an active education program. Education consists of bedside tuition, weekly lunchtime lectures, discussion groups and grand rounds conducted by both visiting and salaried medical staff and routine clinical meetings open to all practitioners in the district.

CONTACT DETAILS
Daniel Webster
HMO Manager Latrobe Regional Hospital
Phone: (03) 5173 8527
Email: dwebster@lrh.com.au
medicalworkforceunit@lrh.com.au

GOULBURN VALLEY HEALTH

32 PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
Shepparton Regional Hospital

ROTATIONS AVAILABLE
Medical, Surgical, Orthopaedics, Anaesthetics, Rehabilitation, Geriatrics, HITH, Psychiatry and Emergency, Oncology, Reliever

BASIC INFORMATION
The Hospital is situated in the City of Shepparton and serves as the Base Hospital to a region including the Goulburn Valley and extending over the border into New South Wales (population approximately 160,000). Goulburn Valley Health is a 280 bed acute and extended care facility. It has two smaller sites at Rushworth and Tatura with acute and aged care beds.
The University of Melbourne is affiliated with Goulburn Valley Health, and has established a School of Rural Health for medical and nursing undergraduates in purpose built facilities, located across the road from the main hospital.

**REASONS TO APPLY**
The health service offers weekly education programs to JMOs and RMOs. The Greater Shepparton area caters for all major sporting activities and has two major indoor gymnasium complexes and an indoor aquatic centre. Shepparton is close to major tourist wineries like Mitchelton and Rutherglen. Murray River tourist towns like Echuca and Cobram/Barooga are within easy driving distance.

**CONTACT DETAILS**
Carla Jewell  
Manager  
Medical Workforce and Education Unit  
Phone: (03) 5832 2932  
Email: medical@gvhealth.org.au

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**GRAMPIANS**
**RURAL COMMUNITY INTERN TRAINING PROGRAM**

5  
2019 INTERNSHIP POSITIONS

**NETWORK TRAINING SITES**
East Grampians Health Service, St John of God Ballarat Hospital, Maryborough District Health Service, Clarendon Medical Centre (Maryborough), Nightingale Clinic (Maryborough) and Ararat Medical Centre

**ROTATIONS AVAILABLE**
Emergency, General Medicine, Surgery, General Practice

**BASIC INFORMATION**
The Grampians Medical Training program is a partnership between East Grampians Health Service (Ararat), St John of God Ballarat Hospital and Maryborough District Health Service. It is a community based intern program where the intern can gain a relevant and thoroughly hands-on experience in the roles and procedures of the rural doctor. The Grampians Medical Training program provides the opportunity for career progression from undergraduate to general practitioner or specialist registrar. The program is designed to create a strong basis for a rural medical career whilst also developing skills transferrable to metropolitan practice. This is an innovative model which provides participants exposure to both public and private health services and regional and rural locations. The core medical and emergency terms will be at St John of God Ballarat Hospital. Core surgical terms will occur at East Grampians Health Service and Maryborough District Health Service. Surgical terms will include daily sessions in theatre and significant exposure to anaesthetics. General Practice terms will occur at Clarendon Medical Centre (Maryborough) and Nightingale Clinic (Maryborough) and the Ararat Medical Centre. Interns in their fifth term have the option of completing an additional surgical, emergency, general medicine or general practice term.

**REASONS TO APPLY**
The internship will include
- Supervision by highly qualified and experienced Specialists and General Practitioners
- Access to mentoring and career counselling
- A diverse education and training program including:
  - A formal lecture and seminar program
  - Grand Rounds
  - Bedside training
  - Clinical simulation
  - Journal club
  - Skills workshops
  - Participation in clinical and governance meetings
  - Participation in quality improvement activities
  - Access to library facilities and information technology to ensure the completion of all the components of the AMC Intern Training: Intern Outcome Statements and Australian Curriculum Framework for Junior Doctors
- A comprehensive orientation program including unit handbooks and resources
- Regular feedback, assessment and rotation evaluation
- Accommodation is provided at all locations

**CONTACT DETAILS**
Sarah Woodburn  
Manager, Development and Improvement East Grampians Health Service  
Phone: (03) 5352 9437  
Email: sarah.woodburn@eghs.net.au
MELBOURNE HEALTH

PREDICTED 2020 INTERNSHIP POSITIONS
78*
*2 of these positions are reserved for Indigenous interns
*2 are part-time positions

NETWORK TRAINING SITES
The Royal Melbourne Hospital, The Royal Park Campus, The Royal Women’s Hospital, Ballarat Base Hospital, Wangaratta District Base, Western/Wimmera Base Hospital

ROTATIONS AVAILABLE
Breast & Endocrine, Colorectal Surgery, Endocrinology, Stroke, Gastroenterology, Hepatobiliary, Infectious Diseases (VIDS), Orthopaedic Surgery, Palliative Care, Psychiatry, Rehabilitation, Renal, Respiratory Medicine, Rheumatology, Urology

BASIC INFORMATION
The Royal Melbourne Hospital (RMH) is one of Melbourne’s preeminent hospitals. For 168 years, the hospital has touched millions of lives, improving clinical outcomes through outstanding clinical care, medical research and the training of future healthcare professionals. It provides specialist, general acute and subacute health services across two campuses. Primarily serving the north-western communities of Melbourne, the RMH also provides statewide and specialist services to rural and regional Victorians. RMH is part of Melbourne Health, which includes NorthWestern Mental Health and The Doherty Institute for Infection and Immunity – which includes the Victorian Infectious Diseases Reference Laboratory.

REASONS TO APPLY
The internship has an international reputation for its commitment to clinical research, education and patient care. RMH has an extensive range of services including cardiac, oncology, neurosciences and trauma. RMH also has strong links with research facilities including the Walter & Eliza Hall Institute of Medical Research, the Ludwig Institute for Cancer Research and the National Ageing Research Institute. The health service has a dedicated Medical Education Unit that provides continuing support for junior medical staff. This includes weekly intern teaching, as well as skills training.

MILDURA HEALTH

PREDICTED 2020 INTERNSHIP POSITIONS
5

NETWORK TRAINING SITES
Mildura Base Hospital

ROTATIONS AVAILABLE
General Medicine, General Surgery, Emergency, Psychiatry, Orthopaedics

BASIC INFORMATION
The Mildura Base Hospital is an accredited regional referral centre, servicing approximately 76,000 people in the North West area of Victoria and South West NSW. It is a newly built fully integrated facility with 146 beds including medicine, surgery, obstetrics and gynaecology, ICU, dialysis, emergency, psychiatry and rehabilitation as well as four fully equipped operating theatres.

Enjoy what the locals enjoy every day – warm sunshine, clear skies and fresh air. Mildura offers a friendly, relaxed lifestyle, access to Australia’s mighty Murray and Darling rivers and a wide variety of sporting and leisure activities. Multiple daily air services to Adelaide, Melbourne and Sydney provide excellent opportunities to commute regularly. Mildura is in the heart of Australia’s largest dried fruit, grape and wine producing area and has a number of major wineries. The beautiful weather and the magnificent Murray and Darling rivers supply the irrigation that makes this area the great horticultural centre of Victoria.

REASONS TO APPLY
All consultants, resident specialists and visiting medical staff take a great interest in graduate education. Mildura Base Hospital offers its HMOs, Interns and Registrars medical education sessions five days per week. There is one hour of protected time each day to allow medical staff to attend these tutorials.

There is an active education program which includes weekly Rounds presentations, departmental education sessions, X-ray meetings and case presentations. Whether virtual or personal contact is needed,
the Library can help you to source information technology, or study and research requirements. The library provides 24-hour access and includes updated books and journals affiliated with inter-library loans, along with easy internet access.

Mildura is renowned for its fantastic food, wine and cultural mix and has excellent facilities for golf (five courses), tennis, athletics, aerobics, gym, swimming, water sports, squash, rowing, football etc. Mix this with the enviable climate (Mildura enjoys more days of sunshine a year than Queensland on average), excellent shopping, and a variety of festivals during the year - you will definitely enjoy an enviable experience.

CONTACT DETAILS
Mrs Teresa Boylan-Kelly
P: (03) 5022 3333 (Hospital number)

MONASH HEALTH

PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
Monash Medical Centre, Moorabbin Hospital, Dandenong Hospital, Casey Hospital, Kingston Centre, Latrobe Regional Hospital (Traralgon), Mildura Base Hospital (Ramsay Health), West Gippsland Healthcare Group (Warragul), Bass Coast Regional Hospital (Wonthaggi)

ROTATIONS AVAILABLE
General Medicine, General Surgery, Emergency, Gastroenterology, Palliative Care, Rehabilitation, Country rotation, Orthopaedics, General Practice, Radiology, Dermatology, Rheumatology, Infectious Disease, and Psychiatry

BASIC INFORMATION
Monash Health provides comprehensive primary, secondary and tertiary health care services to people living in the southeastern suburbs of metropolitan Melbourne from its five hospital sites: Monash Medical Centre Clayton, Moorabbin Hospital, Dandenong Hospital, Casey Hospital (Berwick), and Kingston Centre; Cranbourne Integrated Care Centre and five community health sites. All services provided at these sites are linked to provide a “system of care” from community through acute care to rehabilitation and continuing care.

Monash Health provides health services for a primary catchment of more than 1 million residents and had over 3.1 million episodes of care across its various sites last year. There were over 10,162 births at Monash Health and 48,480 surgical operations performed. In addition there were over 220,913 presentations at our three emergency departments, with 54,495 ambulance arrivals handled by our emergency departments. There were 40,206 children under age 19 admitted to our Monash Children’s Hospital wards and neonatal units, as well as 224,460 mental health client contacts. We conduct 99,190 hours of direct primary care and home and community care services in our community. We have over 16,000 dedicated staff caring for our patients.

One outcome of the breadth and depth of our services is that it is possible to train in every single specialty at Monash Health. You will be able to interact with a range of specialties not offered at any other health service in the state.

REASONS TO APPLY
• There is a close working relationship between the allied rural hospitals and Monash Health sites.
• There is a Director of Clinical Training at each Hospital site.
• College accredited posts for relevant colleges and training programs.
• We encourage participation in the wider hospital structure including participating on committees, undertaking research, mentoring and teaching students, etc.
• Assistance/ support provided to attend courses for basic training.
• Flexible rostering to take into account career and personal needs.
• We have gyms, car parking, educational and research precincts, HMO lounges, access to library facilities and education based at each Hospital site.

CONTACT DETAILS
Dr Christina Johnson
Medical Director
Monash Doctors Education
Phone: (03) 9594 6666 Monash Website
Email: recruitment@monashhealth.org
MURRAY TO THE MOUNTAINS

PREDICTED 2020 INTERNSHIP POSITIONS
*5 interns will be placed in Yarrawonga; 4 interns will be placed in Benalla; 2 interns will be placed in Cobram; 2 interns will be placed in Kyabram; and 1 intern will be placed in Mt Beauty/Falls Creek. 1 intern will be placed in Mansfield for 20 weeks in a community General Practice rotation.

NETWORK TRAINING SITES
For core rotations of Medicine, Surgical & Emergency: Northeast Health Wangaratta and Albury Wodonga Health – both Albury & Wodonga campuses

For GP/Rural Health Service Rotations: Yarrawonga, Cobram, Numurkah, Benalla, Mt Beauty/Falls Creek, Mansfield/Mt Buller, Kyabram

ROTATIONS AVAILABLE
General Medicine, General Surgery & Orthopaedic Surgery, Emergency Medicine, and 20 week GP/Rural Health Service rotation

BASIC INFORMATION
The M2M program has been developed by a partnership of Alpine Health, Cobram District Health, Numurkah District Health Service and Yarrawonga Health. M2M is a sub-regional model for intern placement, based in small rural teaching health services.

The M2M intern training experience is unique. Our placement structure will give you the total experience in both rural and regional hospitals and is based in some of Victoria’s most beautiful locations such as Cobram, Mt Beauty, Falls Creek, Yarrawonga, Benalla, Mansfield and Mt Buller. The core medical, surgical and emergency medicine rotations will be at Northeast Health Wangaratta and emergency medicine at Albury Wodonga Health (Wodonga Campus).

The M2M Program provides the opportunity for career progression from undergraduate to GP or specialist registrar and a strong foundation for a rural medical career. At the same time, the value of the M2M experience is readily translated to metropolitan specialist practice.

REASONS TO APPLY
Interns will:
• Maximize their exposure to generalist medicine;
• Experience high levels of hands-on clinical experience & training
• Experience medicine in a variety of settings – ambulatory, hospital and residential care;
• Have core rotations of 10 weeks in surgery, medicine and emergency medicine in the Hume region; be the patient’s first contact and follow the patient journey;
• Have the opportunity to work in rurally based procedural general practice and small rural teaching services for 20 weeks;
• Participate in parallel consulting;
• Access a high quality education program that includes grand rounds, clinical review meetings, medical meetings, geriatric & paediatric education sessions and skills workshops;
• Be provided with opportunities for procedural based career pathways at PGY 2, 3 level;
• Be supported in their career aspirations.
• Have unprecedented access to working with local GPs and a wide variety of visiting medical specialists including: General Surgery, Anaesthetics, Obstetrics and Gynaecology, Paediatrics, Orthopaedic Surgery, Geriatrics, Urology, Ophthalmology,
• Will actively participate in procedural medicine.

OUR PROGRAM:
• A comprehensive, challenging approach
• Unrivaled access to teaching facilities and educational resources
• Designed to develop your medical independence
• Assure the clinical skills required for your medical career

CONTACT DETAILS
Shane Boyer
Manager
Phone: (03) 5823 4569
Email: shane.boyer@unimelb.edu.au
NORTHERN HEALTH NETWORK TRAINING SITES
Austin Hospital, Northern Hospital, Mercy Hospital, Bundoora Extended Care Centre, Broadmeadows Health Service, Bendigo Health, Echuca Regional Health Services, Wimmera Health Care Group

ROTATIONS AVAILABLE
Aged Care, Anaesthetics/Pre-Admission Clinic, Orthopaedics, Urology, Vascular/Thoracics, Psychiatry, Stroke/Neurology, General Surgery, General Medicine, Emergency Medicine

BASIC INFORMATION
Interns at Northern Health are provided a supportive and safe environment for internship, including weekly mandatory teaching sessions, an engaged and organised Medical Education Unit with a dedicated Supervisor of Intern Training, and a well resourced Medical Workforce Unit.

REASONS TO APPLY
Northern Health’s campuses provide a unique mix of services including medical, surgical, emergency, intensive and coronary care, paediatrics, women’s and maternal health, mental health, aged care, palliative care, and rehabilitation programs. The health service has passionate and dedicated clinicians who offer learning and training to interns. Here, interns and residents are known to their teams and are not just a face in the crowd. The hospital also employs a dedicated Intern Training Supervisor who is instrumental in organising innovative and practical training programs, and supports the welfare of junior doctors. The Teaching on the Run programs are conducted for interns, in addition to surgical workshops in collaboration with Austin Health at the College of Surgeons Skills Laboratory. Besides that, leadership and management courses are offered to interns and residents throughout the year.

CONTACT DETAILS
Junior Medical Workforce Unit
Phone: (03) 8405 8209 / (03) 8405 8000
Email: northerndoctorsworkforce@nh.org.au

NORTHEAST HEALTH NETWORK TRAINING SITES
Melbourne Health, Mercy Hospital, Northern Hospital, Southern Health and Murray to the Mountains (M2M) program supply Interns to Northeast Health Wangaratta on rotation. Northeast Health Wangaratta (NHW) has strong links with the Murray City Country Coast (MCCC) GP Training Network

ROTATIONS AVAILABLE
Emergency, General Medicine, General Surgery or Orthopaedics, Rehabilitation (non-core)

BASIC INFORMATION
NHW is a leading healthcare service committed to providing high quality care for our community. In recognition of our service excellence NHW was awarded the Premier’s Award for Regional Health Service of the year in 2014. Our facility is a modern 222 bed hospital providing emergency and elective clinical services to a primary catchment of 28,000 people and a secondary catchment of approximately 100,000. NHW is a major referral facility for the Central Hume Region with a budget in excess of $100 million and employs over 1,200 dedicated employees.

The hospital is located at the foot of the Australian Alps on the Hume Highway, and is a designated Regional Trauma Service. The Emergency Department at NHW is the only 24 hour emergency medical facility between Melbourne and Albury-Wodonga and last year provided care to over 22,000 patient presentations.

REASONS TO APPLY
The health service offers supervision by trained specialists, a supportive environment with dedicated multi-disciplinary teams, and an excellent teaching program. In addition, weekly JMO education programs are provided to interns and residents by the University of Melbourne and workshops are available through the Murray to Mountain Program.

CONTACT DETAILS
Ms Merryn Lodding
Medical Workforce Manager
Phone: (03) 5722 5066
Email: medicalworkforce@nhw.org.au

PREDICTED 2020 INTERNSHIP POSITIONS
*NHW directly recruit 9 of these posts with the remaining 9 rotating to Northeast Health from the Murray to the Mountains (M2M) Program (6) and The Royal Melbourne Hospital (3)

40 PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
Austin Hospital, Northern Hospital, Mercy Hospital, Bundooma Extended Care Centre, Broadmeadows Health Service, Bendigo Health, Echuca Regional Health Services, Wimmera Health Care Group

ROTATIONS AVAILABLE
Aged Care, Anaesthetics/Pre-Admission Clinic, Orthopaedics, Urology, Vascular/Thoracics, Psychiatry, Stroke/Neurology, General Surgery, General Medicine, Emergency Medicine

BASIC INFORMATION
Interns at Northern Health's campuses provide a unique mix of services including medical, surgical, emergency, intensive and coronary care, paediatrics, women's and maternal health, mental health, aged care, palliative care, and rehabilitation programs. The health service has passionate and dedicated clinicians who offer learning and training to interns. Here, interns and residents are known to their teams and are not just a face in the crowd. The hospital also employs a dedicated Intern Training Supervisor who is instrumental in organising innovative and practical training programs, and supports the welfare of junior doctors.

The Teaching on the Run programs are conducted for interns, in addition to surgical workshops in collaboration with Austin Health at the College of Surgeons Skills Laboratory. Besides that, leadership and management courses are offered to interns and residents throughout the year.

CONTACT DETAILS
Junior Medical Workforce Unit
Phone: (03) 8405 8209 / (03) 8405 8000
Email: northerndoctorsworkforce@nh.org.au
**PENINSULA HEALTH**

**PREDICTED 2020 INTERNSHIP POSITIONS**

**NETWORK TRAINING SITES**
Frankston Hospital, Rosebud Hospital, The Mornington Centre for aged care, Golf Links Road Rehabilitation and Palliative Care Facility, West Gippsland Healthcare Group (Warragul Hospital), Bass Coast Regional Health (Wonthaggi)

**ROTATIONS AVAILABLE**
Emergency Medicine, General Surgery, General Medicine, Psychiatry, Aged Care, Rehabilitation

**BASIC INFORMATION**
Peninsula’s public hospital and health care service – Frankston Hospital is located a 45 minute drive from the Melbourne CBD and is the gateway to the Mornington Peninsula. Last financial year there were over 80,000 ED attendances (Frankston & Rosebud Hospitals combined). There are 330+ in-patient beds at Frankston Hospital and a further 70+ at Rosebud Hospital. Last financial year there were over 60,000 admitted patients in Acute Health. 97% of patients requiring admission are treated on the Peninsula.

All services are supported by a theatre suite, Intensive Care Unit, Coronary Care Unit, Coronary Angiography and Pain Service. A new Frankston hospital Emergency Department opened in 2015 with 3 new inpatient wards co-located.

**CONTACT DETAILS**
Peter Watts
Acting Director Medical Workforce Uni
Phone: (03) 9784 7725
Website: [www.peninsulahealth.org.au](http://www.peninsulahealth.org.au)

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**SOUTHWEST HEALTHCARE**

**PREDICTED 2020 INTERNSHIP POSITIONS**

**NETWORK TRAINING SITES**
Warrnambool Base Hospital

**ROTATIONS AVAILABLE**
Medicine, Surgery, Emergency, Psychiatry, Alcohol & Other Drugs, Palliative Care, Rehabilitation

**BASIC INFORMATION**
South West Healthcare is an accredited regional referral centre, servicing approximately 110,000 people in the South West area of Victoria. It is a fully integrated facility with 174 beds. Wards include medicine, surgery, obstetrics and gynaecology, six bed critical care unit, dialysis, emergency, inpatient psychiatry, GEM and rehabilitation. There are three fully equipped operating theatres and a separate endoscopy suite. South West Healthcare has approximately 15,000 admissions and 25,000 emergency department attendances per year.

**REASONS TO APPLY**
- All accommodation is situated within walking distance to the hospital.
- All consultants, resident specialists and visiting medical staff take a great interest in graduate education. Clinical teaching is supported by a well-resourced library and an active quality assurance and education program. Educational meetings are held several times per week (ED tutorials; radiology rounds; lectures/evidence based medicine presentations).
- Whether virtual or personal contact is needed, the library can help you with IT, study and research resources. The library provides some after hours access and includes updated books and journals affiliated with interlibrary loans, along with easy internet access.
- Warrnambool is a pleasant seaside holiday resort 264 kms west of Melbourne with a population of 33,000. There are three times daily rail services and excellent shopping centres, good schools of all grades from kindergarten to University, and churches of all denominations. There is a wide range of indoor and outdoor sporting facilities available.
  - An excellent art gallery and Performing Arts Centre are located within the central business district.
  - The city is known for its tourism and therefore has plenty to do (Great Ocean Road, Shipwreck Coast, Whale Watching, Tower Hill).

**CONTACT DETAILS**
Peter Martin
Medical Services Coordinator
Phone: (03) 5563 1346
Email: pmartin@swh.net.au
**ST VINCENT’S HEALTH**

**NETWORK TRAINING SITES**
St. Vincent’s Hospital, Royal Children’s Hospital, Werribee Mercy Hospital, Hamilton Hospital, Warrnambool Hospital, Swan Hill Hospital

**ROTATIONS AVAILABLE**
Anaesthetics, Cardiology, Cardiothoracics (cardiac and thoracics), DOS, Colorectal, Emergency, General Medicine, Geriatrics, Hepatobiliary/Upper Gastrointestinal, Respiratory, Oncology, Nights (medical and surgical), Palliative Care, Plastic Surgery, Rehabilitation, Renal, Respiratory, Stroke, Urology

**BASIC INFORMATION**
St. Vincent’s Hospital, under the auspice of the Sisters of Charity, employs over 500 medical staff in junior training positions in a wide range of specialty areas, and boasts an outstanding position in Australia with regard to success rates in both the physician, surgical and subspecialty examinations.

Our inpatient capacity of 800 beds and outpatient facilities support an outstanding patient care model, and Education & Learning support an optimum learning environment for all junior medical staff. Affiliated with the University of Melbourne, St. Vincent’s Hospital has Professorial Chairs in Medicine and Surgery, Dermatology, Pathology, Neurosciences and Drug & Alcohol Studies. There is an associated Institute of Medical Research and Microsurgery Research Unit. St. Vincent’s also provides a community based adult psychiatric service in the Inner Urban and Eastern Section of Melbourne.

**REASONS TO APPLY**
St. Vincent’s Hospital offers a three day orientation program for the new Intern cohort each year. This orientation program is designed to make individuals feel welcomed and safe at our Health Service through lectures, skills workshops and a shadow shift with an outgoing Intern. St. Vincent’s Hospital provides a robust Education Calendar incorporating both practical and theoretical learning throughout the year for the Interns in accordance with the Australian Curriculum Framework for Junior Doctors.

St. Vincent’s Hospital Melbourne is renowned for its excellent surgical & physician training programs. We are particularly proud of our physician’s exam pass rates which, on average, is 90-100%, well above the 55-60% Australian average. St Vincent’s Hospital includes a state of-the-art education centre and a clinical skills laboratory and also employs a dedicated Medical Education Officer whose sole responsibility is facilitating ongoing education of Junior Doctors.

**CONTACT DETAILS**
Junior Medical Workforce
Phone: (03) 9231 1876
Email: MWFU.Enquiries@svhm.org.au

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**WESTERN HEALTH**

**NETWORK TRAINING SITES**
Footscray Hospital, Sunshine Hospital, Williamstown Hospital, Wodonga Hospital, Mildura Base Hospital

**ROTATIONS AVAILABLE**
General Medicine, Emergency Medicine, General Medicine Nights, General Surgery, Orthopaedics, Geriatric Evaluation Management (GEM) / Rehabilitation, Respiratory Medicine, Infectious Diseases, Cardiology, Neurology, Urology (Footscray and Williamstown) Acute Aged Care, Plastic Surgery, Psychiatry, General Surgery Nights, Perioperative & Pain Management, Radiology

**BASIC INFORMATION**
Interns at Northern Health are provided a supportive and safe environment for internship, including weekly mandatory teaching sessions, an engaged and organised Medical Education Unit with a dedicated Supervisor of Intern Training, and a well resourced Medical Workforce Unit.

**REASONS TO APPLY**
Western Health manages three acute public hospitals: Sunshine and Williamstown Hospital. It also operates the Sunbury Day Hospital, Transition Care at Hazeldean and a range of community based services. We care for a culturally diverse population of more than 800,000 people. We have more than 6,700 employees who are driven by our values of...
compassion, accountability, respect, excellence and safety (CARES). Our continued growth will see the completion of a new purpose built, multi-storey Joan Kirner Women’s and Children’s at Sunshine Hospital.

Western Health is a large and complex organisation that provides a diverse range of health care services to one of the fastest growing populations in Australia. The health service also has a strong philosophy of working with its local community to deliver excellence in patient care. A positive patient experience is at the centre of everything Western Health aims to do, and the service relies on the efforts of its dedicated employees and volunteers to deliver the overall goal of the organisation.

Western Health’s catchment extends from Footscray out to the growth corridors of Caroline Springs, Melton, Sunbury, Werribee and beyond. The service employs 260 Senior and approximately 450 Junior staff in a complete range of specialties covering children, adults and the aged care. The service also offers the Migrant Screening Service for the city of Melbourne and a drug and alcohol program at the DAS West service.

The health service also strives to become an employer of choice by offering excellent career opportunities and employee conditions in order for its staff to find the right work/life balance for their career pathway.

**REASONS TO APPLY**

Western Health is an organisation that is expanding to meet the needs of a growing, diverse community. Here, every intern participates in a week long orientation program at the beginning of each year. This is a highly interactive program based on sound educational principles.

Western Health also places great value on postgraduate medical education. Daily education sessions are offered, including professional meetings, Grand Rounds, seminars and tutorials. A mentoring program has also been introduced to see that the right partnership is encouraged and undertaken. If junior doctors know which specialty they wish to pursue, the health service tries to match them with a mentor from that discipline. If junior doctors remains unsure, the health service will match them with a mentor who can offer them insight into the choices faced early in a medical career.

Western Health is dedicated to providing training and career opportunities to its interns. At Western Health, interns can pursue many different specialty areas as a PGY2+, including Critical Care (Anaesthetics/ ICU), Emergency Medicine, Obstetrics and Gynaecology, Paediatrics, Surgery and Medicine.

**CONTACT DETAILS**

Carolyn Ward  
HMO Manager  
Phone: (03) 8345 6951  
Email: carolyn.ward@wh.org.au
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Develop a broad range of skills

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Starting out in the medical profession will be at once the most exciting and terrifying moment of many of your lives.

Finally, after so many years of study, learning and exams, you get the opportunity to put your skills and knowledge into practice (whilst at last earning some money...). Thankfully, for you and your patients, that will happen under the watchful eyes of more senior doctors who have years of experience on top of the medical knowledge that you have accumulated.

On behalf of all doctors in WA, I would like to welcome you to our profession. The reality is that your learning is only just beginning. The quest for improving our skills and knowledge is one of the defining aspects of Medicine and for good doctors it never ends.

Now is the time for you to learn how to take responsibility for the wellbeing of your patients and for the continuation of your learning journey – there is no longer anyone looking over your shoulder telling you what you have to know or do.

Some of you have already decided on your path – that’s great! For the rest – there is no hurry. Get out there and try your hand in different areas. There is amazing breadth of opportunity in Medicine and a special niche is available for all of us.

There has been a lot of focus on junior doctor wellbeing over the last few years and for good reason. Our profession can be tough and unrelenting at times and for some the challenges can seem to great to bear. The workplace has changed over the years and although you will work less hours than interns in the past, the pressures exist and the guaranteed career pathways of the past are no longer so clear. You must look after yourself and your peers. Don’t be afraid to ask for help as it may not be obvious to others when you are struggling.

If you don’t have your own GP its a great time to find one. You are probably very healthy, but it is amazing how quickly that can change once you get immersed in work and the other challenges of life and every doctor needs to have someone to look after them. If you don’t know who to see, the AMA maintains a list of GPs happy to look after other doctors.

I would also urge you to stay engaged with your profession – you can get involved with the RMO societies, the AMA DiT Committee, the JMO Forum and many other groups as you progress through your training. For me, these interactions have been very rewarding over my career and they have provided me the foundations to become a better doctor for my patients and the leadership skills to make a difference in our profession. You almost always get more out than you put in...

AMA Membership is really important for all doctors as the AMA is the only body able to look after you in almost any aspect of your professional life and provides many services that will help you navigate the years ahead. The AMA also works hard to put the medical profession on the front foot in the media and on public health issues and I hope that you will all be proud to continue your AMA membership throughout your careers, as I have.

For most doctors I know, although they may grumble from time to time about their lives and some aspects of their careers – they don’t regret their choice of profession. We have a great job and we get to work in a very good health system.

Welcome to Medicine and good luck!

Omar Khorshid
President
Australian Medical Association (Western Australia)
Hi! My name is Sid Narula and I am an intern.

If you’re currently feeling a little confused regarding which hospital to choose, what factors to consider or how you suddenly found yourself with three days left to make a decision and write your applications, I hope this page will provide some assistance.

DECIDING & APPLYING

Western Australian applicants are very lucky in that we the luxury of preferencing the health networks. Between the North, South and East Metropolitan Health Networks you are guaranteed a similar experience with tertiary and peripheral hospital exposure, and the opportunity to explore rural terms. You will have an exceptional experience, excellent support and fantastic teaching regardless of which hospital you choose. All that’s left to decide is what you value.

1) Which hospital is closest to home?
The best advice that Prof Jane Courtney gave me was “pick the hospital closest to home.” You will be busy next year, and you may find yourself working >14.5 hour shifts on HOOT or AMU. At the end of the day, the feeling you will crave most is a cup of milo and your own bed. Trust this advice.

2) Which hospital are your friends going to?
Whether you’re an extrovert or an introvert, you will have experiences that are exhilarating, saddening, challenging and frustrating. You will want to share these with your friends for a laugh (or a cry) over a coffee in the Doctors’ Common Room or a boogie/beer at the end of rotation party. Think about where your friends are going, but bear in mind that while most people get their first preference, not everyone does.

3) What specialties would you like to explore?
Many of you are thinking about your future careers and internship is a great opportunity to set yourself up! When deciding on a hospital, consider what services they offer - not just the intern rotations. E.g. FSH offers Plastics & Reconstructive Surgery to RMO’s only. If you preference SCGH purely because it offers intern roles, be mindful that it may be you that misses out. Ensure the hospital offers the service, and don’t stress whether they take interns!

4) Do I want a streamed internship?
RPH and FSH offer the opportunity for interns to explore their interests. You can select Medical, Surgical, Mixed, Emergency and Rural streams which favour exposure within your area of interest while ensuring you meet the minimum requirements to pass your internship. SCGH didn’t have this in 2019, but maybe they’ve caught up in 2020!

5) What about rural?
Interested in a rural pathway? WACHS offers two possible pathways; (1) Rural Hospital Internship (in Bunbury or Albany) or (2) Metropolitan Hospital Internship with rural rotations (offered at every hospital). There is ample opportunity and if you want to know more, Google WACHS rural internships.

If you have any other questions - ask! The interns around you are your best resource. Ask them about the culture, welfare, teaching and overtime at their hospital. Ask them if they’re enjoying it and ask them what they would recommend! We all remember this time last year and I guarantee everyone will have some insight to offer! Last but not least, make sure you check out the AMA(WA) Hospital Health Check 2019 when it’s released and see how the hospitals measure up!

Good luck and see you on the other side!

Dr. Sid Narula
In 2018 over 700 doctors in training from across WA hospitals have answered the annual WA Hospital Health Check Survey conducted by the AMA (WA) Doctors in Training, which asked questions on education, wellbeing, morale and industrial issues.

The questions were scored and graded as such: Grading: A>80, B70-79, C60-69, D50-59, F<50

The results can be viewed more extensively here: https://amsa.co/2018WAHHC

<table>
<thead>
<tr>
<th>HOSPITAL</th>
<th>MORALE &amp; CULTURE</th>
<th>TEACHING &amp; TRAINING</th>
<th>ROSTERS / PAYSLETS / OVERTIME</th>
<th>WELLBEING</th>
<th>LEAVE</th>
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<tr>
<td>Fiona Stanley Hospital</td>
<td>C</td>
<td>D</td>
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<td>D</td>
<td>F</td>
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<td>Joondalup Health Campus</td>
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<td>B</td>
<td>B</td>
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<tr>
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<td>D</td>
<td>C</td>
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<tr>
<td>Royal Perth Hospital</td>
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<td>F</td>
<td>C</td>
<td>F</td>
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<tr>
<td>Sir Charles Gairdner Hospital</td>
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<td>F</td>
<td>F</td>
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</tbody>
</table>
OVERVIEW
In Western Australia, the Postgraduate Medical Council of Western Australia (PMCWA) manages internships through a centralised recruitment process. Through this process, all interns are employed by one of the four Primary Employing Health Services (PEHS): Fiona Stanley Hospital (FSH), Sir Charles Gairdner Hospital (SCGH), Royal Perth Hospital (RPH) and the Western Australian Country Health Service (WACHS).

APPLICATION PROCESS
Applications for 2019 WA intern positions will be advertised through JobsWA, with applications being accepted through MedJobsWA.

Intern positions in WA are managed through a centralised recruitment process, facilitated by the Postgraduate Medical Council of Western Australia and are based on merit. Applications are assessed by the hospitals.

Intern applicants who are interested in undertaking one or more rural terms can preference this through the online application, for consideration by the employing hospital. Access to rural rotations are managed through WACHS and is competitive and not guaranteed.

KEY DATES
Intern application period:
Open: Wednesday 8 May, 2019
12.00 noon (AWST)

Close: Friday 7 June 2019
12.00 noon (AWST)

RURAL OPTIONS FOR 2020
In 2020 there will be 10 intern placements available through WA Country Health Service (WACHS) located at Albany Health Campus and Bunbury Hospital. Final year Medical Students have the option of selecting WA Country Health Service (WACHS) as their Primary Employing Health Service (PEHS) for their internship year. This will allow you to spend your entire internship in a rural location, being either Bunbury or Albany.

Rural options for metropolitan-based interns also remain available with interns being able to rotate to a rural hospital from Fiona Stanley Hospital, Royal Perth Hospital or Sir Charles Gairdner Hospital.

The application process for these positions requires selecting WA Country Health Service (WACHS) as the Primary Employing Health Service (PEHS) when submitting an application through the PMCWA centralized recruitment process. See WACHS section for further information.

CONTACT DETAILS
Postgraduate Medical Council of Western Australia (PMCWA)
PO BOX 8172 Perth Business Centre WA 6849
Phone: (08) 9222 2125
Email: PMCWA@health.wa.gov.au
FIONA STANLEY
FREMANTLE HOSPITAL
GROUPS

NETWORK TRAINING SITES
Fiona Stanley Hospital, Albany Hospital, Albany General Practice, Broome Health Campus, Rockingham General Hospital

ROTATIONS AVAILABLE
Cardiology & Coronary Care, Cardiothoracic Surgery, ENT, Emergency Medicine (including Paediatrics), Endocrinology, Gastroenterology, General & Acute Medicine, General Surgery (including Acute Surgical Unit, Colorectal, Endocrine, and Upper GI Surgery), General Practice, Geriatrics & Ortho-Geriatrics, Nephrology, Orthopaedic Surgery, Vascular Surgery, Neurology/NIISWA, Psychiatry, Respiratory, Urology, Rehabilitation Medicine

BASIC INFORMATION
Fiona Stanley Hospital (FSH) is the largest tertiary public hospital in Western Australia. Located in Murdoch, 15 kilometres south of the Perth CBD and 9 kilometres east of Fremantle, there is easy access to public transport, with bike lockers and change room facilities onsite.

Our 783-bed, $2 billion public hospital ranks among the best in Australia and includes the 140-bed State Rehabilitation service, a 30-bed purpose-built mental health unit and the State Burns and Hyperbaric Units. We deliver comprehensive clinical services in over 40 different specialties, including Obstetrics and Gynaecology, and Paediatrics, whilst being leaders in both research and education. We have the most advanced medical equipment and the first digital medical record in WA tertiary hospitals as part of our state-of-the-art information and communication technology systems.

For more information please visit our website.

Fremantle Hospital (FH), located in the heart of Fremantle, is a major provider of quality health care for people in Perth’s south-western suburbs. Fremantle Hospital is a 300-bed specialist hospital providing high-quality aged care, mental health, secondary rehabilitation, planned surgery and specialist medical services.

REASONS TO APPLY
• FSFHG is paving the way for the future in WA with the first digital medical record system – you can be at the forefront! The electronic medical record is available at both Fiona Stanley and Fremantle Hospitals.
• Work with a range of approachable and enthusiastic consultants, many who are respected Australian and world-wide leaders in their specialty
• Helpful research staff who can guide you by providing useful tools to undertake simple or complex research or audit projects
• Intern mentor program where recent interns (i.e. residents and registrars) are matched with you to help you hit the ground running to navigate the hospital systems and support your transition from university to internship. The program is now in its fifth year of operation.
• We offer a range of education and teaching sessions, including:
  » Protected weekly intern teaching on critical clinical topics
  » Perioperative tutorial series aimed at interns with a focus on ward based care of surgical patients and preparing a patient for theatre
  » Hands-on case-based prescribing workshops for insulin and pain/analgesia
  » Doctor in Training skills workshops utilising simulated mannequins for lumbar punctures, airway management, cardioversion, pacing and arrhythmias, arterial blood gas procedure and interpretation, abdominal paracentesis, male and female adult catheterisation, wound dressing, communication in CPR and pelvic examination
  » JMO practical skill days
  » Teaching-on-the-run workshops
  » Radiology led Medical Imaging workshops for Abdominal CT, Chest CT, Head CT and MSK
  » Registrar fundamentals - a two-day workshop designed to prepare residents who will be or have recently been promoted to a registrar role
  » Advanced Life Support two-day course
  » SimStart three-day course for those interested in implementing simulation training;
  » And much more!
• Approachable, supportive and proactive Medical Workforce and Medical Education Unit, including three Medical Education Registrars, who advocate for improvements for medical staff throughout the hospital.
• Medical staff annual award

CONTACT DETAILS
Chelsea Rosenthal
Senior Medical Workforce Officer
Phone: (08) 6152 8993
Email: FSH.MW@health.wa.gov.au
**ROYAL PERTH BENTLEY GROUP**

**NETWORK TRAINING SITES**
Armadale Health Service, Bentley Health Service, Bunbury Hospital, Hedland Health Campus, Kalgoorlie Regional Hospital, Royal Perth Hospital

**ROTATIONS AVAILABLE**

<table>
<thead>
<tr>
<th>Location</th>
<th>Specialties</th>
</tr>
</thead>
<tbody>
<tr>
<td>Royal Perth Hospital</td>
<td>Acute Medicine, Cardiology, Emergency Medicine, Gastroenterology, General Surgery, Geriatrics, Internal Medicine, Maxillofacial Surgery, Nephrology, Neurology, Ophthalmology, Orthogeriatrics, Orthopaedics, Plastics, Psychiatry, Respiratory, Sexual Health, Spinal, Trauma, Urology, Vascular Surgery</td>
</tr>
<tr>
<td>Armadale</td>
<td>General Medicine, General Surgery, Emergency, Orthopaedics, Paediatrics &amp; Neonates, Psychiatry</td>
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<tr>
<td>Bentley</td>
<td>Geriatric Medicine, Psychiatry</td>
</tr>
<tr>
<td>Bunbury</td>
<td>General Medicine, General Surgery, Emergency, Orthopaedics</td>
</tr>
<tr>
<td>Kalgoorlie</td>
<td>General Surgery, General Medicine, Emergency</td>
</tr>
<tr>
<td>Port Hedland</td>
<td>General Surgery</td>
</tr>
</tbody>
</table>

**BASIC INFORMATION**
RPH has established an international reputation for its contributions to healthcare, renowned teaching, and hosting Nobel Prize winning research and world leading experts. RPH offers broad clinical exposure to a wide range of medical and surgical specialities with a catchment area extending from metropolitan to rural WA. RPH is the major trauma centre for WA. The hospital continues to foster a unique culture in which we work hard and learn hard, but continually value a supportive community. This is even more evident in RPH's modern era, in which the state's first and best developed wellbeing program has been embraced by junior medical staff.

**REASONS TO APPLY**
RPH has an excellent culture and a workplace conducive to education and training, including high quality undergraduate and postgraduate specialist programs. The following is on offer:
- Only WA hospital to offer a Wellbeing Officer and Program dedicated to doctors
- The RPH JMO Liaison Committee enables JMO's to “have a say” and “make a difference at presentations attended by the Chief Executive
- Building education designed and contributed to by JMO's and tailored to JMO needs
- Award-winning Basic Physician training program (Awarded by the Department of Health for Clinical Excellence in 2015)
- JMO input to design/construct doctor orientation and education programs
- Robust Doctor in difficulty pathways/policies
- First to develop Basic Surgical Program in WA
- Trauma education
- Variety of skills workshops covering medical and surgical specialities
- Service Improvement positions
- Matrix rotations built by the JMO’s and adjusted by members of the RMO Society each year
- After-hours medical and surgical support for JMO’s
- Recreational facilities and fitness classes
- Popular social gathering at the famous onsite Milligans Bar
- Multi-storey car parking

**CONTACT DETAILS**
Postgraduate Medical Education
Email: MedicalEducation.RPHPostgraduate@health.wa.gov.au
Phone: 08 9224 2250
SIR CHARLES GAIRDNER HOSPITAL

PREDICTED 2020 INTERNSHIP POSITIONS

NETWORK TRAINING SITES
Geraldton Regional Hospital, Graylands Hospital, Hedland Health Campus, Hollywood Private Hospital, Joondalup Health Campus, Pioneer Health Albany

ROTATIONS AVAILABLE
Cardiovascular Medicine, ENT, Emergency, Gastroenterology, General Medicine & MAU, General Surgery (Colorectal, Upper GI, Breast Surgery and WALK), Haematology, Hepatology, ICU, Neurosurgery, Orthopaedics, Plastics, Psychiatry, Rehab & Aged Care, Renal, Respiratory, Rural GP and Vascular

BASIC INFORMATION
Sir Charles Gairdner Hospital (nicknamed "Charlies") is located on a 28-hectare medical campus adjacent to Kings Park in Nedlands, 4 kilometres from the CBD of Perth. Meanwhile, Joondalup Hospital is located just off the freeway and train line approximately 30 minutes north of the Perth CBD. "Charlies" is a 650-bed tertiary hospital that employs over 400 junior medical staff and offers all specialties besides paediatrics and O&G. However, there is an opportunity to do a paediatrics term at Port Hedland and at PCH as a RMO. In addition to the important bedside- and unit-based teaching forming the acclaimed hospital culture, both Charlies and Joondalup Hospital provide exceptional, structured intern teaching programs.

Charlies also offers a wide range of learning opportunities such as weekly grand rounds, practical skills workshops, medical and surgical lecture series, Teaching on the Run workshops, JMO on call simulation scenario sessions, JMO clinical signs rounds, QI Quite Immunological, In the Loop "Boot Kamp for Kidneys" teaching, RMO to Reg Transition Workshop, Medicine in the Wilderness and neurosurgical teaching. In addition, Charlies offers a broad range of teaching and support to our doctors on the basic physician training (BPT) program as well as for those who are interested in pursuing a surgical career. The Postgraduate Medical Education (PGME) Unit along with the surgical division is pleased to provide a new basic surgical streaming program (BSP).

SCGH PGME values the overall wellbeing of our JMOs. A formal remediation program for all junior doctors and numerous programs such as project POW WOW, a clinical debriefing project, and mindfulness sessions for clinicians are available to all. Through PGME’s physician (BPT) and surgical (BSP) streaming programs, we offer specific and trainee centred support structures as we are well aware of the difficulties faced by JMOs working towards these vocations. PGME offers an extensive online guide to wellbeing and is developing various new mentorship schemes.

Charlies has a number of state services including the Sarcoma, Epilepsy, Cancer, Neurosurgical and 24-hour stroke service as well as the state NISWA Unit. Our proximity to PCH allows JMOs to attend the various teaching sessions and grand rounds held there.

Furthermore, the relationship between our Medical Education units ensures that our JMOs may experience mentored rotations using professional development leave at PCH. A medical simulation training centre is due to be open this year on the SCGH campus and houses two high fidelity simulation suites along with a part task training room and a state of the art audio-visual system. These new additions allow users to record teaching sessions to assist with feedback and teaching.

REASONS TO APPLY
Our mission at SCGH PGME is to educate pre-vocational doctors with the highest professional standards while identifying needs and providing educational opportunities that will lead to improved patient care. Above all, we promote a culture of lifelong learning. Teaching occurs every day of the week between 12 and 2pm with all junior staff being provided with protected teaching time.

SCGH INTERN INFORMATION NIGHT
Friday 3rd May, 2019
6-8pm
Mary Lockett Lecture Theatre, P Block
Drinks and nibbles provided

CONTACT DETAILS
Dr. Hadley Markus  Trish Li
Director PGME  Medical Education Officer
Phone: (08) 6457 7969  Email: trish.li@health.wa.gov.au
ST JOHN OF GOD HEALTH CARE

PREDICTED 2020 INTERNSHIP POSITIONS
12

NETWORK TRAINING SITES
St John of God Midland and Subiaco Hospitals

ROTATIONS AVAILABLE
Non-core terms: Paediatrics and Stroke/Neurology (SIGMPPH) or ICU (SJG Subiaco Hospital)

BASIC INFORMATION
St John of God Health Care has designed an exciting new intern program for 2020, which will provide outstanding teaching, training and experience for medical interns in Perth. Find out more about our intern information evening on 8 May.

The application process for interns will be via the centralised process run by PMCWA and will open concurrently with the other intern sites.

REASONS TO APPLY
Our program has been carefully designed to enhance the teaching, training and experience of interns. Program highlights include:
• A fully accredited program that meets all Post Graduate Medical Council of Western Australia (PMCWA) and Medical Board of Australia requirements.
• Four terms to enhance learning and experience as well as maximising access to leave.
• Dedicated formal and informal teaching by experienced consultants.
• A welfare program, including mentorship, to help you transition to working as a doctor. Remuneration comparable to pay by WA Health.
• A two-year contract will prioritised access to RMO positions of your choice for year two at a SJGHC hospital.

CONTACT DETAILS
Email: interns@sjog.org.au
Website: https://www.sjog.org.au/working-with-us/medical-careers#Intern%20Anchor

WA COUNTRY HEALTH SERVICE

PREDICTED 2020 INTERNSHIP POSITIONS
10*

*5 for each site; this number excludes metro-based rotations;

NETWORK TRAINING SITES
Albany Hospital, Bunbury Hospital

ROTATIONS AVAILABLE
Albany Hospital
• Emergency Medicine, General Medicine, General Surgery, Psychiatry, General Practice (based on community practice - TBC)

Bunbury Hospital
• Emergency Medicine, General Medicine, General Surgery, Orthopaedics

Fiona Stanley Hospital based interns can rotate to:
• Broome: General Medicine, General Surgery
• Albany: General Medicine, General Practice

Royal Perth Hospital based interns can rotate to:
• Kalgoorlie: Emergency Medicine, General Medicine and General Surgery
• Bunbury: Emergency Medicine, General Medicine, General Surgery and Orthopaedics
• Port Hedland: General Surgery

Sir Charles Gardiner Hospital based interns can rotate to:
• Geraldton: General Medicine, General Surgery and Orthopaedics
• Port Hedland: General Medicine

BASIC INFORMATION
Albany is a beautiful port city situated some 400km south of Perth, perched on the Southern Ocean and facing Antarctica. With a strong historical heritage, there is plenty to explore in your time away from work.
Albany Health Campus is the regional referral centre for the Great Southern region, servicing the needs of a population of approximately 55,000 people.

Bunbury is a picturesque harbour city on the south west coast of WA, two hours’ drive from Perth in the heart of the state’s premiere holiday region.
Bunbury Hospital is the regional hospital for the South West region, comprising a 135-bed public facility located alongside a similar size private
hospital. The campus delivers health care to more than 80,000 of the region’s local residents, as well as seasonal visitors, and acts as the regional referral centre for the district.

WHY CHOOSE RURAL?
Completing a rural internship or a rural rotation is a unique, challenging and ultimately rewarding experience. There are many reasons including:

- **Multi-disciplinary environment**: You become an integral part of a supportive multi-disciplinary team and relied upon. It is your chance to learn from experienced clinicians, and liaison directly with allied health, nursing and external groups regarding patient care (e.g. Royal Flying Doctors Service). A sense of collegiality is at the forefront of the WA rural experience.

- **One-on-one learning**: The small clinical teams offer close supervision and support by senior clinicians giving you one-on-one learning opportunities, no longer found in most large tertiary hospitals.

- **Increased exposure to procedural skills**: There is an increased scope for procedural practice as there are less people on training programs queuing in front of you. You get to experience things like lumbar punctures, chest drains, ultrasound guided cannula insertion and you actually get into the theatre... regularly!

- **A generalist approach**: Working in a rural environment offers the opportunity to gain exposure to a variety of disciplines regardless of your term, enhancing the development of your knowledge and skillset.

- **Longitudinal exposure to patient care**: Great breadth of experience and a variety of cases through frontline involvement with your patients from admission to discharge and beyond. In the country you will also find that you continue to see the patient in follow-up clinics. Experiencing patient care from beginning to end gives a holistic view of medicine that is not often available in the increasingly specialised metro hospitals.

- **Autonomy and responsibility**: The greater autonomy you have is balanced by the additional responsibility; however you are always supervised and supported. It is a unique chance to build your understanding of country practice and the decisions required in light of limited resources, patient desire to remain at home and the distances involved.

- **Work-life Balance**: Being within a 5 minute drive to work, you have more time to pursue activities outside the hospital. Not only are you part of a supportive close-knit team at work, you can experience the life within a strong community. Whether you enjoy the great outdoors relishing in bushwalking or water sports, are activity seeking sporting communities, appreciative of the arts or a lover of fine local cuisine and award winning wines, there is something for everyone in rural WA.

HOW TO APPLY

**Path 1: Rural hospital Internships**
- Follow PMCWA Central Recruitment Process
- Select WACHS as your first choice Primary Employing Health Service
- Rank your preferred site (Albany or Bunbury)
- State your interest in a rural internship with WACHS, and add any extra information in your Cover Letter (like highlight your rural experience or interest and personal circumstances/requests).

**Path 2: Metropolitan Hospital internship with rural rotation/s**
- Follow PMCWA Central Recruitment Process
- Select a metropolitan Primary Employing Health Service (PEHS) (i.e. FSH, RPH, SCGH) as your primary employer, and indicate a preference for one or more rural rotations across WACH
- Rank your preference for one or more rural locations
- State your interest in a rural internship with WACHS, and provide permission for your application to be provided to WACHS to collaboratively assess the selection for intern for secondment with metropolitan PEHS

Contact Details
WACHS Medical Education Unit
Email: MEU@health.wa.gov.au
Phone: 6553 0856
Facebook: [https://www.facebook.com/MEU.WACHS/](https://www.facebook.com/MEU.WACHS/)
Training towards Fellowship with ACRRM is the best option for a career in rural generalism.

#ruralwithACRRM  acrrm.org.au